



PTA NEWSLETTER

Fall 2018

Basketball

Boys basketball **open gyms** for September will be Wednesdays from 4:30-6 pm in the main gym. October's open gyms will be Mondays and Wednesdays 4:30-6 pm.

Girls basketball **open gyms** for September will be Mondays from 4:30-6 pm in the main gym. October's open gyms will be Tuesdays and Thursdays 4:30-6 pm.

Questions? Email Coach Jenks at ainsli.jenks@ccsdut.org

Or Coach Buchmiller at Graydon.Buchmiller@ccsdut.org



**Exec is offering
2018 "As One"
T-shirts**

\$5.00

(at lunch or from Exec Member)

**Get one before
Homecoming!**

Any young man interested in playing **lacrosse** for Ridgeline in **the spring** should contact Mr Skidmore **ASAP**.

Mr Skidmore is in Room 211.

GOT HOMEWORK ?



Computer lab room 118 is open every morning at 7:30 for students to work on homework and/or print homework off.

Come in and check it out !

I hear Mrs. Hendrickson is super nice!



Ridgeline Reflections

2018-2019 theme "Heroes Around Me"

Due Date – **November 14th**

Categories: Dance Choreography, Film Production, Literature, Music Composition, Photography and Visual Arts

Entry Forms at the Main Office

Turn in Entries to the office when completed!

Questions? Text Tiffany Putnam at 435-890-9816

RIVERHAWK Homecoming 2018!

Schedule of Activities

Monday, September 17

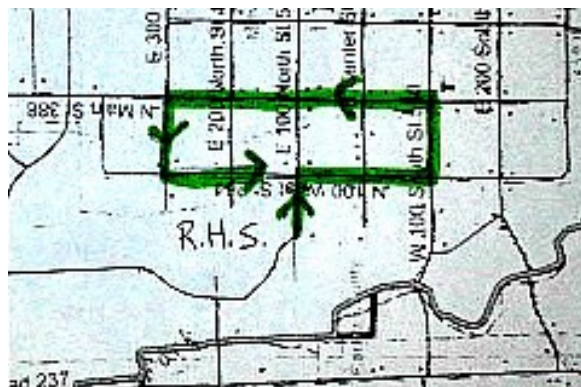
- ◆ Dress up day **Maui Monday**
(Hawaiian shirt)
- ◆ Homecoming assembly during flex
- ◆ Tie Dying Spirit Shirts after school until 4:30
(Bring your own shirt)

Tuesday, September 18

- ◆ Dress up day **Toga Tuesday**
(white/gold sandals, bed sheets, etc.)

Wednesday, September 19

- ◆ Dress up day **Wildlife Wednesday**
(Animal prints)
- ◆ Parade 6:00 p.m. (line up at 5:30 in south parking lot; students park in north parking)
- ◆ Powderpuff Football right after the parade!



Parade Route

Thursday, September 20

- ◆ Dress up day **Tie-Dye Thursday**
(wear your shirt from Monday)
- ◆ Chalk the bridge after school until 4:30

Friday, September 21

- ◆ Dress up day **Spirit Friday**
(Ridgeline Colors and Team/Club Gear)
- ◆ Tailgate before the game at 5:30!
- ◆ Games and Ice Cream Social
- ◆ Home Football game 7:00 p.m. vs. Logan

Saturday, September 22

LIFE COULD
BE A
DREAM

Homecoming Dance
September 22, 2018
\$10 per couple / \$5 per individual
Ridgeline Commons
8-11 pm
GET A DATE!!

2017-2018

Ridgeline High School

HAWK CARD

\$15 or 2 for \$25

The PTA will be selling the HAWK card during parent teacher conferences October 1-2. The HAWK Card is our one fundraiser that is held for the year. With a \$15 donation to PTSA you receive a free HAWK card. We are in need of financial support in order to support our teachers and students throughout the year.

Some of the things that your financial support goes towards are: Back to School Teacher lunch, Teacher Appreciation Week, Homecoming Week, Reflection Contest Awards, Ping Pong Tournament Prizes, Christmas Cookies, Safety Week and other events throughout the year to show our teachers and students how much we care about them. We have amazing parents, teachers and students at Ridgeline and we are very proud of that!

CAFÉ SABOR: Purchase two entrées and receive a fried ice cream free.

COLD STONE CREAMERY: Two create your own "Love Its" ice cream + 1 mix in for \$7.00.

DOMINO'S SOUTH: Get a Free Medium 1 topping pizza when you purchase a large pizza at menu price. Carry out only.

