

# My Academic & Career Planning Portfolio



Name: \_\_\_\_\_

SCHOOL DISTRICT OF LA CROSSE



LINCOLN MIDDLE SCHOOL,  
SOTA II & COULEE MONTESSORI



LONGFELLOW MIDDLE SCHOOL &  
LA CROSSE DESIGN INSTITUTE



LOGAN MIDDLE SCHOOL



# Academic & Career Planning Portfolio

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# 6th Grade

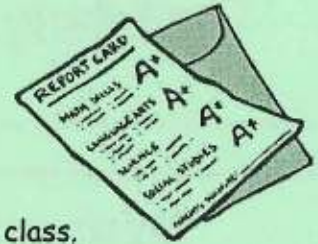


# SKYWARD STUDENT ACCESS

NAME: \_\_\_\_\_

## ON THE IPAD

- Click on Skyport app
- Enter login and password provided



On the left side click **grade book** to see your **ACADEMIC** grades in every class. **EXPLORE TABS** of progress report, missing assignments, comments.

<u>Current Quarter</u>	<u>Grade</u>
Math	_____
Science	_____
US History/Social Studies	_____
Reading	_____
Writing	_____
Elective _____	_____
Elective _____	_____

How do you feel about your grades? (example proud, shocked, sad, frustrated, etc.)

How do your grades match with what kind of student you want to be?

On the left side click **attendance** to see any tardies and absences. **EXPLORE TABS OF** Calendar, by day, term totals.



<u>Attendance Totals</u>	
Tardies	_____
Absences	_____

Would you change anything about your attendance? If yes, what?

# The Many Pieces of \_\_\_\_\_

(Insert your name above)

**My strengths are ...**

**My Family and Friends ...**

**My favorite things ...**

**My 6<sup>th</sup> grade goal(s) ...**

**When I grow up,  
I want to be ...**

**I want ...**

**Sometimes I need  
help with ...**



## 6th Grade CAREER CRUISING

[www.careercruising.com](http://www.careercruising.com)

### **STEP 1 -- Please follow these steps to enter Career Cruising**

- On your ipad go to the internet and then to [www.careercruising.com](http://www.careercruising.com)

### **STEP 2 -- Locate the username and password login boxes**

*Username:*

*Password:*

For this first time *ONLY* you will need to use these to log into Lincoln and then create your username and password.

- You will see a screen that says "Welcome to Career Cruising."

### **STEP 3 -- Create your personal Plan**

*Click on the arrow by "LOG IN to My Plan"*

### **STEP 4 --**

*Click on **Create My Plan (blue words)***

*Fill in your name, gender, grade & SCHOOL email address*

Then Choose Your Login using the same Username and Password that you use to sign on to your ipad.... **YOU MUST CREATE IT THIS WAY!**

- *Click on **Create My Plan (bottom blue box)***

Name: \_\_\_\_\_

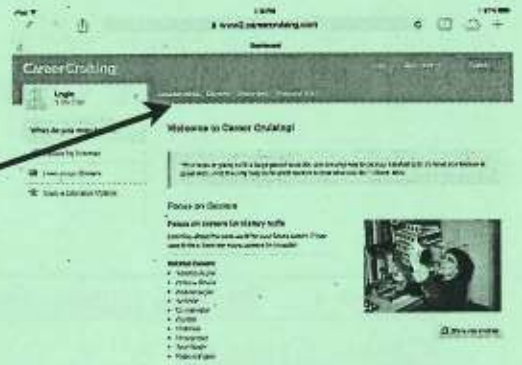
# Learning Styles Inventory

Sign on to Career Cruising website with your username & password

On the main page, click on **Assessments**  
(top of page white letters on blue background)

Then click on the **Learning Styles Inventory**  
(blue letters)

Click **Start Learning Styles Now!**



Remember there are no right or wrong answers; simply select the answer that you feel best applies to you.

MY LEARNING STYLES:



\_\_\_\_\_ % Auditory  
(Listening - Hearing)



\_\_\_\_\_ % Visual  
(Seeing)



\_\_\_\_\_ % Tactile  
(Feeling - Doing)

I am a \_\_\_\_\_ learner. This means I learn best by

\_\_\_\_\_

Knowing this.....Please list four study tips you can use in Middle School:

- 1.
- 2.
- 3.
- 4.

