



Emerson Edition

May 31, 2024

Visit our website at www.lacrosseschools.org/emerson

EMERSON ELEMENTARY
2101 Campbell Road

Email emerson@lacrossesd.org

Telephone (608) 789-7990

Fax (608) 789-7171



News from the Principal

Hello Emerson Friends and Families,

The end of our school year has come. When one door closes, another (or many) opens. To all of our 5th grade students, congratulations and good luck as you all move forward to bigger things next school year. To the students that will be returning next year to Emerson, we are excited to hear about all of your summer adventures.

For those that are moving on for whatever reasons, we say, "See you later." We hope that your time at Emerson has been rewarding and fulfilling. Whenever you happen to be in the neighborhood again, you are always welcome to stop in and say hello.

I hope everyone's summer adventures are exciting, fun and safe.

Stay well and have fun.

Eric Check, Principal

Reminder

Last Day of School
Weds. June 5th
12:10PM Early Dismissal

Summer School
Kinderappers, Preschool Pals,
Elementary Reading & Math
July 8th thru August 2nd

Student Info Update
Opens
July ???

School Picture Day
Tuesday, August 27th
4K/KG/Staff 1-4pm
Grades 1-5 4-6pm

Fall Open House
Tuesday, August 27th
5-6pm

**Don't miss
SPORTS
opportunities!**



VIRTUAL BACK PACK

This is where you can find out about different events, programs, and opportunities for your child(ren) in the community.

<https://www.lacrosseschools.org/parents/virtual-backpack/>



Click [here](#) to access Emerson's breakfast & lunch menus, meal prices, & nutritional information.

Food Pantry at Emerson

The Emerson Food Pantry is available for families in need.

If you would like to receive a bag or donate to the food pantry, please contact

Michelle Torgerson
Emerson School Counselor
mtorgers@lacrossesd.org



Upcoming Announcements & Events

Last Day of School Reminders!

- Dismissal bell is 12:10 p.m.
- Lunch will be served to students before they leave.
- Please check lost and found for any missing items.
- Be sure all school distributed materials and devices are returned to school (ex. library books, iPads, chargers, etc.).
- Check unpaid balances in Skyward (ex. library, nutrition)
- Be sure to check backpacks for report cards and yearbooks that will be sent home in the coming days.



Summer School

Registration is still available for Foundation courses for Summer programming, but Enrichment course registration has closed. Please contact our main office if you would like to register your child or have any questions.



Retirements!

Please help us in congratulating the retirement of the following Emerson Staff Members:

- Carolyn Smith—Administrative Assistant
- Mary Lindahl—School Nutrition Director
- Jennifer Ruetten—Academic Coach
- Jim Jessesky—Custodian



From the Health Room: School Medications!

Please be sure to stop by the main office in the coming days to collect any prescription or over the counter medications for your student! Any remaining or over the counter medications will be disposed of Friday, June 14th unless your student is in summer school and arrangements have been made in advance.

Last Day of School Reminders:

- Medication **will not** be administered after 12:00 P.M. on June 5th
- Medication will **not** be sent home with your student for safety reasons.
- When refilling prescriptions from now until the end of the year, kindly only send enough to finish out the year.

Upcoming Announcements & Events

School Toolbox Fundraiser!

While this school year is just finishing up, we are already planning for next school year! Be prepared and help raise money for Emerson by ordering your 2024-2025 school supplies through schooltoolbox.com! The supplies are name brand and there are options to donate additional supplies to the classroom or the school in general for students in need. Please email Kelly Masche with any questions at kmasche@lacrossesd.org.



Let us do your shopping

So you can spend your time doing more important things.

Quality school supplies. **Ordered from home.**

- Name brands you trust
- Teacher approved supplies
- Satisfaction guaranteed
- Outstanding customer service

schooltoolbox.com



SCHOOL TOOL BOX
800-952-1119

Lost and Found Items

Be sure to stop by and claim any lost and found items before leaving for summer!

Missing an Item?

LOST & FOUND



Our Lost & Found bins are currently overflowing. Please stop by before or after school to check for any missing items.

