Grade Level	Transition Activities
Preschool 3-5 years	~ Register with Division of Services for People with Disabilities (DSPD) if student has cognitive and/or significant disability ~Get connected with Utah Parent Center (UPC) ~Apply for Supplemental Security Income (SSI) based on student's disability/severity and family income
Elementary K-5 th Grade 5-11 years	~ Register with Division of Services for People with Disabilities (DSPD) if student has cognitive and/or significant disability OR confirm student is still on waiting list (Parents need to fill out yearly form to stay active on waiting list) ~Get/stay connected with Utah Parent Center (UPC) ~Discuss age-appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, street crossing, etc.) ~Connect with other disability specific support organizations ~ For students who are deafblind, be sure that the student is registered with the state deafblind project and has been added to the deafblind child count.
Middle School 6 th -7 th Grade 11-13 years	~ Register with Division of Services for People with Disabilities (DSPD) OR confirm student is still on waiting list ~Get/stay connected with Utah Parent Center (UPC) ~Discuss age-appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, street crossing, transportation, etc.) ~Have student participate in interest/career assessments ~ Explore community leisure activities ~Begin to help your child save for disability expenses by opening an ABLE Account
Middle School 8 th Grade 13 - 14 years	Transition IEP must be in place at age 14 ~Teach student to participate in/lead his/her own IEP meeting ~Begin transition planning with the IEP team ~Discuss Pre-Employment Transition Services (Pre-ETS) Providers in the area (ages 14–21) ~ Register with Division of Services for People with Disabilities (DSPD) if student OR confirm student is still on waiting list ~Get/stay connected with Utah Parent Center (UPC) ~Discuss age-appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, street crossing, transportation, etc.) ~Have student participate in interest/career assessments

Grade Level	Transition Activities
Student Age	
High School 9 th – 10 th Grade 14 – 16 years	~Discuss guardianship and alternatives to guardianship (Contact UPC and Disability Law Center [http://disabilitylawcenter.org/]) ~ Discuss Utah Independent Living Center ~Teach student to participate in/lead his/her own IEP meeting ~ Access Pre-ETS Providers ~Apply for Vocational Rehabilitation ~ Have student participate in interest/career assessments ~ Assess student self-advocacy skill level and disability awareness skill level ~Discuss age-appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, street crossing, transportation, etc.) ~ Register with DSPD (if appropriate) OR confirm student is still on waitlist
High School 11 th – 12 th Grade 16 - 18 years	~Plan for guardianship and/or alternatives to guardianship (if appropriate) Explore careers and education in area of interest Explore work-based learning opportunities and paid employment Learn about post-secondary programs and visit campuses Visit local college Disability Services office Learn about and fill out FAFSA (https://studentaid.gov/h/apply-for-aid/fafsa) if student is attending technical, community or traditional college Obtain driver's license OR Utah State ID (16 yrs.) Discuss and prepare to apply for SSI and Medicaid (18 yrs.) if appropriate Discuss Utah Independent Living Center Teach student to participate in/lead his/her own IEP meeting Access Pre-ETS Providers Apply for Vocational Rehabilitation Assess student self-advocacy skill level and disability awareness skill level Discuss age-appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, transportation, etc.) Register with DSPD (if appropriate) OR confirm student is still on waiting list Get/stay connected with UPC Connect with other disability specific support organizations AT 18 ~Young adults reach the legal age of majority, regardless of disability and whether they live at home or have moved out. Any young adult can register to vote at 18.

Grade Level	Transition Activities
Student Age	
Post High School 18-22 years	~ Learn about and visit outside adult agencies where appropriate Explore and participate in work-based learning opportunities and paid employment Plan for guardianship and/or alternatives to guardianship (if appropriate) Obtain driver's license OR Utah State ID (16 yrs.) Apply for SSI and Medicaid (reapply at age 18) Discuss Utah Independent Living Center Teach student to participate in/lead his/her own IEP meeting Access Pre-ETS Providers Apply for Vocational Rehabilitation (ASAP if not already done) Discuss age-appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, transportation, etc.) Register with DSPD (if appropriate) OR confirm student is still on waiting list ~ Get/stay connected with UPC Connect with other disability specific support organizations