



La Crosse Area Cross Country Ski Clubs



Session Dates for winter 2024:
Begins Dec 31 & runs every
Sunday through Feb. 25.

Middle Schoolers: Our SkiWerx program will enter its 2nd year this winter. Practices are tentatively scheduled for Thursdays at 4pm and Sundays at 3pm. This program is geared toward middle school youth with prior skiing experience. Contact Sara at skiwerxlacrosse@myxc.org

SkiSparks is an eight-week program that teaches cross-country skiing in a recreational environment. Kids will play games, enjoy the outdoors, and learn physical literacy through our research-based curriculum.

Registration will open to the public starting Oct 25. Registration is completed on www.myxc.org. If you are interested in being notified about registration, please complete this [Google Form](#)

Follow our [Facebook](#) page for more information

SkiSparks is open to kids ages 4-14. You can find a SkiSparks program level that fits your child on the myxc.org webpage or contact Chris at lacrosse@myxc.org.



SkiSparks meets Sunday afternoons 3-4:30 at Hixon Forest Parking Lot



Photo from American Birkebeiner, Hayward, WI