Unclaimed items at the end of the month may be donated or tossed.

4K Marsh Excursions

The children in 4K spent the month of May learning about the animals living in the marsh habitat. They learned concepts about herons, geese, ducks, turtles, dragonflies, and muskrats. They took three walks to the marsh to witness the animals in their native surroundings. Did you know a muskrat can stay under water for over ten minutes? Ask a preschooler, they can tell you that and more!



Emerson Parent Teacher Organization

Questions? lacrosseemersoneagles@gmail.com

PTO goals:

- To support the education of children at Emerson Elementary
- Foster relationships
- Raise and distribute funds for initiatives that enhance student learning and safety

What PTO does:

- Raise and allocate funds for student and staff needs
- Meet once/month to discuss current issues and initiatives

Join Us!

Sign up for emails

Facebook Group

Upcoming Meetings:

See you next school year!



Thank you, Emerson community for funding:

- Busing for field trips
- Annual teacher reimbursements
- Mini grants to support student learning
- Teacher and staff appreciation gifts
- Meals for teachers during conferences
- End of the year celebrations

- Scan codes and raise funds today:
https://youtu.be/ZfUGb_3JzZg



Double-Click Page to Access Links



SCHOOL DISTRICT OF LA CROSSE 2024-2025 4K Preschool Registration

****New Student Online Enrollment for the 2024-25 school year
will open on January 3rd, 2024****

Students **must be 4 years old on or before September 1, 2024** to enroll into 4K Preschool.

4K Preschool Registration is a **2-step process**:

1. New Student Online Enrollment (opens **January 3rd, 2024**)
2. 4K Preschool Site Selection (opens **March 18th, 2024**). Families will receive emailed information on the site selection process after the New Student Online Enrollment (Step 1) has been completed.



Step 1— New Student Online Enrollment opens on January 3rd, 2024 to enroll your 4-year-old for the 2024-2025 school year.



- Visit our 4K Preschool Enrollment page at <https://www.lacrosseschools.org/enrollment/preschool/> or scan the QR code and select whether you're an existing family or a new family to the district.
 - **Existing Family in District:** You will log in using your Skyward family account information and click the New Student Online Enrollment on the top left.
 - **New Family in District:** If you are new to the school district, follow the prompts to create an account and complete the New Student Online Enrollment process in Skyward.
- You may upload or email a picture of the student's birth certificate and your proof of address to the New Student Online Enrollment application or email to preschool@lacrossesd.org. These documents must be submitted to secure your site selection on March 18th.
- **Note: If you want to participate in 4K site selection when it opens on March 18th, your student's 4K enrollment must be completed by March 1st. Applications submitted after March 18th will be processed as soon as possible.**

Families are welcome to come into Hogan Administrative Center (807 East Avenue South La Crosse, Wisconsin - Monday-Friday 7:30am-3:30pm) to complete the enrollment process on a computer if needed.

4K Preschool Office
preschool@lacrossesd.org
608-789-7006





Back2School

Need Help with School Supplies?

All needing help with receiving some free school supplies are welcome to participate in the Back2School Program. **Begin by filling out an online application at www.cclse.org.** If you need assistance with filling out the application, please call Catholic Charities at 608-782-0710, M-TH, between 9 am and 4 pm. The front desk volunteers will be available to assist you.

There will be four Back2School events where families can pick up supplies. Please choose your pick up location when you fill out your application.

Back2School Pick Up Locations, Dates, & Times

- Erickson BGC (*Northside students only) – July 9: 5 pm – 7 pm – 1331 Clinton Street, La Crosse**
- La Crosse Center – August 6: 1 pm – 6 pm – Arena Floor**
- La Crosse Center – August 7: 8 am – 12 pm – Arena Floor**
- Mathy BGC – August 20: 5 pm – 7 pm – 811 8th Street South, La Crosse**

*Please note – the event held on July 9th at the Erickson – Boys and Girls Club will only be for students who attend Northside Elementary.

