

The HERO Effect

SUMMIT ELEMENTARY
2022-23



HELPFUL * EXCEPTIONAL * RESPONSIBLE * OPTIMISTIC

Becoming a HERO

Look around...

Becoming a HERO

Look around...

★ Who are your heroes?

Becoming a HERO

Look around...

- ★ Who are your heroes?
- ★ Do they know that they are your heroes?

Becoming a HERO

Look around...

- ★ Who are your heroes?
- ★ Do they know that they are your heroes?
- ★ Do they know that they make a positive difference in your life?

Look Around Again...

Look Around Again...

Who do you see that

NEEDS a HERO?

YOU can be their HERO

My Own Superhero

By: Shawna Edwards

<https://www.youtube.com/watch?v=gX43dxto99o>

When I feel alone or afraid

And nothing is going my way

Or when I'm just running

a little low on faith

That's when I've just gotta
believe

There's power and courage
in me

And whatever happens

Through good days and bad
ones

I will stand and say

I can climb this mountain

I can brave the storm

I can be amazing,

There's no telling now

How far I'll go

When this day needs saving

It starts with me, I know

So I will move, I will rise

I will choose, I will try

to be my own superhero

And I'll be a light in the dark

I'll do the right thing

when it's hard

I'll reach out my hand

If we start to drift apart

When you need my help

I'll be there

‘Cuz true super powers
are meant to be shared

We're brighter together

and stronger than ever

Hand in hand

and

heart to heart

I can climb this mountain

I can brave the storm

I can be amazing,

There's no telling now

How far I'll go

When this day needs saving

It starts with me, I know

So I will move, I will rise

I will choose, I will try

to by my own superhero

I'll never give up

I'll never give in

And each time I fall,

I will rise again

When this day needs saving

It starts with me, I know

So I will move, I will rise

I will choose, I will try

to be my own superhero

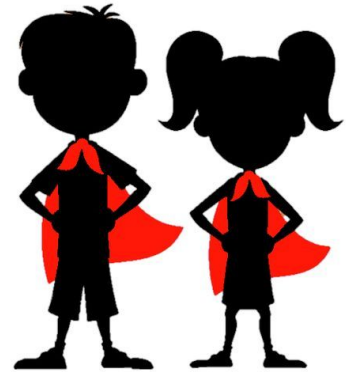
Ohh...Ohh...Ohh

I will be my own

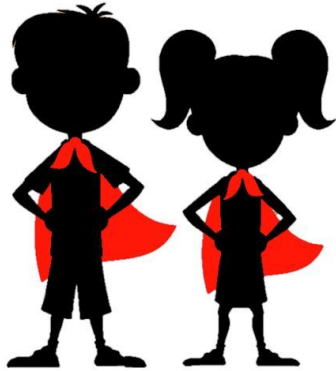
Superhero!

Are you ready to be a

HERO?



What does a **HERO**
look like?



