

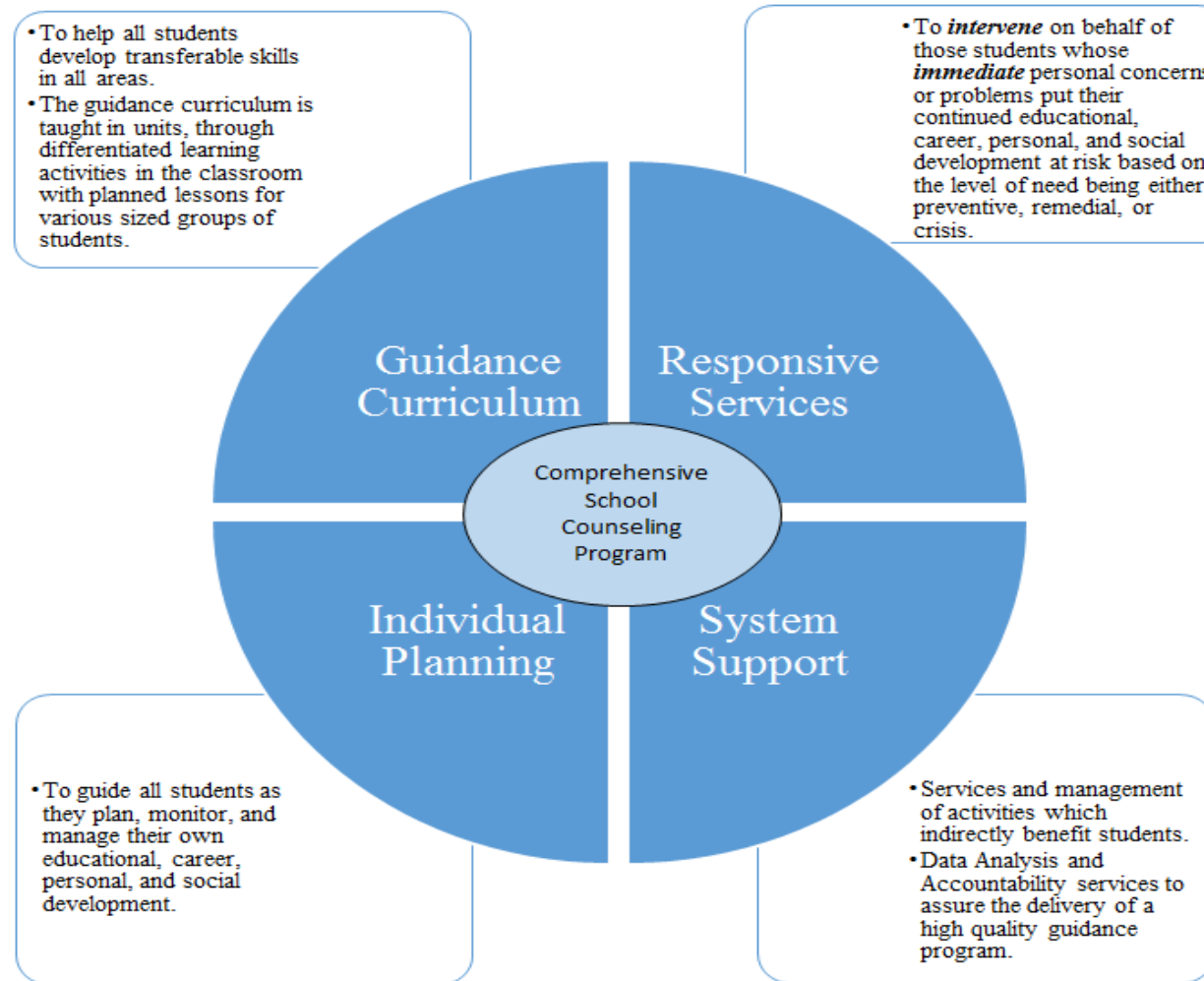
LCISD

Whole Child Safety & Wellness Model

Rationale

- LCISD is augmenting the Comprehensive Guidance Model to include a broader and deeper support of our students with the new Whole Child Safety and Wellness Model.
- This model addresses the TEA required Comprehensive Guidance Model while expanding our support in the following areas:
 - Growth Mindset
 - Environmental Wellbeing
 - Mental Health