- Immunizations for all school aged children without insurance or with BadgerCare will be available at no additional charge during each of the Back2School Fairs.
- Dental screening, teeth cleaning, fluoride varnish, and sealants will be offered at no charge to all school aged children during each of the Back2School Fairs.
- Information and sign-up/scheduling for lead testing and other free services offered through La Crosse County will be available as well.

Please understand our Back2School supply program is a supplemental program. We will do our best to make sure basic requests are met. If your family does not need help with Back2School supplies, but would like to assist fellow students that do, please join us by donating backpacks, school supplies or school clothing. Learn how you can join the efforts by calling one of the collaborators listed below or visiting www.cclse.org. Thanks!





EMERSON ELEMENTARY SCHOOL SUPPLY LIST 2024-25

All K-5 Students Need

BACKPACK (without wheels)

TENNIS SHOES for Physical Education

Kindergarten Families

They do not need a separate pair of shoes left at school but will need to wear tennis shoes on P.E. days. Please send Velcro shoes if your child is unable to tie.

PRESCHOOL

- 1 Roll of Paper Towel
 - 1 Box of Kleenex
 - 1 Box of Snack
 - 1 Plastic Folder
 - 1 Container of Clorox Wipes
 - 1 Bottle Elmer's Glue
 - Backpack-large enough to hold a folder.
 - Extra set of clothing
- Our preschool teacher would appreciate additional donations of small paper plates and gallon size Ziploc bags.*

FIRST GRADE

Last Name A to L: 1 Box of Gallon Size Zip-Loc Bags

Last Name M to Z: 1 Box of Quart Size Zip-Loc Bags

Some items may be used as community supplies.

- 1 Blue Spiral Notebook (label inside cover with child's name)
- 1 Green Spiral Notebook (label inside cover with child's name)
- 2 Sturdy Plastic Home Folders (label inside cover with child's name)
- 2 Boxes of Crayola Markers - Basic 10 colors and no thin markers (label with child's name)
- 1 Box of 24 Crayola Crayons (label with child's name)
- 2 Packs of Black Expo Dry Erase Markers
- 2 Pink Erasers (no pencil top erasers)
- 1 WHITE Three Ring Binder with Clear View Cover (label inside cover with child's name)
- 1 Package of Napkins
- 2 Large Containers of Clorox Wipes
- 1 Pair of Headphones - no earbuds, please (label with child's name) - **Requires USB-C port or adaptor**
- 1 Box of Crackers for Snack (label with child's name)
- 2 Boxes of Kleenex
- **Please: No Locker Accessories, Pencil Sharpeners, or Scissors**

KINDERGARTEN

Last Name A to L: 1 Package of Snack Size Zip-Loc Bags

Last Name M to Z: 1 Package of Gallon Size Zip-Loc Bags

Some items may be used as community supplies.

- 2 Boxes of Kleenex
- 4 Large Glue Sticks (1.4 oz or larger) - please NO small glue sticks as these run out too quickly
- 2 Boxes of Crayola Markers (basic 10 colors - no thin markers)
- 1 Box of Crayola Crayons
- 2 Spiral Notebooks (please label with child's name)
- 2 Green Plastic Folders (please label with child's name)
- 2 LARGE Containers of Clorox Wipes
- 1 Pair of Headphones (please label with child's name) - no earbuds - **Requires USB-C port or adaptor**
- 1 Package of Clear Page Protectors (25 sheets or more)
- 1 One Inch WHITE 3-Ring Binder with Clear View Cover
- 1 Package of Ticonderoga Pencils
- 1 Pair of Child's Fiskars Scissors
- 1 Box of Family Sized Crackers
- 1 Package of Napkins

The kindergarten teachers would appreciate additional donations of Kleenex and 1" white 3-ring binders with clear view covers.

SECOND GRADE

Last Name A to M: 2 Black Sharpies

Last Name N to Z: 25 Pack of Page Protectors

Some items will be used as community supplies.

