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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Nacho Grande w/Tostitos, Cheese & Salsa	2 Seasoned Diced Chicken and Rice	3 Spaghetti w/Meatballs	4 Cheese Pizza
	Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
7 Popcorn Chicken	8 8" Taco w/Meat, Cheese and Salsa	9 Macaroni and Cheese	10 Cheeseburger/Hamburger On a Bun	11 Cheese Pizza
Parm Roasted Cauliflower 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Peas 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Salad Greens 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Carrot Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
14	15	16	17	18
	Spr	ing Brea	ak!!	
21	Taco In A Bag w/Cheese and Salsa	Mozzarella Sticks w/Dipping Sauce	24 Baked Chicken	25 Cheese and Pepperoni Pizza
	Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Fresh Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes w/ Onion 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Garlic Roasted Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
28	29	30 National Tie-dye Day		
Cheeseburger/Hamburger On a Bun	8" Taco w/Meat, Cheese and Salsa	Chicken Patty Whole-Grain Bun		
Celery Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Asian Roasted Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz		

Menu is subject to change

NYS LOCAL FOODS *Upstate Farms Milk, Yogurt, Sour Cream **Eden Valley Growers Assorted Varieties of Apples Eden Valley Growers Assorted Fruits & Vegetables** used in Meal Program highlighted in green

The Following Entrees Served Daily:

Peanut Butter & Jelly Sandwich (2M2G)

Monday's: Ham or Turkey Sandwiches (2M2G)

Tuesday and Thursday's: Fruit & Yogurt Parfait w/Flatbread (2M2G)

Wednesday and Friday's: Julienne Salad w/Flatbread (2M2G)

Offered daily with all School Lunches:

Fresh or Prepared Fruit (Must take 1/2 cup of Fruit or Vegetable - may take up to 1 cup)

NY State 8oz 1% or Skim White Milk Fat Free Chocolate Milk

Students Receive

Free Lunch

If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org. Additionally, ingredient and nutritional

information is available upon request

PAY FOR MEALS ONLINE