Required Four Service Delivery Components of the Texas Model for Comprehensive School Counseling Programs



Guidance Curriculum

The purpose of the guidance curriculum component is to help all students develop basic life skills. In Texas, seven areas (Texas 7) have been identified for the guidance curriculum:

- Self-confidence Development
- Motivation to Achieve
- Decision-making, Goal-setting, Planning, and Problem-solving Skills
- Interpersonal Effectiveness
- Communication Skills
- Cross-cultural Effectiveness
- Responsible Behavior

Responsive Services

The purpose of the responsive services component is to intervene on behalf of those students whose immediate personal concerns or problems put their continued personal-social, career, and/or educational development at risk.



Individual Planning



The purpose of the individual planning system is to guide all students as they plan, monitor, and manage their own educational, career, and personal-social development.

System Support

Whereas the three components previously described serve students directly, the system support component describes services and management activities which indirectly benefit students. The services include:

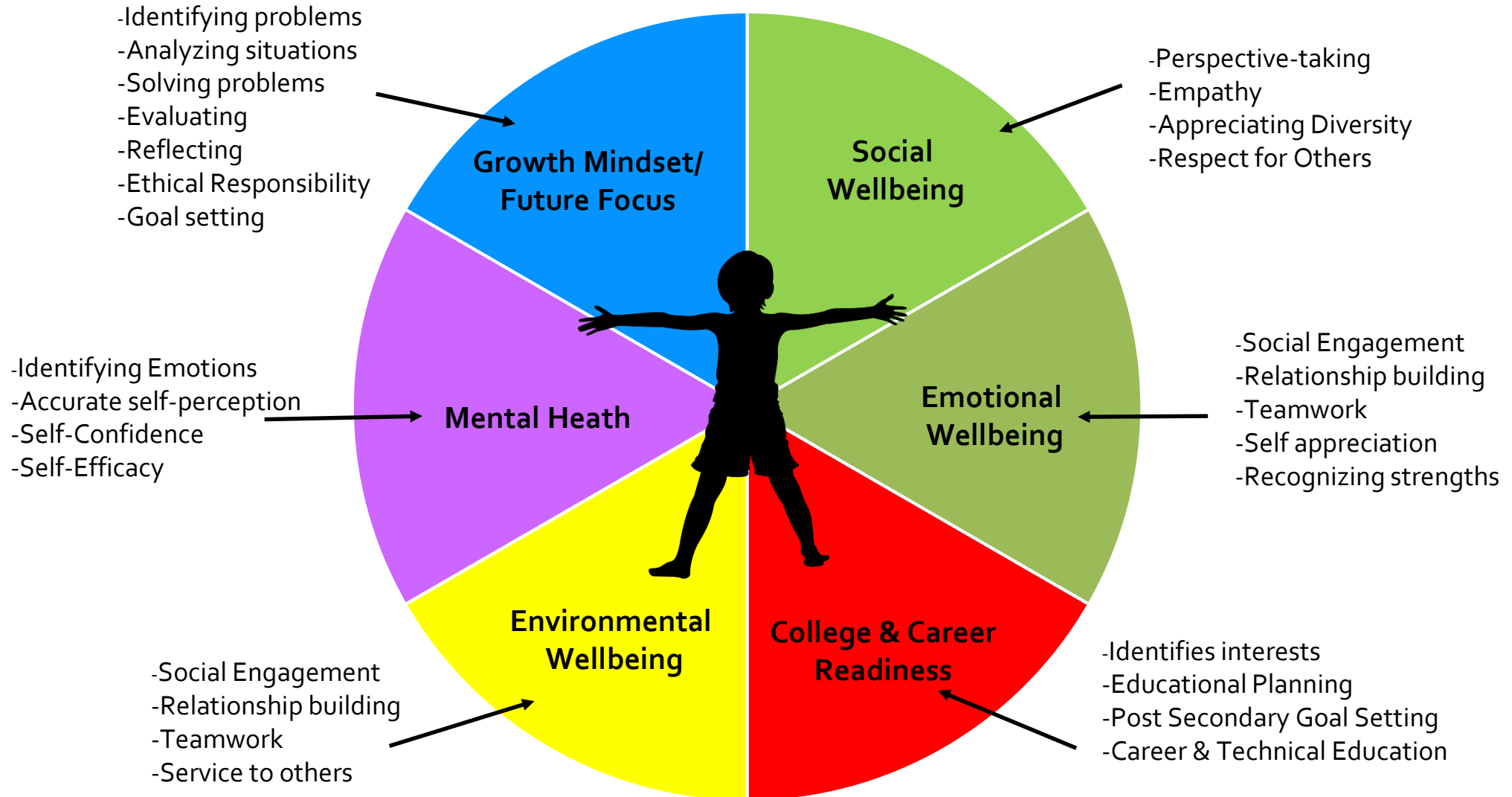
- Consultation with teachers;
- Participation in the campus-based school improvement plans and goals;
- Provision of input from the students' perspective to policy-makers and instructional/curriculum planners.