- 1 Box of Colored Pencils
- 12 No. 2 Pencils (sharpened - prefer Ticonderoga)
- Pencil Box
- 2 Black Dry Erase Markers
- 2 Box of Colored Markers
- 4 Folders (1 Red, 1 Blue, 1 Green, 1 Yellow - label with name)
- 4 Wide-Ruled Notebooks (1 Red, 1 Yellow, 1 Green, 1 Blue - please label with name)
- 2 Sturdy Plastic Home Folders with prongs (please label with name)
- Scissors (Fiskars for kids recommended)
- 2 Large Pink Erasers
- 1 Container of Clorox Wipes
- 2 Large Boxes of Kleenex
- Headphones (to plug into iPads) - **Requires USB-C port or adaptor**
- 1 One Inch White Binder (3-ring with clear view cover)

The 2nd grade teachers would appreciate additional donations of scissors, Kleenex, markers, headphones, and boxes of crackers to share.

THIRD GRADE

Last Name A to L: 1 Box of Zip-Loc Bags (*gallon size*)

Last Name M to Z: 1 Container of Clorox Wipes

- 1 Dozen No. 2 Pencils (*sharpened – prefer Ticonderoga*)
- 1 Box of Colored Pencils
- 3 Large Pink Erasers
- 1 Box of 24 Crayons
- 2 Boxes of Markers
- 4 Large Glue Sticks
- 1 Bottle of Glue
- School Box (*no bigger than 9" x 6" x 3"*)
- 2 Black Dry Erase Markers (*to share*)
- 1 Yellow Highlighter
- 1 Pair of Scissors
- 6 Spiral Wide-Ruled Notebooks
- 4 Two-Pocket Folders
- 1 Sturdy Plastic Two-Pocket Home Folder
- 1 Large Box of Kleenex (*to share*)
- 1 Package of Napkins (*to share*)
- 1 Pair of Earbuds or Headphones - **Requires USB-C port or adaptor**
- 2 Boxes of Crackers (*to share*)
- 3 Black Sharpie Markers

The 3rd Grade teachers would appreciate additional donations of markers, Kleenex, earbuds/headphones, and sharpie markers.

FIFTH GRADE

- \$5 for Assignment Notebook
(*pay on-line in Family Access, check/money order payable to "School District of La Crosse" or cash*)
- 2 Boxes of No. 2 Pencils (*sharpened*)
- 1 Package of Colored Pencils
- 1 Package of Broad Dry Erase Markers
- 1 Package of Markers
- 1 Large Pink Eraser
- 2 Large Glue Sticks
- 4 Composition Notebooks
- 2 Sturdy Pocket Folders
- 1 Three-Ring Binder (*1½ inch, hardcover*)
- 2 Packages of Post-It Notes (*1½" x 2" and 3" x 3"*)
- 1 Pair of Large Scissors (*labeled with child's name*)
- Watercolor Paints
- 1 Package of Loose-Leaf Paper
- 2 Boxes of Kleenex
- 1 Pair of Earbuds or Headphones - **Requires USB-C port or adaptor**
- 1 Container of Clorox Disinfecting Wipes
- 1 Can of Tennis Balls

The 5th Grade teachers would appreciate additional donations of markers, glue sticks, scissors, Ziploc bags (quart or gallon size), and classroom snacks.

FOURTH GRADE

Last Name A to L: 1 Box of Zip-Loc Sandwich Bags, 1 Roll of Masking Tape*

Last Name M to Z: 1 Box Gallon Size Ziploc Bags*, Hand Sanitizer*

- \$5 for Assignment Notebook
(*pay on-line in Family Access, check/money order payable to "School District of La Crosse" or cash*)
- 3 Spiral Notebooks (any color)
- 2 Dozen No. 2 Ticonderoga Pencils*
- 1 Box of Colored Pencils
- 1 Box of Markers
- 2 Sharpie Markers (black)*
- 1 Large Pink Eraser
- 2 Dry Erase Markers*
- Dry Marker Eraser*
- 2 Highlighters*
- 1 Pair of Big Scissors
- 1 Package of Loose-Leaf Paper – Wide-Ruled
- 2 Pack of Post-It Notes (*any size*) *
- 3 Pocket Folders (*any 3 different colors*)
- 4 Glue Sticks*
- 2 Large Boxes of Kleenex*
- 1 Pair of Earbuds or Headphones (*please label with child's name*) - **Requires USB-C port or adaptor**
- 1 Container of Clorox Wipes*
- 2 Boxes of Snacks to Share (crackers, granola bars, etc.) *

**Indicates community supplies*

The 4th grade teachers would appreciate additional donations of Ticonderoga pencils, dry erase markers, Clorox wipes, snacks, and earbuds.

