

Community Resources



Food & Nutrition



Cash Assistance



Child Assistance



Home & Rent



Health Insurance

Each person in your family may qualify for a different option.

1. BadgerCare Plus (Wisconsin Medicaid)

For adults and children with low or no income.



You may qualify if **income per month** is:

Family Size	Adults	Kids & Pregnant Women
1	\$0 - \$1,012	\$0 - \$3,096
2	\$0 - \$1,372	\$0 - \$4,197
3	\$0 - \$1,732	\$0 - \$5,299
4	\$0 - \$2,092	\$0 - \$6,401

Apply online: access.wi.gov

Western Consortium
1-888-627-0430

2. The Marketplace (Obamacare)

For people who don't have affordable health insurance at their job. Financial help is based on income.

You may get financial help if income is:

Family Size	Income per month
1	\$1,013 - \$4,020
2	\$1,373 - \$5,413
3	\$1,733 - \$6,807
4	\$2,093 - \$8,200

Apply online: healthcare.gov

Marketplace Call Center
1-800-318-2596

3. Medicaid SSI

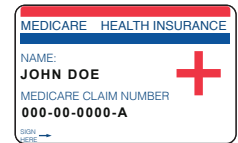
Health insurance for people who get SSI (Supplemental Security Income).



If you get SSI, you will get Medicaid SSI. You don't need to apply for Medicaid.

4. Medicare

For ages 65 or older, or have Social Security Disability, or end-stage kidney disease.



The Medigap Helpline
1-800-242-1060

5. Katie Beckett Program

For children with a disability or serious health needs.

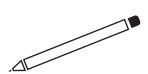


The Parenting Place
608-397-8850

Find In-Person Help!

Need help with an application? Dial 2-1-1 for local organizations.

Local help:



Food & Nutrition

1. Food Pantries

Give food to anyone who needs it.
Dial 2-1-1 to find local pantries.



2. FoodShare (EBT or Food Stamps)

Gives you a QUEST card to buy food at stores and farmer's markets.



Apply online: access.wi.gov

Western Consortium

1-888-627-0430

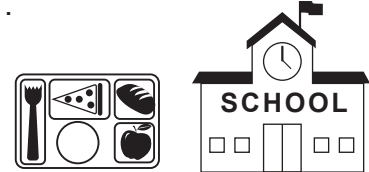
3. WIC (Women, Infants, & Children)

Gives food and support to pregnant women and kids under age 5.

La Crosse County Health Department
608-785-9865

4. Free/Reduced School Meals

Call your child's school for more information.



You may qualify if income is:

Household Size	1	2	3	4	5	Additional Persons
Income before taxes	\$0 - \$2,010 per month	\$0 - \$2,707 per month	\$0 - \$3,404 per month	\$0 - \$4,100 per month	\$0 - \$4,797 per month	Add +\$697 per month

Child Assistance

1. Birth to 3 Program

For children with delays or disabilities under age 3.
For all income levels.

Intake and Referral Team
608-784-1035

2. Wisconsin Shares

Helps pay for childcare.

Apply online: access.wi.gov

Western Consortium
1-888-627-0430

3. Head Start/Early Head Start

Education for young children and parents services.

Visit whsaonline.org for more information

You may qualify if income is:



Household Size	1	2	3	4	5	Additional Persons
Income before taxes	\$0 - \$1,859 per month	\$0 - \$2,504 per month	\$0 - \$3,148 per month	\$0 - \$3,793 per month	\$0 - \$4,437 per month	Add +\$644 per month

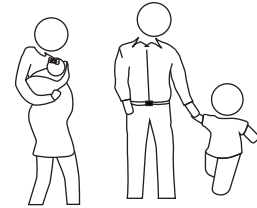
La Crosse County

Cash Assistance

1. Wisconsin Works (W-2 or TANF)

Short-term work program for low-income parents and pregnant women. You may get monthly payments and other services.

Workforce Connections, Inc. - La Crosse
1-855-418-9332, press 1



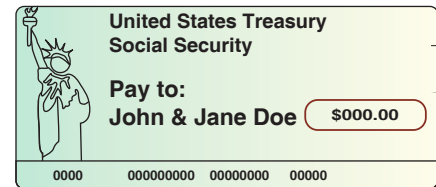
2. Supplemental Security Income (SSI)

For older adults, people who are blind, or disabled and have low or no income. You will also get Medicaid SSI health insurance.

La Crosse location
1-866-770-2345

3. Social Security Disability Insurance (SSDI)

For people with disabilities and some of their family members. You had to work enough years and paid Social Security taxes.



You may qualify if income is:

Household Size	1	2	3	4	5	Additional Persons
Income before taxes	\$0 - \$2,010 per month	\$0 - \$2,707 per month	\$0 - \$3,404 per month	\$0 - \$4,100 per month	\$0 - \$4,797 per month	Add +\$697 per month

Home & Rent

1. Help with Rent & Shelters


You may be able to get a low rent apartment, section 8, or public housing. Dial 2-1-1 for local help.



2. Wisconsin Home Energy Assistance

Pays some of your heating and electric costs.

Go to homeenergyplus.wi.gov & click on "where to apply" or call 1-866-432-8947

 Home programs may depend on your income.

Additional Resources



1. Free Clinics and Community Health Centers

Free clinics help people for free. Community Health Centers have financial help to lower the bill.

To find a location, dial 2-1-1 or visit dhs.wi.gov/forwardhealth/clinics.htm

2. Family Planning Only Services

For men, women, and teens to get sexual health check-ups, tests, and supplies to prevent pregnancy.

Apply online: access.wi.gov

Western Consortium
1-888-627-0430

3. Wisconsin Well Woman Program

For women ages 45 – 64 with little or no health insurance. Tests for breast cancer and other women’s health services.

La Crosse County Health Department
608-785-9723

4. Aging and Disability Resource Center (ADRC)

Local offices help older adults and people with disabilities.

ADRC of La Crosse County
608-785-5700

5. Legal Help

Free legal help for people with low or no income.

Legal Action of WI - La Crosse office
1-800-873-0927

6. _____

7. _____