# **7th Grade**



Name \_\_\_\_\_

# Who Am I?

My Proudest Accomplishment....

If I were to describe what kind of a student I am, I would say I..

1.

2.

3.

Three things I like best about myself...

1.

2.

3.

### I like to work with:

- Kids
- Adults
- the Elderly
- Animals
- Numbers
- Plants
- Machines
- Computers
- Books
- Tools
- \_\_\_\_\_
- \_\_\_\_\_

### I like to:

- Draw
- Talk
- Listen
- Help
- Sing
- Be Outside
- Be Inside
- Exercise
- Shop
- Make Things
- Be a Leader
- Create
- Work By Myself
- Work With Others
- Read
- Be involved in \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### I Am Good At:

---



---



---



---



---



---

### My homework habits include...

---



---



---



---



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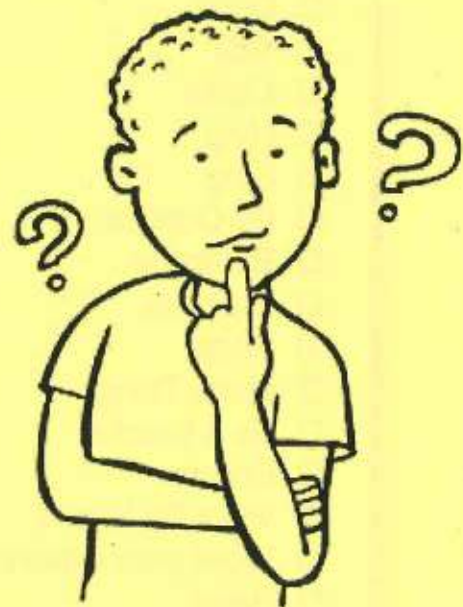
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I am involved in.....

- Cooking Club
- 4-H
- Drama
- Computer Club
- Volleyball
- Softball
- Football
- Basketball
- Baseball
- Tennis
- Track
- Dance Team
- Volunteering
- Church Youth Group
- Boy Scouts
- Girl Scouts
- LEGGO League
- Outdoor Adventures
- Cross Country
- Student Council
- Yearbook Club
- Chamber Orchestra
- Jazz Band
- Show Choir
- Homework Club
- Other \_\_\_\_\_
- Other \_\_\_\_\_

Words that Describe Me:

- |   |  |
|---|--|
| <input type="checkbox"/> Decisive         | <input type="checkbox"/> Trusting      |
| <input type="checkbox"/> Logical          | <input type="checkbox"/> Friendly      |
| <input type="checkbox"/> Optimistic       | <input type="checkbox"/> Fun           |
| <input type="checkbox"/> Leader           | <input type="checkbox"/> Caring        |
| <input type="checkbox"/> Follower         | <input type="checkbox"/> Responsible   |
| <input type="checkbox"/> Strong           | <input type="checkbox"/> Dependable    |
| <input type="checkbox"/> Social           | <input type="checkbox"/> Compassionate |
| <input type="checkbox"/> Sensitive        | <input type="checkbox"/> Patient       |
| <input type="checkbox"/> Self-Disciplined | <input type="checkbox"/> Intellectual  |
| <input type="checkbox"/> Confident        | <input type="checkbox"/> Scientific    |
| <input type="checkbox"/> Athletic         | <input type="checkbox"/> _____         |
| <input type="checkbox"/> Artistic         | <input type="checkbox"/> _____         |
| <input type="checkbox"/> Imaginative      | <input type="checkbox"/> _____         |
| <input type="checkbox"/> Humorous         |  |
| <input type="checkbox"/> Creative         |  |
| <input type="checkbox"/> Dramatic         |  |
| <input type="checkbox"/> Verbal           |  |
| <input type="checkbox"/> Problem Solver   |  |
| <input type="checkbox"/> Quick Learner    |  |
| <input type="checkbox"/> Assertive        |  |
| <input type="checkbox"/> Adventurous      |  |
| <input type="checkbox"/> Exciting         |  |
| <input type="checkbox"/> Shy              |  |
| <input type="checkbox"/> Quiet            |  |
| <input type="checkbox"/> Serious          |  |
| <input type="checkbox"/> Funny            |  |



# interest survey

Check off the activities that interest you in each of the boxes. Add each column. Total your answers to discover which career clusters you may want to explore.