SPECIAL EDUCATION - DONATIONS

Special Education is looking for donations of the following items:

- Headphones - **Requires USB-C port or adaptor**
- Clorox Wipes
- Kleenex
- Individually Packaged Snacks



PARENTING TIPS *podcast*

A podcast series to help parents of young or school aged children - From Child and Family Therapist, Jeff Reiland, MS.

EACH PODCAST IS FILLED WITH INFORMATION ABOUT:

- Why parenting well is so important for the physical and mental health of your child.
- What tools you can use to create the best possible relationship with your child.
- What the science of child development and parent-child relationships tell us works... and what does not work.
- Suggestions for what you can do - starting today - to become a more effective parent and have happier and healthier children.



SCAN THE QR CODE

to access the parenting tips website. <https://bit.ly/3OJ56Jr>, or Search Spotify & Youtube - Find under the Podcast category using keywords Jeff Reiland or Gundersen Health.

GUNDERSEN
HEALTH SYSTEM.



Mental Health **FIRST AID**

from NATIONAL COUNCIL FOR MENTAL WELLBEING

YOUTH MENTAL HEALTH FIRST AID

- **A COURSE FOR PARENTS, CAREGIVERS, ANYONE WHO SUPPORTS YOUTH TO LEARN HOW TO IDENTIFY SIGNS OF MENTAL HEALTH AND SUBSTANCE USE CHALLENGES AMONG YOUTH AGES 12-18**



**TUESDAY,
JUNE 11TH,
8:30-4:00PM**

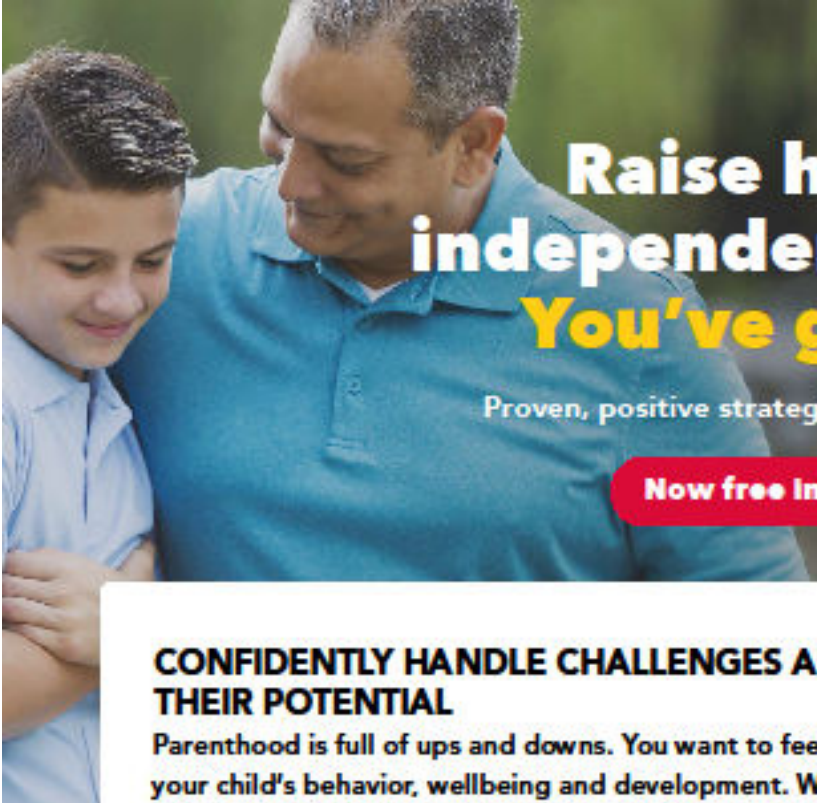
- **REGISTRATION REQUIRED**
- **FOLLOW LINK OR SCAN QR TO REGISTER:**
[HTTPS://FORMS.GLE/LEYSRSWAQPTOVF6F9](https://forms.gle/LEYSRSWAQPTOVF6F9)

