



Safe Families
for Children

Are you a parent?

Do you feel alone or isolated?

Do you need supportive
relationships?

Children *SAFE* Families *TOGETHER*

We Help Strengthen Families

If you are experiencing...

- Feeling alone or unsupported while facing major life challenges.
- Wanting someone to talk to outside of professional supports.
- Feeling overwhelmed by the challenges of parenting.
- Wanting help (support or suggestions) in addressing and overcoming challenges or problems (eg. childcare, finances, housing, work, friendships).

Safe Families can match you with volunteers who can provide...

- Friendships, support, and a listening ear (similar to extended family).
- Support and resources to help you overcome challenges.
- Practical and tangible items to help better care for your children.
- Day and overnight hosting of your children with vetted and approved volunteers so you can get a break, or a place your kids can do while you address issues that may take a little longer to resolve.
- Help connecting with community resources and local social groups.
- Parenting ideas and encouragement to help you address a child's behavior.

Our Volunteers...

- Are extensively screened and trained.
- Help without any expectation or receiving anything in return.
- Are caring and compassionate individuals recruited from local churches.

How Do I Get Connected? To get help or learn more call: 608-844-8475 x1