- 1**
- Taking care of pets in your neighborhood
  - Transplanting small trees
  - Planting and taking care of flowers & plants
  - Working in a garden & creating landscapes
  - Nursing sick animals back to health
  - Brushing or grooming dogs, cats, and/or horses
  - Hiking & watching wildlife
  - Chopping wood & replanting trees
  - Identifying environmental hazards & sick/dying plants

**Total checks** \_\_\_\_\_

- 2**
- Repairing small appliances
  - Painting houses or buildings
  - Using tools to make household repairs
  - Cutting and shaping wood to build structures
  - Volunteering for Habitat for Humanity
  - Drawing floor plans
  - Building simple circuit boards
  - Laying brick or cinder block
  - Landscaping and planting flower gardens

**Total checks** \_\_\_\_\_

- 3**
- Performing (music, drama, dance) for an audience
  - Creating graphic designs on a computer
  - Creating an original video or film
  - Sketching or painting pictures
  - Taking photographs
  - Writing poems, stories or plays
  - Making jewelry, sculpture, ceramics or stained glass
  - Designing a newspaper layout (artwork)
  - Being an announcer for an amateur radio station

**Total checks** \_\_\_\_\_

- 4**
- Using a cash register
  - Typing minutes of a school club meeting
  - Filing or sorting mail or other papers
  - Running your own business
  - Developing Web pages and creating print layouts using desktop publishing
  - Managing tasks for a group
  - Preparing reports and analyzing data
  - Typing documents for other people
  - Volunteering to answer phones

**Total checks** \_\_\_\_\_

Source: Adapted from "Who R U" interest survey with permission from Virginia Career View.

# interest survey

Check off the activities that interest you in each of the boxes. Add each column. Total your answers to discover which career clusters you may want to explore.

- Working as a kids' camp counselor or volunteer
- Tutoring young children
- Reading to elementary school students
- Giving instructions for/or directing a play
- Baby-sitting young children
- Organizing and shelving library books
- Peer counseling or mediation
- Helping at Special Olympics events
- Teaching young children in an after-school program

5

**Total checks** \_\_\_\_\_

- Planning a mock stock market game
- Investing money and studying investments
- Balancing a checkbook
- Opening a savings/checking account
- Being a treasurer for a school club
- Organizing a fund-raiser
- Collecting money for a school or community event
- Developing a budget
- Using spreadsheets and financial computer programs

6

**Total checks** \_\_\_\_\_

- Campaigning for a political candidate
- Making political speeches
- Volunteering as an urban planning committee member
- Running for class office
- Planning and preparing budgets
- Participating in a debate
- Volunteering as a legislative aide
- Learning and speaking a foreign language
- Researching and writing grants

7

**Total checks** \_\_\_\_\_

- Taking care of a sick relative
- Watching doctor/hospital shows on TV
- Learning first aid and CPR
- Volunteering at a retirement home
- Volunteering as a hospital aide
- Using a stethoscope to listen to someone's heart
- Identifying human body parts from a diagram
- Bandaging sports injuries with a trainer's help
- Assisting persons in wheelchairs with daily tasks

8

**Total checks** \_\_\_\_\_

Source: Adapted from "Who R U" interest survey with permission from Virginia Career View.



# interest survey

Check off the activities that interest you in each of the boxes. Add each column. Total your answers to discover which career clusters you may want to explore.

- Working in a restaurant
- Planning vacations and other events
- Cooking, baking and serving meals
- Participating in sports or recreational activities
- Being a lifeguard
- Catering an event
- Working at a concession stand
- Exercising and working out
- Officiating a sporting event

9

**Total checks** \_\_\_\_\_

- Making a family menu
- Working with the elderly
- Working at a shelter
- Shopping, comparing prices & consumer goods
- Listening & helping friends with problems
- Participating in youth groups or community groups
- Working as a dietetic aid
- Volunteering at a retirement home
- Volunteering to be a Big Brother/Big Sister

10

**Total checks** \_\_\_\_\_

- Developing software programs
- Building computers
- Playing video games
- Surfing the Internet
- Learning how to configure operating systems
- Installing software
- Learning how to assemble computer hardware
- Playing with electronic gadgets
- Designing video games

11

**Total checks** \_\_\_\_\_

- Reading mystery novels
- Listening to a police scanner
- Watching mystery movies or courtroom dramas
- Playing "Clue" or other mystery board games
- Volunteering in a lawyer's office
- Following court cases in the news
- Participating in EMT training
- Volunteering to search for missing pets or persons
- Participating in search and/or rescue training

12

**Total checks** \_\_\_\_\_

Source: Adapted from "Who R U" interest survey with permission from Virginia Career View.