**FREE &
IN-PERSON**

SCAN TO REGISTER



Sponsored by
Better Together in La Crosse County
Boys & Girls Clubs of La Crosse
School District of La Crosse
La Crosse Area YMCA



Raise happily independent children You've got this!

Proven, positive strategies to help every family

Now free in Wisconsin

CONFIDENTLY HANDLE CHALLENGES AND HELP CHILDREN REACH THEIR POTENTIAL

Parenthood is full of ups and downs. You want to feel more confident and less stressed as you guide your child's behavior, wellbeing and development. With Triple P Online, you can:

- Create the best space for your child's development.
- Feel peace of mind in handling each new age, stage and situation.
- Use simple strategies, backed by proven methods.

Free support for your positive parenting journey

Now, you can do Triple P programs online, at no cost. Give your kids key life skills and help the whole family stay calm and positive. What to expect:

- Easy-to-use online programs with videos and fun interactive learning.
- Each module only takes about an hour or less. You can do them in just a few minutes at a time.
- Do it on your phone, computer, or tablet, when you can.

The Triple P – Positive Parenting Program® includes four online programs to fit your family's needs:

TRIPLE P ONLINE

for parents/caregivers of children under 12 years old

TEEN TRIPLE P ONLINE

for parents/caregivers of pre-teens and teens 10 years and older

FEAR-LESS TRIPLE P ONLINE

for parents/caregivers of children (6 years and older) who are often anxious

TRIPLE P ONLINE FOR BABY

for parents-to-be and new parents (of babies up to 12 months old)



START TODAY – IT'S COMPLETELY FREE!

Triple P online programs are FREE to all parents and caregivers in the State of Wisconsin

Register now:

triplep-parenting.com/wisconsin



**HARVEST OF THE MONTH
NEWSLETTER
JUNE 2024**

Farm Highlight



Jolivette Farms: W3452 State Road 16
West Salem, WI 54669

Jolivette Farms is a 500 acre farm, raising strawberries on 13 of them! June is the perfect time to visit this local farm to pick your own strawberries and pick up other fruits and vegetables that are grown on their remaining 487 acres during the rest of the growing season. This 54 year-old farm has been sustainably supporting the 7-Rivers communities ever since its purchase by John Jolivette in 1970! Visit their Facebook page or website for more information on hours and produce availability.



FUN FACTS:

- Strawberries are the only fruit with the seeds on the outside. There are on average 200 seeds per strawberry!
- Strawberry plants are perennials, meaning they will come back every year after being planted!
- Strawberries are a member of the rose family!

Nutrition Info:
One cup of whole strawberries has 46 calories and provides vitamin C, fiber and folate

PICK:

Choose brightly colored berries with green caps attached. Avoid berries with soft spots or mold.

STORE:

Refrigerate unwashed berries in a non-airtight container and use within a couple of days. To freeze, place clean, hulled berries in a single layer on a cookie sheet and freeze, then place in a sealed plastic bag and use within 1 year.

PREPARE:

Rinse under cold water and remove green tops just before consuming!

USE:

Make fruit kebabs with strawberries, watermelon, grapes, cantaloupe, blueberries and pineapple! Strawberries are a great addition to breakfast on pancakes, waffles cereal or parfaits. Dip fresh berries in melted dark chocolate for a treat!

