

May Newsletter

Wrapping Up the School Year with Fun and Appreciation!

Dear State Road Parents,

May is in full swing, and the energy in our elementary school is palpable as we wrap up another year of learning and growth. It's amazing to see how far our students have come and the knowledge they've gained throughout the year.

As we approach the end, we have some exciting activities planned to celebrate their accomplishments. Please keep an eye out for important information from your child's teacher regarding year-end culmination activities. We kindly ask that you sign and return any permission slips promptly. Remember, verbal permission is no longer accepted per district policy, so let's ensure every child has the opportunity to participate in these enriching experiences. From field trips to the Children's Museum, library visits, park outings, and other adventures, we're dedicated to making these last weeks memorable and filled with fun learning opportunities!

This past week, we celebrated Educator Appreciation Week. A huge shoutout to our incredible staff members at State Road! Their dedication and hard work make all the difference in our children's lives, and we're grateful for them every day.

Mark your calendars for the upcoming PTO Carnival on Thursday, May 23rd. It promises to be an evening filled with laughter, games, and community spirit. We can't wait to see you there!

As we look ahead to the end of the school year, we want to acknowledge some staff changes. Mrs. Chris Kjos is retiring after many years of teaching P.E. at State Road. Additionally, Ms. Kathy Larson and Ms. Mandy Piper will be moving on to new adventures. We'll miss their expertise and presence in our school community, and we ask for your patience as we navigate these transitions, especially in the office.

The last day of school is Wednesday, June 5th, with dismissal at 11:45 a.m. Let's make the most of these remaining weeks, keeping the learning momentum strong while adding a sprinkle of end-of-the-year fun into the mix!

May brings a whirlwind of excitement as we close out the school year. Let's cherish these moments together and celebrate the achievements of our students and staff.

In partnership,

Mrs. Jac Lyga





All medications at school must be picked up by an adult except for Epi-Pens and inhalers. This includes over the counter medications as well. Any medication left after 14 days will be destroyed. As a reminder, if your student will take medication at school, a new school medication form is required each year for both prescription and over the counter medications. Below is a link for the school medication form:

<https://www.lacrosseschools.org/wp-content/uploads/2022/07/MEDICATION-FORM-2015.pdf>

Prescription medication requires a physician signature, over the counter medications only require a parent signature. This form is available at both clinics as well and can be faxed to State Road at 608-789-7084 attn.: Ann Winkers. Paper copies are available in the health room.

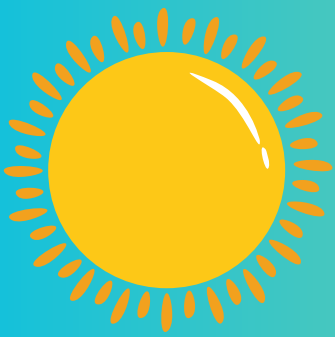
If you have any questions, please call Mrs Winkers at 608-789-3402 or email awinkers@lacrossesd.org.



REAL GIRLS RACE DAY!

Saturday, May 4th
Starts & Ends at
Riverside Park
8:00 am





END of the Year Social WORK Updates



SUMMER RESOURCES

YMCA and Boys and Girls Club offer full day programs for children. Check out their websites for registration information. Spots fill quickly!

Camp Send a Kid (for those entering 3rd-7th grade) takes place on June 18-21st. Apply for this free summer camp option at: <https://www.gatewayscouting.org/CampSendAKid>

WisCorps, UWL, Parks and Rec, and YMCA are a few organizations that offer day camp options for kids over the summer months. Visit their website or contact Rachel Hying for more information.

If you have any food, clothing, housing, or resource specific needs for the coming summer months, please reach out to Rachel Hying (rhying@lacrossesd.org) for more information.