SUMMIT EAGLES



Welcoming others
with no strings attached


Exceptional
I'm being my best self

Responsible for
choices, actions, and results

Optimistic in my
thoughts, attitude, & words

Summit HERO Expectations

Summit HERO Expectations

	BEFORE SCHOOL	In the HALLWAYS	In the BATHROOM	In the CAFETERIA	On the PLAYGROUND	In ASSEMBLIES	In the CLASSROOM	AFTER SCHOOL
	I will...	I will...	I will...	I will...	I will...	I will...	I will...	I will...
H Helping others with no strings attached	<ul style="list-style-type: none"> Be an example of following expectations 	<ul style="list-style-type: none"> Keep halls clean Pick up trash on the floor (even if it's not mine) Cheer for others during rock the halls Give others a thumbs up when they are walking safely and quietly 	<ul style="list-style-type: none"> Keep bathroom clean Pick up trash on the floor (even if it's not mine) Leave restroom better than I found it 	<ul style="list-style-type: none"> Clean up other areas Sit with someone new Say hi to someone by themselves 	<ul style="list-style-type: none"> Put away equipment Pick up trash Return bark to the playground Cheer others on Praise others' achievements 	<ul style="list-style-type: none"> Show appreciation for the speaker Clap, laugh, cheer at appropriate times 	<ul style="list-style-type: none"> Help with jobs in the classroom Keep classroom clean 	<ul style="list-style-type: none"> Be a positive example Look for others who may need help
E Exceptional; I'm being my best self	<ul style="list-style-type: none"> Put personal items away appropriately Strive to be on time. Be in my seat when the second bell rings 	<ul style="list-style-type: none"> Respect others' personal space Be aware of others' learning environments 	<ul style="list-style-type: none"> Respect the privacy of others Respect school property Use only when needed 	<ul style="list-style-type: none"> Use good table manners Try new foods 	<ul style="list-style-type: none"> Include everyone Be kind to all 	<ul style="list-style-type: none"> Keep eyes on speaker while listening attentively 	<ul style="list-style-type: none"> Always be ready to learn Be honest Ask questions when unsure Do my best 	<ul style="list-style-type: none"> Quickly get to where I need to be Wait patiently
R Responsible for choices, actions, and results	<ul style="list-style-type: none"> Use voice level 2 Enter appropriate doors Put my backpack away Make my lunch choice Be in my classroom or outside Obey ALL adults 	<ul style="list-style-type: none"> Use voice level 0 or 1 Kind hands: Hands to self, Calm body: facing forward, walking feet, no freaking out 	<ul style="list-style-type: none"> Use voice level 1 Move with purpose and not hang out Flush after use Wash hands with soap and water Report problems to adults 	<ul style="list-style-type: none"> Use voice level 2 Only touch what is mine Calm body (walk) Report problems to adults Clean up my area 	<ul style="list-style-type: none"> Use voice level 4 Follow directions and rules Use equipment appropriately Seek adult help during a conflict 	<ul style="list-style-type: none"> Use voice level determined by presenter Stay within my personal space with hands and feet to myself Sit on pockets Enter and exit quietly with a calm body 	<ul style="list-style-type: none"> Use voice level determined by teacher Follow directions Stay on task Keep myself and classmates safe Take care of materials 	<ul style="list-style-type: none"> Use voice level 2 Exit appropriate doors Clean up and gather personal items Line up quickly and quietly in the classroom Walk quietly in the halls Have a calm body Follow school safety rules Cross only at crosswalks Stay in loading zone for parent pick-up Wait patiently in bus line Walk at all times including bikes, scooters, skateboards, etc.
O Optimistic in my thoughts, attitude, and words	<ul style="list-style-type: none"> Follow directions cheerfully Have positive interactions with others Use kind words 	<ul style="list-style-type: none"> Follow directions cheerfully Smile 	<ul style="list-style-type: none"> Smile in the mirror Use kind words 	<ul style="list-style-type: none"> Appreciate what is provided Say please and thank you Smile 	<ul style="list-style-type: none"> Solve problems in a peaceful way and let it go Be a good sport Smile 	<ul style="list-style-type: none"> Participate in the activity with a good attitude Smile 	<ul style="list-style-type: none"> Make positive comments Use kind words with myself and others Smile 	<ul style="list-style-type: none"> Say thank you Follow directions cheerfully Have positive interactions with others Use kind words

In the BATHROOM

I will...

H Helping others with no strings attached	<ul style="list-style-type: none"> Keep bathroom clean Pick up trash on the floor (even if it's not mine) Leave restroom better than I found it
E Exceptional: I'm being my best self	<ul style="list-style-type: none"> Respect the privacy of others Respect school property Use only when needed
R Responsible for choices, actions, and results	<ul style="list-style-type: none"> Use voice level 1 Move with purpose and not hang out Flush after use Wash hands with soap and water Report problems to adults
O Optimistic in my thoughts, attitude, and words	<ul style="list-style-type: none"> Smile in the mirror Use kind words

VOICE LEVEL

1

On the PLAYGROUND

I will...

H Helping others with no strings attached	<ul style="list-style-type: none"> Put away equipment Pick up trash Return bark to the playground Cheer others on Praise others' achievements
E Exceptional: I'm being my best self	<ul style="list-style-type: none"> Include everyone Be kind to all
R Responsible for choices, actions, and results	<ul style="list-style-type: none"> Use voice level 4 Follow directions and rules Use equipment appropriately Seek adult help during a conflict
O Optimistic in my thoughts, attitude, and words	<ul style="list-style-type: none"> Solve problems in a peaceful way and let it go Be a good sport Smile

In the CAFETERIA

I will...

H Helping others with no strings attached	<ul style="list-style-type: none"> Clean up other areas Sit with someone new Say hi to someone by themselves
E Exceptional: I'm being my best self	<ul style="list-style-type: none"> Use good table manners Try new foods
R Responsible for choices, actions, and results	<ul style="list-style-type: none"> Use voice level 2 Only touch what's mine Caln body (walk) Report problems to adults Clean up my area
O Optimistic in my thoughts, attitude, and words	<ul style="list-style-type: none"> Appreciate what is provided Say please and thank you Smile

VOICE LEVEL

2

In the HALLWAYS

I will...