Recipe of the month

Strawberry Yogurt Pops

Serves 4



- 1 cup low-fat strawberry yogurt
- 6 large strawberries
- 1 ice cube tray (or paper cups)
- Popsicle sticks

Directions:

1. Wash hands with soap and water
2. Cut strawberries into small pieces.
3. Mix fruit and yogurt.
4. Divide into 4 small paper cups (or 8 ice cubes) and place in popside sticks.
5. Freeze.
6. Enjoy as a frozen treat.

Per serving: 65 calories, 1g fat, 2g protein, 14g carbohydrate, 1g fiber, 30mg sodium

Source: laxf2s.org



LA CROSSE COUNTY
Health Department






GUNDERSEN
HEALTH SYSTEM.



FOOD WISE
UW-MADISON EXTENSION

Coulee Region Farm to School is a partnership between UW-Madison Division of Extension, LaCrosse County Health Department, Mayo Clinic Health System-Franciscan Healthcare, Gunderson Health System, and the School Districts of Bangor, LaCrosse/Hokah, Holmen, LaCrosse, Onalaska, and West Salem.

May 2024

MON	TUE	WED	THU	FRI
 day 4 BREAKFAST #1 Cinnamon French Toast LUNCH #1 Orange Chicken #2 Yogurt & Cheese Stick	 day 5 BREAKFAST #1 Chicken Patty on a Biscuit LUNCH #1 Cheese Quesadilla #2 EZ Jammer & Cheese Stick	 day 1 BREAKFAST #1 Egg, Bacon & Cheese Sandwich LUNCH #1 Cheese Omelet & Pancakes #2 Yogurt & Cheese Stick	day 2 BREAKFAST #1 Muffin LUNCH #1 Sausage Pizza #2 EZ Jammer & Cheese Stick	day 3 BREAKFAST #1 Breakfast Pizza LUNCH #1 Chef's Choice #2 Grilled Cheese
day 3 BREAKFAST #1 Mini Bagels w. Cream Cheese LUNCH #1 Grilled Chicken Burger #2 Yogurt & Cheese Stick	day 4 BREAKFAST #1 Pancakes LUNCH #1 Beef Taco #2 EZ Jammer & Cheese Stick	day 6 BREAKFAST #1 Scrambled Eggs LUNCH #1 Lasagna Roll-up #2 Yogurt & Cheese Stick	day 1 BREAKFAST #1 Breakfast Burrito LUNCH #1 Cheesy French Bread #2 EZ Jammer & Cheese Stick	day 2 BREAKFAST #1 Cinnamon Roll LUNCH #1 Chef's Choice #2 Sub or Sandwich
day 2 BREAKFAST #1 Cinnamon French Toast LUNCH #1 Orange Chicken #2 Yogurt & Cheese Stick	day 3 BREAKFAST #1 Chicken Patty on a Biscuit LUNCH #1 Walking Taco #2 EZ Jammer & Cheese Stick	day 5 BREAKFAST #1 Egg, Bacon & Cheese Sandwich LUNCH #1 BBQ Pork Sandwich #2 Yogurt & Cheese Stick	day 6 BREAKFAST #1 Muffin LUNCH #1 Personal Cheese Pizza #2 EZ Jammer & Cheese Stick	day 1 BREAKFAST #1 Breakfast Pizza LUNCH #1 Chef's Choice #2 Sub or Sandwich
NO SCHOOL! day 5 BREAKFAST #1 Cinnamon French Toast LUNCH #1 Chef's Choice #2 Yogurt & Cheese Stick	day 1 BREAKFAST #1 Pancakes LUNCH #1 Pork Street Taco #2 EZ Jammer & Cheese Stick	day 2 BREAKFAST #1 Egg, Bacon & Cheese Sandwich LUNCH #1 Meatball Sub #2 Yogurt & Cheese Stick	day 3 BREAKFAST #1 Muffin LUNCH #1 Pepperoni Pizza #2 EZ Jammer & Cheese Stick	day 4 BREAKFAST #1 Breakfast Pizza LUNCH #1 Chef's Choice #2 Sub or Sandwich



Breakfast is served with white milk.
 Breakfast choice #2 is cereal.
 Lunch includes fruit, veggie, and choice of milk.