# interest survey

Check off the activities that interest you in each of the boxes. Add each column. Total your answers to discover which career clusters you may want to explore.

- Welding or working with metals
- Repairing and upholstering furniture
- Creating wood carvings
- Taking machine shop classes
- Making belts or other leather goods
- Operating a printing press
- Installing and repairing home electronics
- Sewing, weaving, knitting or other needlework
- Building cabinets, shelves and other simple woodworking

13

**Total checks** \_\_\_\_\_

- Cutting & styling hair
- Selling products for a school fund-raiser
- Taking tours of new houses for sale
- Designing or modeling clothes
- Giving people advice on products they should buy
- Decorating your house and rearranging your furniture
- Planning and having a yard sale
- Arranging and selling flowers
- Fixing watches and clocks

14

**Total checks** \_\_\_\_\_

- Visiting science museums
- Designing experiments
- Exploring caves and collecting rocks
- Watching the weather and tracking storms
- Using a computer to solve math problems and equations
- Identifying plants, animals and/or marine life
- Developing solutions to environmental problems
- Building model aircraft/boats/trains
- Learning about different cultures

15

**Total checks** \_\_\_\_\_

- Flying airplanes
- Repairing vehicles, bikes and engines
- Working in a warehouse or taking inventory
- Operating motorized machines or equipment
- Visiting space camps
- Building and repairing boats
- Operating a CB or ham radio
- Reading mechanical and automotive magazines/blogs
- Having a paper route

16

**Total checks** \_\_\_\_\_

Source: Adapted from "Who R U" interest survey with permission from Virginia Career View.

# interest survey

# TOTALS

Count the check marks in each section on pages 11-14 and place the total in the corresponding box below.

<p>1. Agriculture, Food &amp; Natural Resources</p> <p>_____</p>	<p>2. Architecture &amp; Construction</p> <p>_____</p>	<p>3. Arts, Audio/Visual Technology &amp; Communications</p> <p>_____</p>	<p>4. Business Management &amp; Administration</p> <p>_____</p>
<p>5. Education &amp; Training</p> <p>_____</p>	<p>6. Finance</p> <p>_____</p>	<p>7. Government &amp; Public Administration</p> <p>_____</p>	<p>8. Health Science</p> <p>_____</p>
<p>9. Hospitality &amp; Tourism</p> <p>_____</p>	<p>10. Human Services</p> <p>_____</p>	<p>11. Information Technology</p> <p>_____</p>	<p>12. Law, Public Safety, Corrections &amp; Security</p> <p>_____</p>
<p>13. Manufacturing</p> <p>_____</p>	<p>14. Marketing</p> <p>_____</p>	<p>15. Science, Technology, Engineering &amp; Math</p> <p>_____</p>	<p>16. Transportation, Distribution &amp; Logistics</p> <p>_____</p>

Source: Adapted from "Who R U" interest survey with permission from Virginia Career View.

My top three Interest Areas:

1. 1      2. 2      3. 3

As you can see, the interest survey is divided into 16 groups. Each group is a **career cluster**. Career clusters place similar occupations in groups. These clusters help you narrow the thousands of career options in the world to a general area of interest. The clusters connect what you learn in school to the skills and knowledge you need beyond high school. Some careers are placed in more than one cluster.



**Do you enjoy working with animals? Are you interested in protecting the environment?**

Agriculture, food, and natural resources workers produce agricultural goods. This includes food, plants, animals, fabrics, wood, and crops. You might work on a farm, ranch, dairy, orchard, greenhouse, or plant nursery. You could also work in a clinic or laboratory as a scientist or engineer.

Some agriculture, food, and natural resources workers market, sell, or finance agricultural goods. For example, you might market products made from plants and animals. Or, you might sell services that farmers and ranchers use to improve products. You could also work to conserve natural resources or protect the environment.

**Would you like to get paid to build the things people use everyday?**



Architecture and construction workers work on buildings and other structures. This includes highways, bridges, houses, and buildings. You might create the designs or plans for new structures. Or, you might use the plans to build it or manage the workers on the project.

