

**Lamar Consolidated ISD**  
**School Health Advisory Council (SHAC)**

Minutes for Meeting of March 8, 2022

- I. **Brooke called meeting to order at 10:41 am.**
  
- II. **Adopt meeting minutes from January 25, 2022.**
  - a. Evelyn Hicks motion to approve
  - b. Amy Galvan seconded
  
- III. **Old Business**
  - a. Nikki Nelson to present curriculum recommendations to the board March 22<sup>nd</sup> at 6:30 pm at Brazos Crossing Admin Office (1139 Avenue I)
  - b. Nikki Nelson to present SHAC Report to Board in April for acceptance in May
  - c. Established that the SHAC will develop a Master Health Resource List on Canvas for teachers to access district-wide
  - d. Nikki Nelson noted that the board has not charged us with Sex Education
  - e. Board Member Zach Lambert was able to get banner on Canvas regarding counselling and mental health resources
  
- IV. **New Business**
  - a. Establish Executive Committee Meeting dates for Summer
    - i. Objective: develop on Master Health Resource List and platform to store for all teachers to access, identify potential guest speakers and programs for the school year, and find sponsors like United Healthcare to support such programs.
    - ii. Proposed dates:
      1. June 14, 2022 at 10:30 am
        - a. Review master list of links and get advice of teachers (Nikki Nelson/Coach Gabbord to ask teachers to attend)
        - b. Establish where to store list on Canvas and identify technology needs.
        - c. How do we communicate list to teachers? district-wide link (ask Brenda Thompson for history – Ruberick for K-12 from past)
        - d. Target roll-out during teacher in-service in August
        - e. Discuss sponsors
      2. August 9, 2022 at 10:30 am
        - a. K-12 PE curriculum (Nikki/ Gabbord should have sequence from ES teachers)
        - b. Executive Tour – Nikki to check dates
  - b. Establish regular SHAC Meeting dates for next school year
    - i. Proposed dates:
      1. September 13<sup>th</sup> at 8:30 am
        - a. Reveal Canvas Page to committee
        - b. Final review of Master List and full approval to go live
      2. October 11<sup>th</sup> at 8:30 am
        - a. Focus on Nutrition
        - b. Guest speaker: Melissa Tomas

3. November 8<sup>th</sup> at 8:30 am (can we meet at Common Threads?)
  - a. Suicide Prevention Resources – guest speaker Dr. Jennifer Roberts (Director of Counseling Services)
  - b. Teen Pregnancy – guest speaker Kelly Kipping
  - c. Review Recess Policy Board FFA Local
    - i. Identify Physical Activity & Fitness sub-committee – loop in PTO and teachers
    - ii. Goal to make recommendations to the board to increase and improve physical activity
4. January 10<sup>th</sup> at 8:30 am
  - a. Review and approve any changes from the State curriculum
5. March 21<sup>st</sup> at 8:30 am
  - a. Prep for SHAC spring presentation to the board
  - b. Planning Meeting for following year

**V. Brooke called meeting adjourned at 11:45 am**