

Community Resources

Crisis Counseling:

SAFE-FAM

1 (833) SAFE-FAM

1 (833) 723-3326

• Has difficulties in school • Is verbally or physically aggressive • Bullies or is bullied • Often runs away • Uses substances • Destroys or steals property • Threatens to inflict harm upon self or others • Is withdrawn from friends or peers • Experiences depression or anxiety • Demonstrates severe changes in mood

SAFE UT APP

Division of Child and Family Services (DCFS)

1(855) 323-3237

Cache County Dispatch (Welfare Check)

(435) 755-1000

Bear River Mental Health

www.brmh.com

Provide: Emergency mental health counseling.
Services are available in English and Spanish

(435) 752-0750

St. Thomas Aquinas Catholic Church

Provide: Crisis counseling, assistance and support services for victims of abuse.
Services are available in English and Spanish

(435) 752-1478

Centro de la Familia

www.la-familia.org

Provide: Crisis intervention resources to the Hispanic community.

(435) 787-2328

The Family Place

thefamilyplaceutah.org

Provide: Crisis assistance and support groups for victims of abuse.
Services are available in English.
Services are available in Spanish with the assistance of Centro de la Familia

(435) 752-8880

Community Abuse Prevention Services Agency (CAPSA)

www.capsa.org

(435) 753-2500

Provide: Crisis assistance and support groups for sexual assault and domestic violence victims. Services are available in English and Spanish

Family Institute of Northern Utah

www.finu.org

(435) 752-1976

Provide: Crisis counseling, assistance and support services for victims of abuse. Services are available in English and Spanish

LDS Family Services

www.providentliving.org

(435) 752-5302

Provide: Crisis counseling, assistance and support services for victims of abuse. Services are available in English and Spanish

St. John's Episcopal Church

www.episcopalchurch.org

(435) 752-0331

Provide: Counseling and support services for victims of abuse. Services are available in English.

USU Therapy Clinic

usu.edu

(435) 797-7430

Provide: Counseling and support services for victims of abuse. Services are available in English and Spanish.

Medical Care Providers:

Budge Clinic

(435) 752-0422

intermountainhealthcare.org

1350 North 500 East Logan

Cache Valley Specialty Hospital

(435) 713-9700

cachevalleyhospital.com

2310 N 400 E North Logan

Logan Regional Hospital
intermountainhealthcare.org
1400 N 500 E Logan

(435) 716-1000

Planned Parenthood
www.plannedparenthood.org
550 North Main Logan

(435) 753-0724

Provide: Free STD Testing, Pregnancy Testing, Morning after Pill,
Birth Control

Community Resources:

Cache Food Pantry
cachefoodpantry.com
1350 North 500 East Logan

(435) 753-7140

Assists with food and clothing – no cost to recipient.

WIC – Women, Infants and Children
2310 N 400 E North Logan

(435) 753-0532

Assists with produce,
dairy and cereals to nursing mothers and children under 5 yrs old.

Bear River Health Dept.
www.brhd.org

(435) 752-3730

655 East 1300 North, Logan
Provides birth certificates and death certificates

Dept. of Workforce Services
jobs.utah.gov

(435) 792-0300

180 North 100 West, Logan
Assists with job placement, food stamps,
financial support, Medicaid, child care, etc.

Other:

Utah Legal Services

800/662-4245

www.utahlegalservices.org

Assists with custody, support, divorce and other legal services for low-income families.

Bear River Assn of Governments

(435) 752-7242

www.brag.utah.gov

170 North Main, Logan
Assists with HEAT program (utility payments), rent assistance, emergency funds.

RESOURCES FOR COUNSELING/MEDICAID/LOW INCOME

Bear River Mental Health

90 E 200 N
Logan UT 84321
PH: **435- 752-0750**
Payment: Medicaid

Cache Valley Community Health Center

1515 North 400 East, suite 104
North Logan, Utah 84341
PH: **435-755-6061**
Services Provided: Medical, Dental, Behavioral Health, Psychiatric, Pediatrics and Pharmacy
Payment: sliding scale, out of pocket, most insurances

Midtown Community Clinic

Located at Logan Regional Hospital
550 E 1400 N Ste. Y, Logan, UT 84321
PH: **(435) 752-7060**
Services Provided: Medical, Dental, Behavioral Health, Psychiatric, Pediatrics and Pharmacy
Payment: Sliding Scale, Medicaid, Medicare, PCN, most private insurances

The Family Place

1525 North 200 West
Logan Ut. 84321
PH: **435-752-8880**

502 South Main
Smithfield UT, 84335
PH: **435-752-8880**

10 North 600 East
Hyrum UT 84319
PH: **435-752-8880**

Services: Kid's Place(care for kids), therapy, and education. Trauma resiliency project, and Starfish Children's shelter
Payment: Call

SPECIALIZED RESOURCES- DISABILITY

Utah Behavioral Services

35 Skyline Dr. #103
Brigham City Ut. 84302
1-801-255-5131 ext. 166

Kids on the Move

475 West 260 North
Orem Utah
1-801 221-0649

Behavioral Support Services

Sorenson Center
6405 Old Main
Logan Utah
435-797-3403

Counselors Reported in Logan

Callaway, Hollie PHD, Psychologist

1350 N 500 E
Logan UT
(435) 716-1940

Services Provided: Works primarily with adolescents. Specializes in ADHD, anxiety, depression and eating disorders

Fee/ Payments: Accepted by most insurances

Costa, Graca Psychologist, PsyD