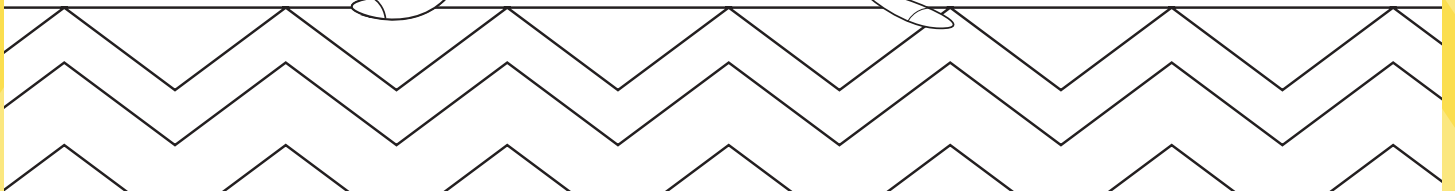
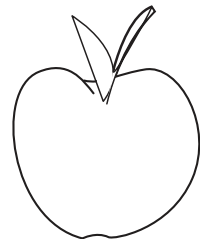
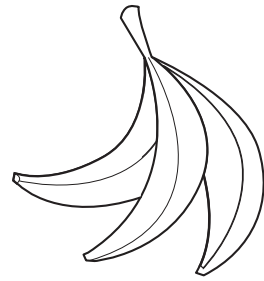
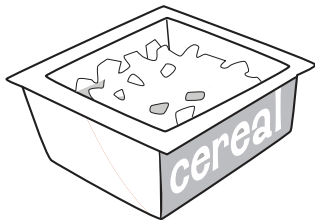


