

TO: *Parents/Guardians of Third Grade Students*

FROM: Mrs. Melissa Norman, Supervisor of Health and Physical Education

SCHOOL YEAR: 2023-2024

SUBJECT: *Information Concerning the School District's Human Growth and Development Curriculum*

The School District of La Crosse has long provided accurate, age -appropriate health education and guidance programs that include Safety, Personal Health and Wellness, Alcohol, Tobacco, and Other Drugs, Violence Prevention, Healthy Eating, Physical Activity, Mental and Emotional Health, and Human Growth and Development concepts that have been well -received by students and approved by parents/guardians.

Human Growth and Development Curriculum including family life, is taught in grades K, 1, 2, 3, 4, 5, 6, 7, 9, 10, and in the elective holistic health class. A state statute requires that all public schools shall provide parents/guardians with an outline of the human growth and development curricular objectives offered to students in the district. If you have any questions about this aspect of our Health Education and Guidance Curriculums, contact your student's teacher or principal as soon as possible. Our expectation is that all students should receive this very important curricular content. However, if you wish to exempt your student from the Human Growth and Development (HG&D) part of the curriculum, you are required to file a written statement to that effect with their school's principal. Parents/guardians can also obtain the entire district Health Education Curriculum for review by contacting the appropriate teacher.

#### Major Objectives – Human Growth and Development

##### **Standard 1**

- SH1.5.1 List healthy ways to express affection, love, and friendship. (HBO 1)
- SH1.5.2 Identify characteristics of healthy relationships. (HBO 1)
- SH1.5.3 Describe the benefits of healthy family relationships. (HBO 1)
- SH1.5.5 Identify characteristics of a responsible family member. (HBO 1)

##### **Standard 4**

- SH4.5.1 Demonstrate effective verbal and nonverbal communication skills to promote healthy family and peer relationships.