FIREHOUSE PIZZERIA: One free personal FH'zookie with purchase of an entrée. Buy any pasta, get a 2nd pasta 1/2 off.

JOHNNY O'S: Buy one dozen original Spudnuts, get the second dozen half off.

LOGAN LANES: One free game with the purchase of one or more games at the regular rate. Good Sunday-Friday 10:00 am-5:00 pm. Shoe rental extra.

MCDONALDS SOUTH LOGAN & HYRUM: Buy one Sausage McMuffin with egg, get on free. Buy one Big Mac EVM, get a free Big Mac Sandwich.

OLD GRIST MILL: Three free bagels with any loaf purchased at regular price.

PIZZA PLUS: Free regular cinnamon twists when you purchase a large pizza and large cheese breadsticks.

SUPERIOR CLEANERS: 15% off any dry cleaning order of \$8.00 or more. Excludes leathers and pillows.

SWEET SCROLLS: 10% off your total order.

TACO TIME OF SOUTH LOGAN: Buy one crisp Juan and a medium drink, get one crisp Juan free.

WILLOWS GOLF PARK: Buy one game at regular price, get the second game free. (Not valid during October).

YOGURTLAND: Get 5 ounces off with the purchase of 8 ounces or more.

ZEPPE'S: Buy one Italian ice at regular price, get the second Italian ice of the same size half off. Valid up to large size.

Get yours today!

utah department of
human services

STABILIZATION &
MOBILE RESPONSE

Is your child in crisis? Stabilization and Mobile Response (SMR) services can help. We work with you and your family to create a plan that fits your needs.

SERVICES ARE FREE, AVAILABLE 24/7, AND PROVIDE SUPPORT IN TIMES OF CRISIS.

1 (833) SAFE-FAM
1 (833) 723-3326

Canva

FROM THE COUNSELING CENTER

Don't miss out on scholarship opportunities!

Check the scholarship blog regularly at:

mountaincrestandridgeline-scholarships.blogspot.com



Teen Depression

THURSDAY, OCT 11, 2018
7 PM ET | 4 PM PT

Learn how

- parents and teens can use the power of mindfulness in difficult times
- to truly listen without judgment
- parents can respond to teens during emotionally-charged conversations



**Seniors: FAFSA Completion Night:
Thurs, Nov 8, 5-7 pm, Career Center**

The FAFSA application opens October 1st for students going to college in Fall 2019.

In addition to completing their FAFSA, students who attend can apply for the \$2500 scholarship offered through StepUpUtah.

**UTAH COLLEGE
APPLICATION WEEK** 

**Seniors: Utah College Application
Week November 5th-9th.**

Colleges and Universities will be here helping Seniors submit their applications before school, during FLEX, and at lunch time. Some colleges waive their application fee for students who participate.