H Helping others with no strings attached	<ul style="list-style-type: none"> Keep halls clean Pick up trash on the floor (even if it's not mine) Cheer for others during rock the halls Give others a thumbs up when they are walking safely and quietly
E Exceptional: I'm being my best self	<ul style="list-style-type: none"> Respect others' personal space Be aware of others' learning environments
R Responsible for choices, actions, and results	<ul style="list-style-type: none"> Use voice level 0 or 1 Kind hands: hands to self Caln body: facing forward, walking fast, no trailing out
O Optimistic in my thoughts, attitude, and words	<ul style="list-style-type: none"> Follow directions cheerfully Smile

VOICE LEVEL

0

YELLOW TICKETS

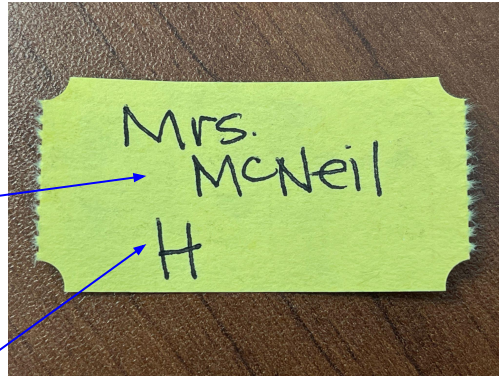
Any adult working in our school can give out a ticket. When you earn a ticket, then you have demonstrated exemplary behavior, which means:

- You are showing that you are either **helping** with no strings attached, being **exceptional** and being your best self, **responsible** for choices, actions, and words, or **optimistic** in thoughts, attitude, and words.



WHAT DO I WRITE ON MY TICKET?

Step 1: Make sure your first and last name is written on the back.



Step 2: Make sure a HERO trait is written on the back of the ticket.

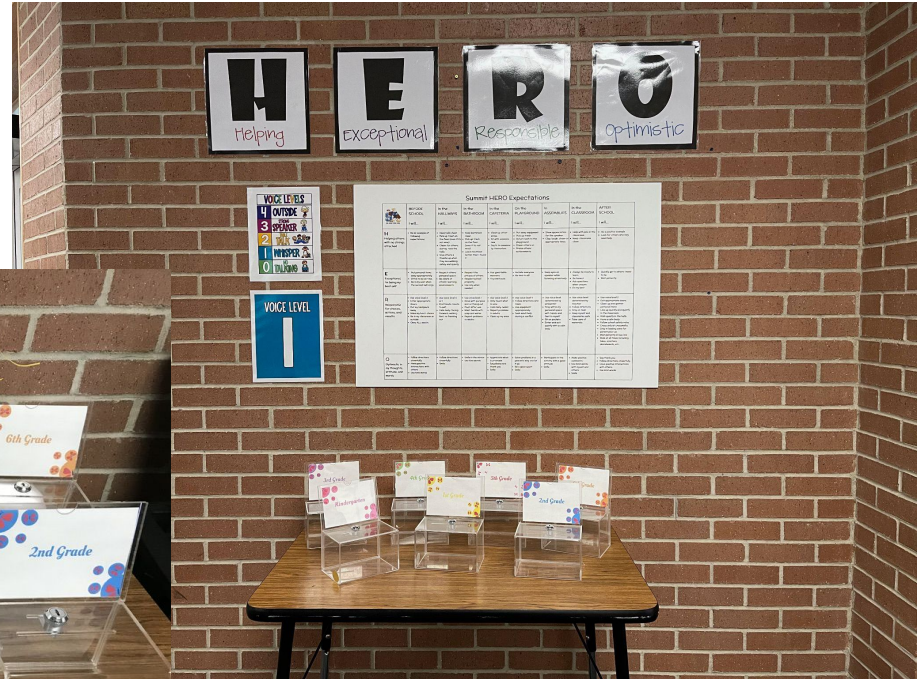
Step 3: Put your ticket in your grade level box.



Step 4: Quickly go back to your activity.

WHAT DO I DO WITH MY TICKET?

Grade level ticket boxes
are located near the office.



WHAT HAPPENS NEXT?

When a specific amount of tickets are earned by a student, that student will be recognized for their effort.

4 Tickets = H

8 Tickets = E

12 Tickets = R

16 Tickets = O



MONTHLY RECOGNITION

We have a new display in the hallway by the lunchroom. The letters spell **HERO**. Each month Mrs. McNeil will announce those students who have earned enough tickets to earn either the letter **H**, **E**, **R** or **O**.

These students will have the opportunity to sign their name on the letter they earned.



THERE'S MORE...

When students earn each letter, they will receive a Brag Tag to add to their **HERO** chain.

Students who earn all 4 letters will be recognized at the End of Year Assembly

AND

have their name displayed in the
Hero Hall of Fame.

Are you ready to be a

HERO?



SUMMIT EAGLES!