STUDENT COUNCIL

Our Student Council remains busy at work helping make State Road an amazing place to be! Here are all of the wonderful things this group has done over the school year:

Tours to new students

Raised money for community organizations, staff prizes, and snow gear for students

Raw bake, lemonade, and hot chocolate sales

Reading our school affirmation at each assembly
Food pantry organization

Fall Fest for the whole school

Sweet treats for teachers

Star family prep

Teacher appreciation surprise

Star Staff weekly interviews and prizes



We will sure miss our 5th graders, but are excited about all this group did over the year! Thank you Student Council!

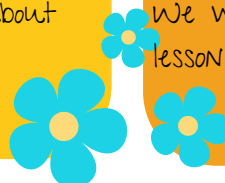
Rachel Hying will be out on maternity leave starting 5/10/24 or sooner. Daria Lapp will be covering in her absence. If you have questions/concerns contact the main office and they will connect you with the right person

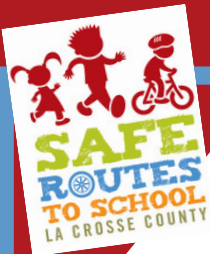


WHAT'S HAPPENING IN GUIDANCE?

As we wrap up the year we have had lessons all about safety for guidance. Classes have learned about the "Never Never Rules" and rules about our private body parts. Encourage your children to talk about these rules and review adults in their life at school and home that help keep them safe.

We will be doing a review, diversity, or self esteem lesson in classes for our final lesson in May. It has been a fun year full of learning!





STATE ROAD WALKING SCHOOL BUS

JOIN THE WALKING SCHOOL BUS ON FRIDAY MORNINGS STARTING MAY 10TH, 17TH, 24TH, AND 31ST

Route 1: Meets at 7:30 a.m. with

Route 2: Meets at 7:30 a.m. with Sharon Arentz

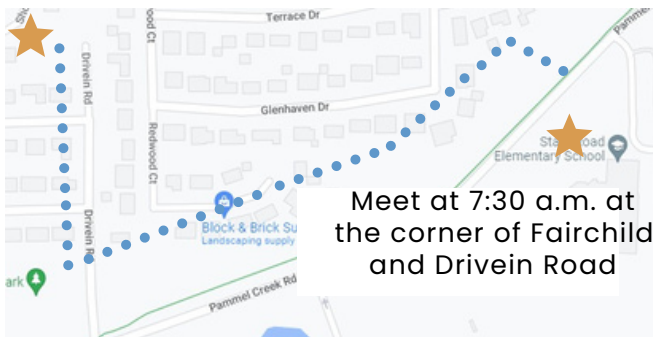
****See the back for route maps****

Weekly tokens and end-of-year prize will be given away!

We will walk rain or shine, so please dress for the weather! If there is lightning at 7:00 a.m., the walk to school will be canceled.

STATE ROAD WALKING SCHOOL BUS

Route 1

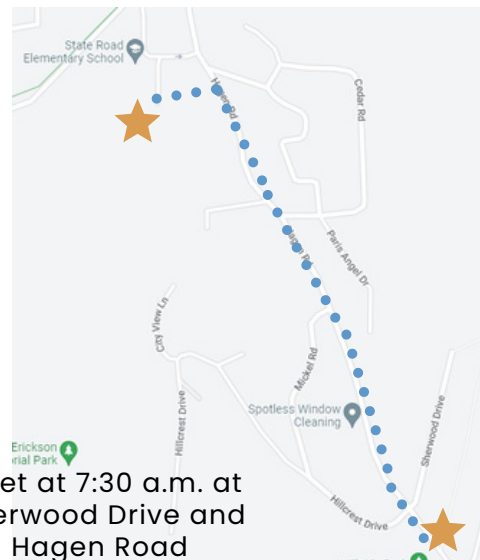


Meet at 7:30 a.m. at the corner of Fairchild and Drivein Road

Pedestrian Safety Tips

Look both ways before crossing the street
Cross at the corner and in the crosswalk.
Wear bright colors so drivers can see you.
Walk on sidewalks if you can. If there is no sidewalk, walk on the side of the street so you are facing traffic.
Walk with a parent, family member, or friend.