LCISD WHOLE CHILD SAFETY & WELLNESS MODEL

LCISD Whole Child Safety & Wellness Model

- Supports statutory requirements
 - Guidance Curriculum
 - Responsive Services
 - System Support
 - Individual Planning
- Adds additional emphasis on:
 - Growth Mindset
 - Environmental Wellbeing (Safety)
 - Mental Health
- Enhances *campus culture* of support
- **Will enhance Student Success!!!!**

LCISD Whole Child Safety & Wellness Model



Step 1: Intentional District wide Character Education

- Consistency from grade level and color tracks (applicable in every arena)
- Each Character Education Component will address the (6) Core areas of the LCISD Whole Child Safety and Wellness Model
 - Growth Mindset
 - Social Wellbeing
 - Emotional Wellbeing
 - College & Career Readiness
 - Environmental Wellbeing
 - Mental Health

Character Counts 5.0!

This fully integrated student development framework incorporates the most critical research findings and current theories from all major research and **evidence-based strategies** in order to instill academic, social, emotional supports, growth mindsets and character traits to enable students:

- *Reach their academic potential and have the ability to succeed in school (including college or other post-secondary school education)*
- *Succeed in the workplace and their careers*
- *Live happy, worthy and fulfilling personal lives*
- *Become engaged, responsible and productive citizens*

Character Counts 5.0!



Example: Character Defined

TRUSTWORTHINESS

Think “true blue” • Be honest • Don’t deceive, cheat or steal • Be reliable — do what you say you’ll do • Have the courage to do the right thing • Build a good reputation • Be loyal — stand by your family, friends, and country

RESPECT

Treat others with respect; follow the Golden Rule • Be tolerant and accepting of differences • Use good manners, not bad language • Be considerate of the feelings of others • Don’t threaten, hit or hurt anyone • Deal peacefully with anger, insults, and disagreements

RESPONSIBILITY

Do what you are supposed to do • Plan ahead • Be diligent • Persevere • Do your best • Use self-control • Be self-disciplined • Think before you act • Be accountable for your words, actions and attitudes • Set a good example for others

FAIRNESS

Play by the rules • Take turns and share • Be open-minded; listen to others • Don’t take advantage of others • Don’t blame others carelessly • Treat all people fairly

CARING

Be kind • Be compassionate and show you care • Express gratitude • Forgive others • Help people in need • Be charitable and altruistic

CITIZENSHIP

Do your share to make your school and community better • Cooperate • Get involved in community affairs • Stay informed; vote • Be a good neighbor • Obey laws and rules • Respect authority • Protect the environment • Volunteer

Culture of Campus Collaboration Support

- Guidance is supported in the classroom via the counselor that addresses identified highlighted monthly character quality
- All LCISD campuses highlight the same character quality
 - Individualized activities per campus per grade level
- Teachers are encouraged to integrate areas of focus in curriculum
- Monthly recognition for both student and faculty that emulate the quality
- District recognition
- Monthly campus leaders hold a Student Leadership Advisory Committee to:
 - Provide feedback
 - Recommend events/activities that promote good character qualities

