

2023-24

Student Health Services - Standing Orders

Lincoln County R-III School District has established the following standing orders with guidance from Dr. James Bockhorst to serve our students more efficiently.

Over the Counter Medications

(Administered according to package directions)

****Parents-YOU DO NOT sign this form! It is for informational purposes only and lists medications and reasons why/when/how they will be administered. Permission to administer OTC Meds is given by signing the Health Inventory Form or if you do not want your child to receive OTC meds from a nurse while at school you need to check the appropriate box on the Health Inventory form and sign.**

Triple Antibiotic Ointment	Allergy Relief Eye Drops	Hydrogen Peroxide 3%
Hydrocortisone Cream 1%	Vicks	Alcohol (Isopropyl at least 60%)
Caladryl Lotion	Tums	Burn Spray/Ointment
Saline/Multi-purpose contact solution/Eye Wash(single dose)	Cough Drop	Lip Balm
Anbesol/OraGel- May be limited to 1 dose/day.	Chloraseptic Throat Spray	Glucose Tablets
Icy Hot/Ben Gay cream/roll on/patch/spray 12 y/o and older only	Antiseptic Wash for cuts/abrasions(J&J Band-Aid Hurt Free Antiseptic Wash)	Midol (Females only) 12 y/o and older only
Vaseline	Antihistamine for allergy symptoms (Claritin/Allegra)	

Pain Reliever/Fever Reducing Meds

[Acetaminophen and Ibuprofen: Guidelines for Parents](#)

Acetaminophen/Tylenol		Ibuprofen/Advil	
Recommended Dosage 10-15 mg/kg every 4 hours		Recommended: 10 mg/kg every 6 hours	
Liquid	160 mg/5 ml	Liquid	100 mg/5 ml
Chewable tablets	160 mg/tablet	Chewable Tablets	100 mg/tablet
Non Chewable tablets	325 mg or 500 mg	Non Chewable tablets	200 mg tablets

SCHOOL MEDICATION POLICY

Medication will be given by designated school personnel only on orders of a physician and written authorization of a parent/legal guardian. Both prescription and over-the-counter medication must be brought in by parent/guardian in the original container. DO NOT allow the student to bring the medication into school.

The Lincoln County R-III School District requires that ALL students who need medication during school hours MUST do the following:

- 1. PRESCRIPTION:** Bring the medication in the original (up-to-date) prescription bottle, properly labeled by a registered Pharmacist as prescribed by law. The written consent form MUST be filled out by the named physician on prescription bottle and signed by both, the physician and parent/ legal guardian.
- 2. OVER-THE COUNTER MEDICATION:** The school has this "Standing Order" form for specific medications. In order for your student to receive the listed medications, the parent/legal guardian must sign the form and it must be on file in the nurse's office. If you wish for your student to receive any over-the-counter medications NOT listed on the "Standing Orders" form, you must have a physician's written consent, and you must provide the medication in the original container. (Form provided by the school nurse.)

Emergency Situations ONLY

Medication	When	Comments
Albuterol 2.5 mg	PRN wheezing Dyspnea. *Only for Distress	Call 911 or arrange for urgent evaluation by physicians.
Epi-Pen/ Epi-Pen Jr. Children under 65 LBS: 0.15mg Children over 65 LBS: 0.30mg	Can be used PRN for anaphylaxis, which is a life-threatening type of allergic reaction that is rapid in onset and may cause death. *A repeat dose may be required for severe or persistent anaphylaxis until EMS arrives.	Call 911 immediately and alert parents
Benadryl PK-5: Liquid 1 or 2 teaspoons (12.5mg – 25mg) x 1 6-12 :Tablet 50mg x 1 dose	For allergic reactions without signs of anaphylaxis if parents cannot be reached.	Continue trying parents and if necessary call 911

***Blood Glucose Testing** – With presented signs or symptoms of hyper/hypoglycemia only. Parents will be notified that the test has been performed.

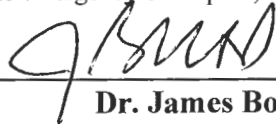
***Narcan** - indicated for the emergency treatment of known or suspected opioid overdose, as manifested by respiratory and/or central nervous system depression.

NARCAN® Nasal Spray is

intended for immediate administration as emergency therapy in settings where opioids may be present. NARCAN® Nasal Spray is not a substitute for emergency medical care.

***Adults Only** - In case of cardiac emergency/chest pain, ASA (Aspirin) 81mg (chewable) 4 tablets PRN.

Physician's Signature _____



Dr. James Bockhorst, MD

Date: 7-12-23