Coloring Sheet

wake up!  
to  
School Breakfast

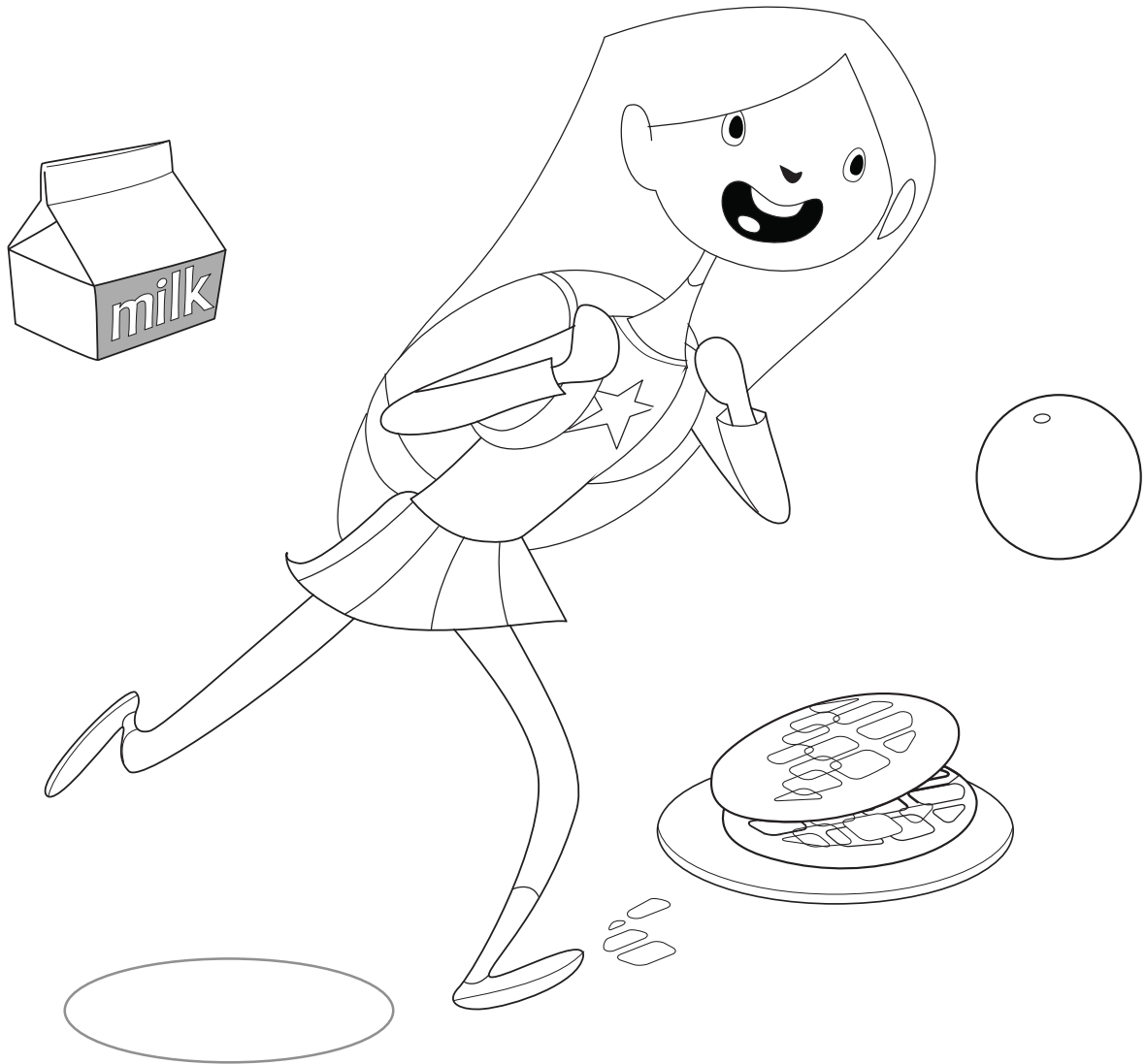


# Coloring Sheet

# wake up!

to

# School Breakfast



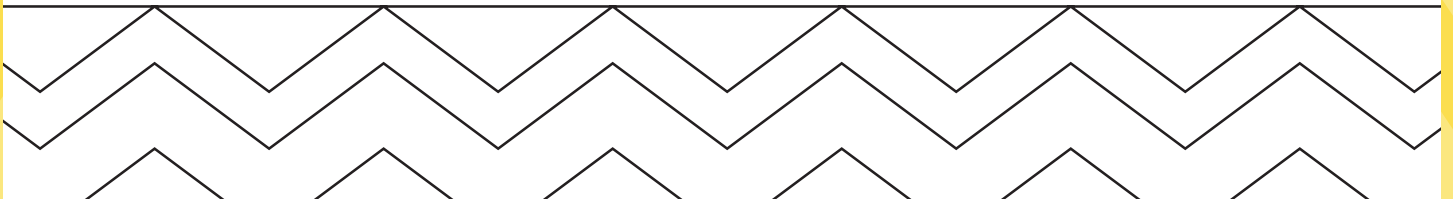
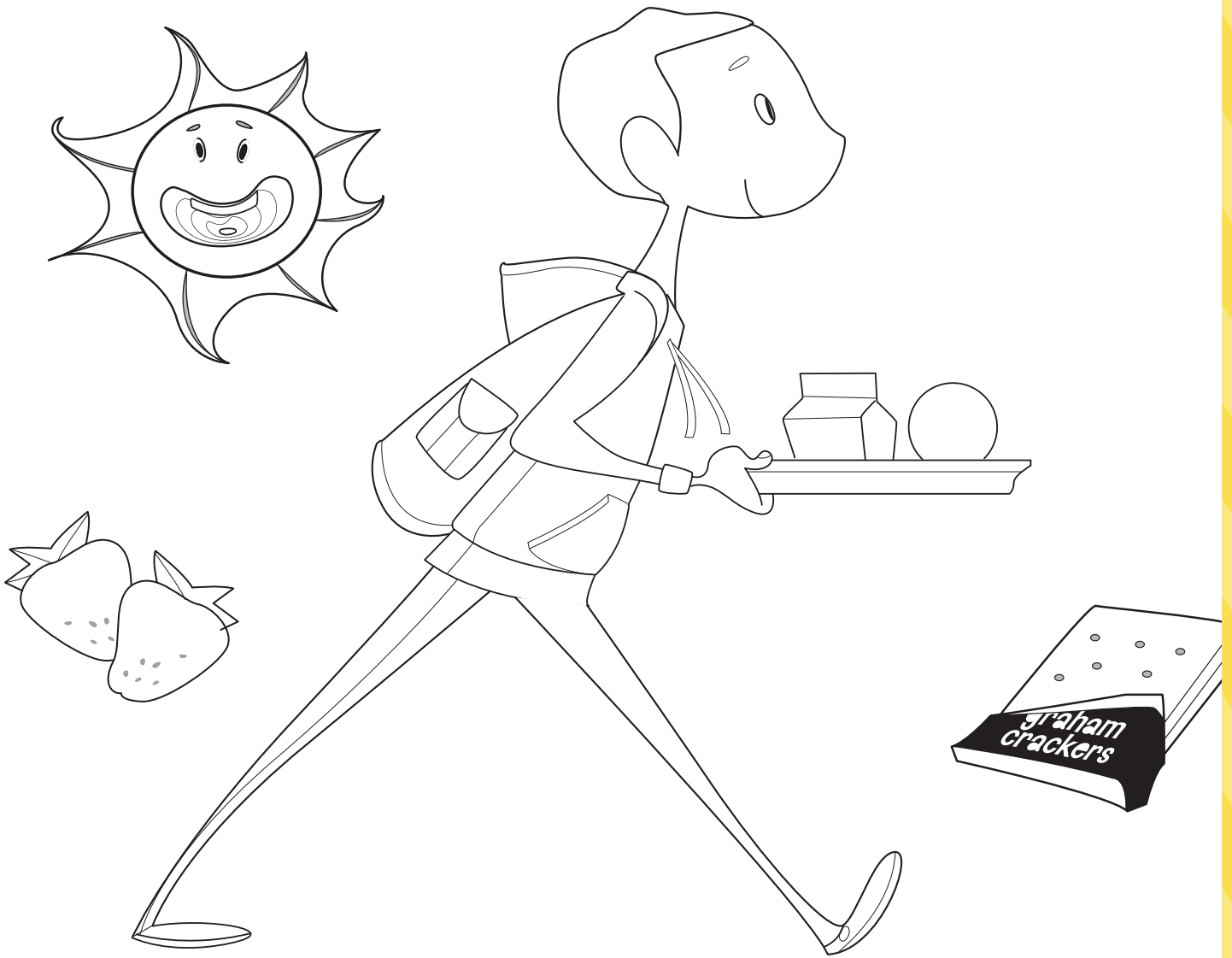
# wake up!