ACE – Adverse Childhood Events

ACEs include:

- Physical abuse
- Sexual abuse
- Emotional abuse
- Physical neglect
- Emotional neglect
- Intimate partner violence
- Mother treated violently
- Substance misuse within household
- Household mental illness
- Parental separation or divorce
- Incarcerated household member

His score is 4

Without Intervention he is
4.7 times as likely to use DRUGS and
7.4 times as likely to be an ALCOHOLIC
when he grows up



Step 2: Five Year Plan Recommendation

- In order to have appropriate time allocation for service delivery, duties are currently being reduced to enable counselors to execute the model with fidelity beginning 2018-2019.
- Recommended student/counselor and support ratios are based on best practices from the American School Counseling Association (ASCA), information from surrounding school districts, our current ratios and student needs

Ratio Recommendations (Dynamic Model)

- **1st year 2018-2019**

- HS 1:550 Non-Title Tracks
- **HS1:400 Title Tracks** plus contracted **Student Support Counselor (LPC)***
- JH 1:550 Non-Title Tracks
- JH 1:400 Title Tracks plus contracted **Student Support Counselor (LPC)***
- MS 1:550 shared contracted LPC for Title Tracks*
- MS 1:550
- ES 1:1000
- **(1) Family Support Specialist per track**

- **2nd year 2019-2020**

- HS 1:550 Non-Title Tracks
- HS1:400 Title Tracks plus contracted Student Support Counselor (LPC)
- JH 1:550 Non-Title Tracks
- JH 1:400 Title Tracks plus contracted Student Support Counselor (LPC)
- **MS 1:500 shared contracted LPC for Title Tracks,**
- **MS 1:500 shared contracted LPC for non-Title tracks**
- **ES: 1:800**

- **3rd Year 2020-2021**

- **HS 1:500** Non-Title Tracks
- HS1:400 Title Tracks plus contracted Student Support Counselor (LPC)
- **JH 1:500** Non-Title Tracks
- JH 1:400 Title Tracks plus contracted Student Support Counselor (LPC)
- MS 1:500 shared contracted LPC for Title Tracks,
- MS 1:500 shared contracted LPC for non-Title tracks
- ES: 1:800
- **(1) Family Support Specialist per track**

- **4th Year 2021-2022**

- **HS 1:450** Non-Title Tracks
- HS1:400 Title Tracks
- **Contracted Student Support Counselor (LPC) HS All Tracks**
- JH 1:500 Non-Title Tracks
- JH 1:400 Title Tracks plus contracted Student Support Counselor (LPC)
- MS 1:500 shared contracted LPC for Title Tracks,
- MS 1:500 shared contracted LPC for non-Title tracks
- ES: 1:800

- **5th Year 2022-2023**

- HS 1:450 Non-Title Tracks,
- HS1:400 Title Tracks plus
- Contracted Student Support Counselor (LPC) All HS Tracks
- JH 1:500 Non-Title Tracks
- JH 1:400 Title Tracks
- **Contracted Student Support Counselor (LPC) All JH Tracks**
- MS 1:500 shared LPC for Title Tracks,
- MS 1:500 shared LPC for non-Title tracks
- ES: 1:800

***Currently in place**

*** New Request**

Step 3: Comprehensive, sustainable & responsive

The LCISD Whole Child Safety & Wellness Model (WCSW) is comprehensive and multifaceted:

- Built-in Anti-Bullying program Pk-12th grade
- Revised counselor schedule to address students needs
- Family Support Specialist per track
- Addresses school safety through intentional social/emotional support
- Guidance focuses on increased coping strategies
- Counselors will be able to:
 - Deliver guidance to every classroom (1) time a month
 - Conduct small groups based on need (grief, self esteem, anger, etc.)
 - Collaborate with families on student support

Step 4: Implementation

- Identified counselors will attend Character Counts Trainer Workshop
- Workshop covers the (4) Wheels of Success in depth
- All counselor training in August for Model roll out

WHEEL ONE: ACADEMIC DOMAIN



WHEEL TWO: SOCIAL & EMOTIONAL



WHEEL THREE: CHARACTER



WHEEL FOUR: SCHOOL CLIMATE