Route 2



Meet at 7:30 a.m. at Sherwood Drive and Hagen Road

GROW

Open Gardens

FREE
SUMMER
FUN



OPEN GARDENS FEATURE:

- Hands-on Structured Activities
- Garden Exploration
- Harvesting
- Time in Nature
- Rotating Garden Locations

9 - 11 am TUESDAYS

June 11 - August 6

Rotating School Gardens

4:00-6 pm THURSDAYS

June 13 to August 8

Kane Street Community Garden



All are welcome at our FREE Open Garden events. The calendar of locations and any weather related changes to the schedule can be found at www.GROWLaCrosse.org and on social media.

Generously sponsored by:

Altra
Federal Credit Union

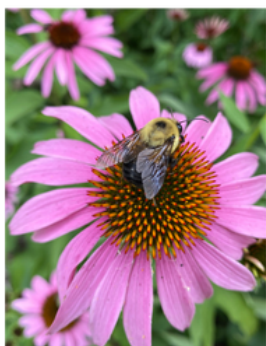
GUNDERSEN
HEALTH SYSTEM®



Honey Bees Gardens & Community

In this growing season we are diving into pollinators and diversity in plants and cultures, bringing it all together to illustrate a sense of community in our gardens, classrooms, and surrounding neighborhoods.

In Lesson 2 we will be diving deeper into honey bees and their roles in the garden and how they operate as a community. We will also relate that back to our own roles in our community. Finally, we will be prepping the garden beds for planting in the final lesson.






Plant Sale

GROW YOUR GARDEN

STARTING MAY 15th

Plant sale is ongoing while supplies last.

<p>LOCATION: Habitat ReStore 3181 Berlin Drive La Crosse, WI 54601</p>	<p>HOURS: Wednesday-Saturday 10 am to 6 pm</p>
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This event is a Habitat for Humanity and GROW collaboration. Funds raised will support the ReNew The Block project & GROW.



Rebuilding Neighborhoods and Creating Sustainable Communities

Sponsored by:



GROWLaCrosse.org • HabitatLaCrosse.org




Farm Camp

Registration is open for our fee-based farm camps to be held the week of August 5th.

Thank You Garden Sponsors





Radishes are The Harvest of the Month!

Add radishes to your favorite family meals:

- Add cubed daikon radish to a pot roast or a pan of roasted vegetables.
- Sprinkle sliced fresh radish on soup, stew, or posole.
- Eat raw radishes with plain yogurt or ricotta cheese dip.

Make meals and memories together. It's a lesson kids will use for life.

Select – Choose smooth, brightly colored radishes.

Store – Remove tops before storing. Refrigerate radishes in a plastic bag and use within 1 week.

Prepare – Rinse under cool running water.

Did you know?

Not all radishes are red. Radishes come in different sizes, shapes, colors, and flavors. Next time you are at the grocery store try a new type of radish like Watermelon, Black Spanish, or Daikon.



Nutritious, Delicious, Wisconsin!
#Witharvestofthemoth

Check out the video



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RECIPE OF THE MONTH

Quick Pickled Daikon Radish and Carrots

Serves 6

Ingredients:

- 1 cup daikon radish, scrubbed with clean vegetable brush under running water, peeled and julienned
- 1 cup carrots, scrubbed with clean vegetable brush under running water, peeled and julienned
- ½ cup apple cider vinegar
- ½ cup water
- 2 Tablespoons sugar
- ½ teaspoon salt

Directions:

Wash hands with soap and water. Pack julienned radish and carrots in clean canning jars or a glass container with a tight-fitting lid. In a medium saucepan, combine vinegar, water, sugar, and salt. Bring to a boil. Carefully pour the liquid into the jars, completely covering the vegetables. Close jars tightly and transfer to the refrigerator. Refrigerate overnight before serving. Drain before serving. Serve with sandwiches, rice bowls, wraps, or tacos. Store leftovers in a sealed jar or container in the refrigerator for up to four days.