Some architecture and construction workers do skilled trades, like carpentry, painting, or plumbing. For example, you might do all of the electrical work for a renovated office space. Or, you might work as a landscaper and take care of flowers and trees on large properties.



**Do you like to perform in front of an audience? Are you a visual person or like to work with productions and technology?**

Arts, audio/video technology, and communications workers use creativity and their talents on the job. You might work for an audience as a performer or artist. This includes painters, dancers, sculptors, actors, and singers. Or, you might work behind the scenes to make a performance successful. This includes set designers, editors, broadcast technicians, and camera operators.

Some audio/video technology and communications workers have high-profile jobs. For example, you might work as a news reporter or fashion designer. Or, you might use your creative talents with technology and work as an animator, graphic designer, or film editor.

**Do you enjoy working with other people? Do you like to plan and organize activities?**



Business, management, and administrative workers give the support needed to make a business run. You might check employee time records or train new employees. Or, you might work as a top executive and provide the overall direction for a company or department.



### Would you like to get paid to help others learn new things?

Education and training workers guide and train people. As a teacher, you could influence young lives. You could also support the work of a classroom teacher as a counselor, librarian, or principal. You could coach sports activities or lead community classes.

You could also work with adults. For example, you could lead training to employees in a business. Or you could work as a university or college professor for undergraduate or graduate students.

### Are you good at math? Do you like to work with numbers?

Finance workers keep track of money. You might work in financial planning, banking, or insurance.



For example, you might provide financial services to a business or individual. Or, you could maintain financial records or give advice to business executives on how to operate their business.

### Are you interested in politics? Are rules and laws important to you?



Government and public administration workers help pass and enforce the law. You could work in national, state, or local government. You will find almost every type of occupation within the government, including some jobs that are only found within government.

For example, you might inspect new or remodeled buildings for safety, help people file the paperwork for a marriage license, or create proposals for urban development.

### Would you like to get paid for taking care of others?

Health science workers promote health and wellness. They diagnose and treat injuries and disease. As a physician, dentist, or nurse, you could work directly with patients. You could also work in a laboratory to get information used in research or provide administrative support by keeping medical records.



Health science jobs are found at a variety of different sites. For example, you could work in a hospital, office, clinic, or nursing home. Or you could work on a cruise ship, at a sports arena, or within a patient's home.



**Would you like to get paid to help people have fun?**

Hospitality and tourism workers help people enjoy vacations and entertainment activities. You might work at a restaurant, resort, sports arena, theme park, museum, or hotel.

For example, you might manage operations of a college cafeteria, guide high school students on a trip to Spain, or rent equipment at a recreation center.

**Do you care about people and want to help in some way?**

Human services workers help individual and families meet their personal needs. You might work in a government office, hospital, nonprofit agency, nursing home, spa, hotel, or school. Or, you might work in your own home.



For example, you might help students with career and education choices at a high school, cut and color hair in a salon, or manage funeral services at a funeral home.



**Would you like to get paid to work on computers?**

Information technology workers are in a growing and always changing field. You might work with computer hardware, software, multimedia, or network systems. You might design new computer equipment or work on a new computer game.

Some information technology workers support and manage computer hardware. For example, you might make sure the networks are working or manage a network that links people across the world. Or, you might support others and answer questions about specific software or hardware.

**Do you like the idea of protecting people? Can you work in the face of danger? Do you want to help people figure out the legal system?**

Law, public safety, corrections, and security workers are found in a variety of settings. For example, you might guard the public and enforce the law as a police officer or security guard. Or, you might provide fire protection as a firefighter.



Other workers provide legal services to people who commit crimes. For example, you might monitor activities within a prison, advise clients of their legal rights, or research legal procedures to support court cases.



## **Manufacturing**

**Are you good working with your hands? Can you figure out how a machine works?**

Manufacturing workers work with products and equipment. You might design a new product, decide how the product will be made, or make the product. You might work on cars, computers, appliances, airplanes, or electronic devices.

Other manufacturing workers install or repair products. For example, you might install refrigerators or washers, repair plumbing in commercial buildings, or diagnose engine problems in cars and trucks.

