



Gearing up

For Central High School

December 2015



LOTS OF WAYS TO
GET INVOLVED...

From academics

To

co-curricular activities
including athletics,
music, clubs and
more!



OPPORTUNITIES

Central High School Administrative Team

Principal – Mr. Fleig

Associate Principal – Mr. McDonald

Dean of Students – Mr. Axness

Activities Director – Mr. Beran

School Counselors

Mrs. Bertram

Mr. Schmidt

Ms. Thompson

Mrs. Tomesh

Graduation Requirements

| | |
|--------------------|-------------|
| English | 4.0 credits |
| Social studies | 3.0 credits |
| Science | 3.0 credits |
| Math | 3.0 credits |
| Physical Education | 1.5 credits |
| Health | 0.5 credit |
| Personal Finance | 0.5 credit |
| Electives: | 8.5 credits |

Total Credits: 24 credits

Selecting the right courses

Use the 9th grade course guide to learn which core classes are best for you. This guide can also be used to learn more about elective courses.

Take 6, 6.5 or 7 credits. Freshmen are not encouraged to take more than 7 credits.

Selecting the right courses for YOU

Choose classes that are best for you

Explore your interests, challenge yourself and think about what you would like to do after high school. (see p. 3 In Course Guide for college entrance information).

Talk with your parents

Talk with your middle school teachers and counselor if you have questions.

Completing the registration sheet

- Use pencil
 - Don't forget to put your name on the form
 - Circle both the course number and entire course name
 - Have your parents sign the form
-

Core Classes

(sign up for 1.0 credit in each area)

- Language Arts (p. 7)
 - Math (p. 7)
 - Science (p. 8)
 - Social Studies (p. 8)
-

Other Requirements

- PE (p. 9) 1.5 credit required
Fitness/Wellness is recommended for 9th graders
 - Health (p. 8) 0.5 credit required
Health (Self-Awareness is recommended 9th or 10th grade)
 - Personal Finance 0.5 credit required, can be taken during grades 10-12.
-

Sample 9th Grade Schedule

with 7.0 credits

Semester 1

Period 1 : Spanish II

Period 2: Algebra I

Period 3: Health/ Self Awareness

Period 4: Study Hall

Period 5: English 9

LUNCH

Period 6: Foods for Life

Period 7: Honors Biology

Period 8: World History

Semester 2

Period 1 : Spanish II

Period 2: Algebra I

Period 3: Study

Period 4: Fitness/Wellness

Period 5: English 9

LUNCH

Period 6: Woods I

Period 7: Honors Biology

Period 8: World History



- AVID is a 9th through 12th grade system to prepare students in the academic middle for four year college eligibility.
 - AVID elective class supports students as they tackle the most rigorous classes.
 - AVID students are encouraged to enroll in honors and Advanced Placement classes.
-



**LONGFELLOW REGISTRATION
FORMS ARE DUE:**

December 11 to your homeroom teacher

Summer School Options for 9th graders

- Is summer school right for you?
Check the summer school dates
 - Earn 0.5 credit in:
 - Health: Self-Awareness
 - PE: Fitness/Wellness
 - Watch for summer school forms to come out in February.
-

Welcome to CHS!

- Watch for information about the LINK Crew Freshmen Orientation which is scheduled for August
- Make the most of your 8th grade year
- We look forward to Central in the fall!
- Questions?