Per serving: 30 calories, 0g fat, 0g protein, 8g carbohydrate, 1g fiber, 220 mg sodium

Source: laxf2s.org



LA CROSSE COUNTY
Health Department
Nationally Accredited



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HEALTH SYSTEM






GUNDERSEN
HEALTH SYSTEM



FOOD WISE
Healthy choices. Healthy lives.
UW-MADISON EXTENSION

May

2024

MON	TUE	WED	THU	FRI
 day 4 BREAKFAST 6 #1 Cinnamon French Toast LUNCH #1 Orange Chicken #2 Yogurt & Cheese Stick	  day 5 BREAKFAST 7 #1 Chicken Patty on a Biscuit LUNCH #1 Cheese Quesadilla #2 EZ Jammer & Cheese Stick	day 1 BREAKFAST 1 #1 Egg, Bacon & Cheese Sandwich LUNCH #1 Cheese Omelet & Pancakes #2 Yogurt & Cheese Stick	day 2 BREAKFAST 2 #1 Muffin LUNCH #1 Pizza #2 EZ Jammer & Cheese Stick	day 3 BREAKFAST 3 #1 Breakfast Pizza LUNCH #1 Corndog #2 Sub or Sandwich
day 3 BREAKFAST 13 #1 Omelet & Toast LUNCH #1 Chicken Patty #2 Yogurt & Cheese Stick	day 4 BREAKFAST 14 #1 Pancakes LUNCH #1 Chicken Taco #2 EZ Jammer & Cheese Stick	day 5 BREAKFAST 15 #1 Egg, Bacon & Cheese Sandwich LUNCH #1 BBQ Pork Sandwich #2 Yogurt & Cheese Stick	day 6 BREAKFAST 16 #1 Muffin LUNCH #1 Pizza #2 EZ Jammer & Cheese Stick	day 1 BREAKFAST 17 #1 Breakfast Pizza LUNCH #1 Hot dog #2 Sub or Sandwich
day 2 BREAKFAST 20 #1 Cinnamon French Toast LUNCH #1 Chicken Nuggets #2 Yogurt & Cheese Stick	day 3 BREAKFAST 21 #1 Chicken Patty on a Biscuit LUNCH #1 Quesadilla #2 EZ Jammer & Cheese Stick	day 4 BREAKFAST 22 #1 Scrambled Eggs LUNCH #1 Breaded Ravioli #2 Yogurt & Cheese Stick	day 5 BREAKFAST 23 #1 Breakfast Burrito LUNCH #1 Pizza #2 EZ Jammer & Cheese Stick	day 6 BREAKFAST 24 #1 Cinnamon Roll LUNCH #1 Cheeseburger #2 Sub or Sandwich
<div style="background-color: #f0f0f0; padding: 10px; text-align: center;"> NO SCHOOL! 27 </div>	day 1 BREAKFAST 28 #1 Pancakes LUNCH #1 Pork Street Taco #2 EZ Jammer & Cheese Stick	day 2 BREAKFAST 29 #1 Egg, Bacon & Cheese Sandwich LUNCH #1 Meatball Sub #2 Yogurt & Cheese Stick	day 3 BREAKFAST 30 #1 Muffin LUNCH #1 Pizza #2 EZ Jammer & Cheese Stick	day 4 BREAKFAST 31 #1 Breakfast Pizza LUNCH #1 Corndog #2 Sub or Sandwich
day 5 BREAKFAST 3 #1 Chef's Choice LUNCH #1 & #2 Chef's Choice	day 6 BREAKFAST 4 #1 Chef's Choice LUNCH #1 & #2 Chef's Choice	<div style="border: 2px solid #000; padding: 5px;"> day 1 BREAKFAST 5 #1 Chef's Choice LUNCH #1 & #2 Chef's Choice </div>	Breakfast is served with white milk. Breakfast choice #2 is cereal. Lunch includes fruit, veggie, and choice of milk.	