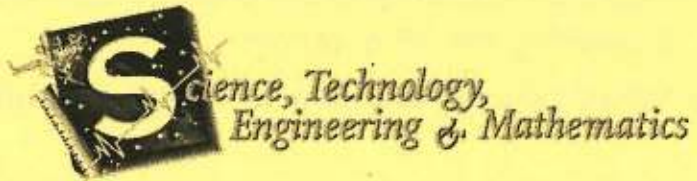
**Are you friendly and outgoing? Do you enjoy public speaking? Can you be persuasive?**



Marketing, sales, and service workers help businesses sell products. You might advertise and promote products so customers want to buy them. Or, you might sell products and services to customers.

For example, you might develop a marketing plan for a small start-up company; sell furniture; or measure and fit lenses and frames for eyeglass customers.

**Are you detail-oriented? Do you want to know how things work, or enjoy solving problems?**



Science, technology, engineering, and mathematics workers do scientific research in laboratories or the field. Others plan or design products and systems. Or, you might support scientists, mathematicians, or engineers as they do their work.

For example, you might oversee the construction of roads, develop systems to prevent diseases, or help engineers do research and read blueprints.



## **Transportation, Distribution & Logistics**

**Have you always been fascinated by vehicles? Do you like to drive them or fix them?**

Transportation, distribution, and logistics workers move people and products by road, air, rail, and water. You might work as a driver, pilot, engineer, or captain.

You might repair or maintain the vehicles, trains, planes, and ships that move people and products. Or, you might work behind the scenes to make sure the products and people get to the right place on time.

Name: \_\_\_\_\_

# Career Matchmaker

Please list your top 3 clusters from the previous career cluster survey.

Cluster #1: \_\_\_\_\_

Cluster #2: \_\_\_\_\_

Cluster #3: \_\_\_\_\_

**Follow the steps below to complete the Career Matchmaker Inventory:**

1. Log into [www.careercruising.com](http://www.careercruising.com)
2. Click on the "Assessments" tab located at the top of the page
3. Under Matchmaker and My Skills, click "Start Matchmaker"
4. Read the instructions and enter your name
5. Leave all education areas checked and complete the Matchmaker inventory by answering the 39 questions
6. When asked if you want to save the results, click "yes"

On the right, you will see a list of suggested careers and on the left, two recommended clusters. Look at the clusters and list them below:

Cluster Name #1: \_\_\_\_\_

Cluster Name #2: \_\_\_\_\_

Do these clusters match the one listed at the top (Circle)? YES NO

If you circled "NO" above, find the "Improve Your Results" section and click "Answer More Questions".

If your results still do not match your previous cluster inventory, SEE YOUR COUNSELOR.



Once your results match the ones listed or are accurate, click on each cluster to explore the list of careers that fall within this group. Identify three careers of interest in each cluster. Research and list the level of education needed for each of these careers. You'll find this information on the left side of the screen.

H = High School Diploma  
 A = Associate's Degree (2 years of college)  
 B = Bachelor's Degree (4 years of college)  
 M = Master's Degree (Bachelor's degree and 2+ years of college)  
 D = Doctorate/PHD (Bachelor's degree and 4+ years of college)  
 O = Other (Military, Diploma, Certificate, Apprenticeship)

1. Cluster Name: \_\_\_\_\_

<u>Career Possibilities</u>	<u>Type of Education Needed</u> (circle all that apply)
A. _____	H A B M D O
B. _____	H A B M D O
C. _____	H A B M D O

2. Cluster Name: \_\_\_\_\_

<u>Career Possibilities</u>	<u>Type of Education Needed</u> (circle all that apply)
A. _____	H A B M D O
B. _____	H A B M D O
C. _____	H A B M D O

3. Cluster Name: \_\_\_\_\_

<u>Career Possibilities</u>	<u>Type of Education Needed</u> (circle all that apply)
A. _____	H A B M D O
B. _____	H A B M D O
C. _____	H A B M D O

# PICKING THE RIGHT CAREER CLUSTER



This is your chance to learn more about career clusters and determine which two are the best fit for you. Follow the steps below to complete this worksheet.

Step One: Write down your top three Career Clusters.

Cluster #1: \_\_\_\_\_

Cluster #2: \_\_\_\_\_

Cluster #3: \_\_\_\_\_

Step Two: Go to [www.careeronestop.org](http://www.careeronestop.org)

Step Three: Click on "Explore Careers".