to

---

## School Breakfast

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# wake up!

to

## School Breakfast

### Wake Up With a Crossword

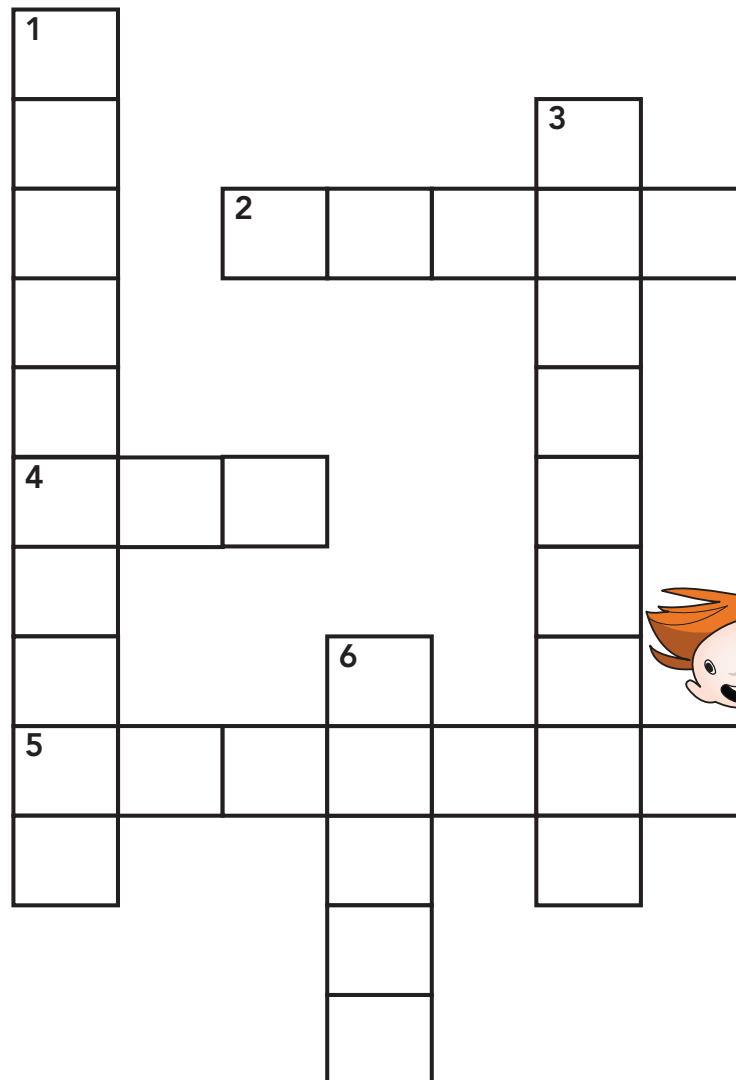
Wake up your brain with this crossword puzzle!  
Using the clues provided below, fill in the puzzle  
with the names of morning words.

#### Across

2. Don't forget to set this so you wake up on time.
4. Don't miss your ride to school on the \_\_\_\_\_
5. Here comes the morning sun!

#### Down

1. Use this to clean your teeth when you wake up!
3. It's the most important meal of the day. Choose healthy options at school!
6. Apples, oranges, and strawberries are great breakfast foods.



# wake up!

to

## School Breakfast

### Morning Matching

Connect the foods that go best together!

Cereal

Yogurt

Jelly

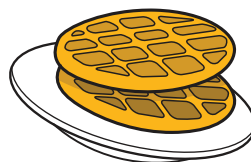
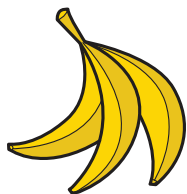
Waffle

Syrup

Milk

Parfait

Toast



Answers: Cereal and milk, Waffle and syrup, Yogurt and parfait, Jelly and toast

# wake up!

to

## School Breakfast

### Sunrise Word Scramble

Use the clues below to unscramble these words.  
They're all breakfast foods!

\_\_\_\_\_

k            l            m            i

- 1 Moo! Make this beverage part of your morning every day. It's loaded with Vitamin D, Calcium, and protein your body needs.

\_\_\_\_\_

e            e            c            l            r            a

- 2 This breakfast staple provides whole grains and comes in many varieties! Top it with milk and you're good to go.

\_\_\_\_\_

p            a            l            p            e

- 3 Add some color to your tray by this sweet, crisp fruit. It has plenty of fiber to keep you full!

\_\_\_\_\_

f            w            l            e            a            f

- 4 This golden-brown treat tastes great at breakfast!

\_\_\_\_\_

g            o            e            n            r            a

- 5 This sunny fruit can be tough to peel but it's always worth it. Try it sliced up at breakfast, too. It's loaded with Vitamin C!

