

NATIONAL SCHOOL LUNCH WEEK

LEVEL UP

with a Healthy School Lunch



National School Lunch Week

During **National School Lunch Week, October 15-19**, please join the Texas Department of Agriculture in encouraging Texas students to **Level Up with a Healthy School Lunch**. During the week, your Child Nutrition team will use fun and exciting activities to help your child learn more about good nutrition and healthy lifestyles.

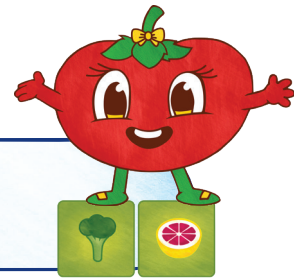
Encourage your child to celebrate **National School Lunch Week October 15-19** by eating a healthy lunch at school.

The Child Nutrition team will celebrate through the **theme days** below. The game is easy, bring a punch card daily, choose a complete meal, suit up and get ready to **Level Up with a Healthy School Lunch** during the celebration week.

MAY THE ODDS BE EVER IN YOUR FAVOR!

Monday

Eat lunch in the cafeteria and receive a "Level Up" punch card. Bring the card every day you eat with us and get it punched to win a prize on Friday!



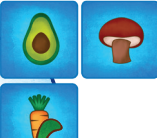
Tuesday

Test your luck and try our tasty Tuesday item, don't forget to get your card punched!



Wednesday

Half way to the end, earn a booster by eating with us and earning some Wacky Wednesday Glasses!



Thursday

Level up by wearing as much green as possible and try some honeydew!



Friday

You've made it through the week, and now it's time to collect your medal, bring your card with 5 punches!