Step Three: Click on "Video Library" (on left side of page).

Step Five: Click on "Career and Cluster Videos".

Step Six: Explore your top three career clusters and answer the following questions:

Cluster #1 Name: \_\_\_\_\_

List some careers in this cluster:

---

---

List some job skills needed:

---

---

Things you LIKE about this cluster:

---

---

Things you DON'T LIKE about this cluster:

---

---

Are you still interested in this cluster? Yes    No

**Cluster #2 Name:** \_\_\_\_\_

List some careers in this cluster:

---

---

List some job skills needed:

---

---

Things you LIKE about this cluster:

---

---

Things you DON'T LIKE about this cluster:

---

---

Are you still interested in this cluster? Yes    No

**Cluster #3 Name:** \_\_\_\_\_

List some careers in this cluster:

---

---

List some job skills needed:

---

---

Things you LIKE about this cluster:

---

---

Things you DON'T LIKE about this cluster:

---

---

Are you still interested in learning more about this cluster? Yes    No



# **8th Grade**



# Central High School Athletics and Activities

## ACADEMIC/HONORS

- 👤 High School Challenge
- 👤 Library Technology Club
- 👤 Math Club
- 👤 National Honor Society
- 👤 Strategy Club
- 👤 Red Raider Readers
- 👤 Chinese Club
- 👤 French Club
- 👤 German Club
- 👤 Spanish Club
- 👤 ROBO Raiders
- 👤 Robotics Club

## MUSICAL

- 👤 Central Connections
- 👤 Grand Central Station
- 👤 Jazz Ensemble
- 👤 Pep Band
- 👤 Tri-M Music Honor Society

## RECREATIONAL

- 👤 Intramural Sports
- 👤 Power/Weight Lifting
- 👤 Kettlebell Club
- 👤 Rock Climbing Wall

## SERVICE CLUBS

- 👤 Art Club
- 👤 JOCA
- 👤 Diversity Club
- 👤 Environmental Club
- 👤 Gay/Straight Alliance
- 👤 Peace Out Anti Bullying
- 👤 SADD

## SPEECH/PERFORMANCE

- 👤 Debate
- 👤 Drama Club
- 👤 Forensics
- 👤 Mock Trial
- 👤 Strategy Club

## SPORTS

- 👤 Cross Country
- 👤 Cheerleading
- 👤 Football
- 👤 Swimming
- 👤 Golf
- 👤 Dance Team
- 👤 Wrestling
- 👤 Gymnastics
- 👤 Hockey
- 👤 Basketball
- 👤 Track
- 👤 Baseball
- 👤 Ski/Snowboarding
- 👤 Volleyball
- 👤 Soccer
- 👤 Softball
- 👤 Tennis

## VOCATIONAL CLUBS

- 👤 DECA
- 👤 FBLA
- 👤 FCCLA
- 👤 Skills USA VICA



# Logan High School Athletics and Activities

*\*Please circle all activities you may be interested in during high school\**

## ACADEMIC/HONORS

- National Honor Society
- High Quiz Bowl
- Academic Decathlon
- Book Club
- French Club

## MUSICAL

- Band
- Drumline
- Jazz Band
- Marching Band
- Orchestra
- Pep Band
- Show Choir
- Twirlers

## RECREATIONAL

- Intramural Sports
- Power/Weight Lifting
- Pep Club
- Outdoor Adventures

## PUBLICATIONS

- Yearbook

## SERVICE CLUBS

- Discipline Committee
- Diversity Club
- FMP - Freshman Mentoring Program
- Ranger Renaissance
- Student Council
- TAPP
- GSA

## SPEECH/PERFORMANCE

- Debate
- Drama Club
- Forensics
- Mock Trial

## SPORTS

- Cross Country
- Cheerleading
- Football
- Swimming
- Golf
- Dance Team
- Wrestling
- Gymnastics
- Hockey
- Basketball
- Track
- Baseball
- Ski/Snowboarding
- Volleyball
- Soccer
- Softball
- Tennis

## VOCATIONAL CLUBS

- DECA
- FBLA
- FCCLA
- Skills USA VICA



Logan  
High School





**What is a GPA (Grade Point Average)?**

GPA is simply the average of a student's grades, starting with freshman year. Logan and Central High Schools use a 4.0 scale.