School Lunch

USDA IS AN EQUAL OPPORTUNITY PROVIDER EMPLOYER

Breakfast/ Lunch
September 2018

MENU SUBJECT TO CHANGE
Each menu comes with 2 fruit, 2 veggies

	Oatmeal/Cereal/ Cereal Ch. Stick, Fruit, Juice, Milk	Br. Pizza/ Cereal Ch. Stick, Fruit, Juice, Milk	Yogurt Parfait/ Cereal Ch. Stick, Fruit, Juice, Milk	Br. Bagel/ Cereal Ch. Stick, Fruit, Juice, Milk
	3 Yellow Macaroni & Cheese	4 Pizza Dunkers	5 Chili Cheese Hot Dog	6 Spicy Sichuan Chicken
	Chicken Sandwich/Chips	Ham & Turkey Sandwich/Chips	Uncrustable/ Chips	Corn dog/ Chips
	Pizza	Pizza	Pizza	Pizza
Ham & Cheese Croissant/ cereal	Berry Or Ch. Bagel/ Full Cereal	Br. Wrap/ Cereal	French Tart/ Stix/ Cereal	Waffle Stix, Cereal
Yogurt, Fruit, Juice, Milk	Yogurt, Fruit, Juice, Milk	Yogurt, Fruit, Juice, Milk	Yogurt, Fruit, Juice, Milk	Yogurt, Fruit, Juice, Milk
10 Cheesy Dunkers	11 Teryaki Chicken	12 Crispy Chicken Salad	13 Chili w/ Cheese Cinnamon Roll	14 Stuffed Pepperoni Croissant
BBQ Bacon Hamburger/ Chips	Chicken Sandwich/Chips	Ham & Turkey Sandwich/Chips	Uncrustable/ Chips	Corn dog/ Chips
Pizza	Pizza	Pizza	Pizza	Pizza
Pancake on a stick/ cereal	Oatmeal/Cereal/ Cereal	Br. Pizza/ Cereal	Yogurt Parfait/ Cereal	Br. Bagel/ Cereal
Ch. Stick, Fruit, Juice, Milk	Ch. Stick, Fruit, Juice, Milk	Ch. Stick, Fruit, Juice, Milk	Ch. Stick, Fruit, Juice, Milk	Ch. Stick, Fruit, Juice, Milk
17 Apple Cinnamon French Toast	18 Burrito/ Queso Sauce	19 Turkey Mashed Bowl Roll	20 Chicken Fries Curly Fries	21 French Dip Sandwich Lays Potato Chips
BBQ Bacon Hamburger/ Chips	Chicken Sandwich/Chips	Ham & Turkey Sandwich/Chips	Uncrustable/ Chips	Corn dog/ Chips
Pizza	Pizza	Pizza	Pizza	Pizza
Ham & Cheese Croissant/ cereal	Berry Or Ch. Bagel/ Full Cereal	Br. Wrap/ Cereal	French Tart/ Stix/ Cereal	
Yogurt, Fruit, Juice, Milk	Yogurt, Fruit, Juice, Milk	Yogurt, Fruit, Juice, Milk	Yogurt, Fruit, Juice, Milk	
24 Mini Calzones	25 Super Nachos	26 Chicken Fries Steak Mashed/ Country	27 Malibu Chicken	28 NO SCHOOL
BBQ Bacon Hamburger/ Chips	Chicken Sandwich/Chips	Ham & Turkey Sandwich/Chips	Uncrustable/ Chips	
Pizza	Pizza	Pizza	Pizza	

Just a reminder to keep your lunch accounts positive.

Lunch Cards: Your student's ID card is also their lunch card. If your student forgets/loses their ID card, they can come to the lunch window for a 'One Day Lunch Slip'. If a lunch card is lost, you can purchase a new one at the Fee Office for \$3.00.

Negative Lunch Balances: If your students lunch account goes below zero, their lunch card will be taken until lunch money is paid. Students can still eat lunch, they will just need to come to the lunch window for a special slip that can only be used on one of the three main lunch lines. Lunch money can be paid by dropping a lunch envelope (provided) in the main office lunch box (by 9:00 a.m. for same day credit) or in person at the lunch window. Credit card payment can be made online but there is a nominal fee applied. Students can come to the lunch window to retrieve their lunch cards once their lunch balance is above zero.

Dietary lunches are available once a Medical for has been filled out by the Doctor, available on CCSD site.

Free/Reduced Lunch: For those of you who qualified for free/reduced lunch last year, you need to reapply every year. This can be done online (preferred) or by filling out a free/reduced form in the fee office. We will continue your free/reduced lunch benefits from last year until **October 5th** to give you time to get this year's application filled out. After this date, if we have not heard from you, your student's account will be charged the regular breakfast and lunch prices. Also, if you qualify for free/reduced lunch, you also qualify for free/reduced breakfast. Feel free to have your students come to school early and try our yummy breakfast!

SchoolPay.com: You have the ability view your student's lunch account activity online at the SchoolPay.com website. You can see when payments/charges are made and check your student's balance. You can also pay with a credit card, however, there is a \$1.95 fee for each credit card transaction made.

Breakfast: Breakfast is served every day from 7:30 – 7:55 in the lunch room. Price for a regular breakfast is \$1.65 and for a reduced breakfast is \$0.30. Ala carte items are also sold. If you qualify for free lunch, you qualify for free breakfast!

MUD RUN

 **When: Saturday, Sept. 29**

 **Where: ASI Facility
990 N 8000 W Mendon**

 **Why: Fundraiser for the
Guatemala Children's Fund**

 **Registration 9:30am**

1 st Heat - Adult First Mud Race	10am
2 nd Heat - Adult Moderate Athletic	10:30am
3 rd Heat - Adult Athletic/Competitive	11am
Teens Race - Ages 14-17	11:30am
Children's Race - Ages 10-13	Noon
Children's Race - Under Age 10	12:30pm

 **AWARDS & RAFFLE
IMMEDIATELY AFTER**

 **Cost:**
ADULTS & TEENS
Pre-registration \$30
Onsite Registration \$45

CHILDREN AGES 13 & Under
Pre-registration \$20
Onsite Registration \$35

*FREE T-Shirt with registration

2018

Sponsored by