



# WINTER PROGRAMMING



Register NOW!!

## WRESTLING (4K-8TH GRADES)

The Boys & Girls Club has a long and proud tradition of excellence in its youth wrestling program. Anyone in Pre-K – 8th grade is eligible to participate. We welcome first time and experienced wrestlers, male and female.

The season runs from November 14 through March 28.

### PRE-SEASON MANDATORY PARENT MEETING

We will be holding our mandatory informational parent meeting on Monday, October 23rd at 6:00pm in the Logan High School Commons (1500 Ranger Drive). All parents MUST attend, as we will be discussing the specifics of the program. Please remember to register prior to the night of the meeting as we will be checking in all attendees that are officially registered.

### PRACTICES

**Pre-K – 2nd Grade:** Tuesdays & Thursdays:

5:30-6:30pm @ Logan Middle Wrestling Room

**3rd – 8th Grade:** Tuesdays & Thursdays:

6:00-7:30pm @ Logan High Wrestling Room

First practice: Scheduled for Tuesday, November 14 with our season going through March.

### TOURNAMENTS

Wrestlers will have the opportunity to wrestle in tournaments beginning in December and will run through the Folkstyle State Tournament in March for those that qualify. Wrestlers will also have an opportunity to participate in the Freestyle & Greco seasons.

### STAFF

The coaching staff has many years of wrestling experience at the high school and college level.

Coaches will emphasize teaching the fundamentals & enjoyment of the sport.

### TOURNAMENT FEES

Entry fees will also be required for entering weekend tournaments (usually \$10.00 - \$15.00/tournament).

**FACEBOOK** Please also find us on Facebook under Boys & Girls Club Youth Wrestling La Crosse

## \$80.00 Activity Fee

**FOR ADDITIONAL INFORMATION PLEASE CONTACT**

Coach Steve King at 608-385-1984 or Nick Bernhardt at 608-785-3162 or [Nick.Bernhardt@bgclax.org](mailto:Nick.Bernhardt@bgclax.org)

**ONLINE PROGRAM REGISTRATION & PAYMENTS CAN BE COMPLETED AT:**

<https://boys-girls-clubs-of-greater-la-crosse.sportngin.com/register/form/188129753>

**REGISTRATION DEADLINE: November 2**