**Why is your GPA important?**

- \*Honor Roll  
Honor Roll = 3.0-3.49
- High Honor Roll = 3.5-3.749
- Highest Honor Roll = 3.75-4.0
- \*College Admission Requirements
- \*Class Rank
- \*Grant & Scholarship Opportunities
- \*Employment Screening

**Attendance Totals**

Tardies \_\_\_\_\_

Absences \_\_\_\_\_

Would you change anything about your attendance? If yes, what?

	<b>FIGURE YOUR (Grade GRADE)</b>	<b>CURRENT Point</b>	<b>GPA Average) GRADE POINT</b>
<b>HISTORY</b>		=	
<b>MATH</b>		=	
<b>SCIENCE</b>		=	
<b>READING</b>		=	
<b>WRITING</b>		=	
<b>ELECTIVE</b>		=	
<b>ELECTIVE</b>		=	
<b>ELECTIVE</b>		=	
<b>SCALE</b>		total	
<b>A</b>	= 4	divide by #	of grades
<b>B</b>	= 3		
<b>C</b>	= 2		
<b>D</b>	= 1		
<b>F</b>	= 0		
			<b>GPA</b>

Name \_\_\_\_\_



**PERSONAL/SOCIAL**

In high school, I would like to be involved in:

A Personal/Social goal I have is:

To achieve my goal, I will:

- 1.
- 2.
- 3.



**CAREER**

My top Career Cluster is:

Some careers in this Cluster are:

A Career goal I have is:

**Name** \_\_\_\_\_

To achieve my goal, I will:

- 1.
- 2.
- 3.



**ACADEMIC**

My learning style is:

- Auditory
- Visual
- Tactile

An Academic goal I have is:

To achieve my goal, I will:

- 1.
- 2.
- 3.



# **Academic Career Plan**



Name \_\_\_\_\_

**MY ACADEMIC CAREER PLAN**

**PERSONAL/SOCIAL**

In high school, I would like to be involved in:

**CAREER**

My top Career Cluster is:

Some careers in this Cluster/Pathway are:

**ACADEMIC**

My learning style is:

- Auditory
- Visual
- Tactile

A Personal/Social goal I have is:

To achieve my goal, I will:

- 1.
- 2.
- 3.

A Career goal I have is:

To achieve my goal, I will:

- 1.
- 2.
- 3.

An Academic goal I have is:

To achieve my goal, I will:

- 1.
- 2.
- 3.





# PROGRAM OF STUDY

Courses	Grade 9	Grade 10	Grade 11	Grade 12
Career & Technical Education				
Additional Electives 8.5 Credits				
English/ Language Arts 4.0 Credits	-English 9 -World Humanities/ Eng	-English 10 -Pre AP English	-English 11 -AP English 11	-Senior English (technical college) -College Prep English (4 yr. college) -AP English 12 (4 yr. college)
Math 3.0 Credits	-Pre-Algebra -Algebra I -Algebra I Stretch -Geometry (reg. or Honors)	-Algebra I -Geometry (reg. or Honors) -Algebra II (reg. or Honors)	-Geometry (reg or Honors) -Algebra II (reg. or Honors) -Pre-Calculus -AP Statistics	Additional 1 credit encouraged
Science 3.0 Credits	-Biology (reg. or Honors)	-Science Matters -Chemistry (reg or Honors with approval & Alg. II)	Choose at least .5 credit (from science elect.) -Chemistry (common choice for 4 yr. college & tech. college programs. Need Alg. II)	Optional-refer to college program requirements or career interest
Social Studies/ Sciences 3.0 Credits	-World History -World Humanities/ SS	-U.S. History -AP U.S. History	-U.S. Government - AP Government	-Economics -AP Microeconomics
Other Required Health: .5 Credit Physical Education: 1.5 Credit Computer: .5 Credit	-Fitness & Wellness (required class, take in 9th or 10th grade before any other PE)	*Health-Self-Awareness (recommended to take 9th or 10th grade) *Computer Requirement (choose from: CISCO, Computer Construction, Computer & Internet Applications, Emerging Web Technologies, Intro to Engineering Design, Exploring Computer Science I, Video Production & Movie Making, or Web Design)		
Work-Based Learning Options				
Other Activities				

Notes:

**Post-Secondary Options:**

2 Year College:

4 Year College:

