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	Monday	Tuesday	Wednesday	Thursday	Friday	
		1 Mozzarella Sticks w/Dipping Sauce	2 Macaroni and Cheese	3 Hamburger/Cheeseburger On a Bun	4 Cheese Pizza	l
		Baked Beans 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	Steamed Carrots 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	NYS Potatoes 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	Steamed Broccoli 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	As As
7	1/2 Grilled Cheese Sandwich	8 Seasoned Diced Chicken w/ WG Brown Rice	9 Spaghetti w/Meatballs	10 Popcorn Chicken	11 Cheese Pizza	
	m Roasted Cauliflower 1/4c esh or Prepared Fruit 1/4c Milk-6oz	Vegetarian Beans 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	Green Peas 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	NYS Salad Greens 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	Carrot Sticks 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	T
14		15	16	17	18	-
		Spr	ing Brea	ak!!		
21		22 Chicken Tenders	23 1/2 Grilled Cheese Sandwich	24 Hamburger/Cheeseburger On a Bun	25 Cheese Pizza	1/2
		Baked Beans 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	Fresh Baby Carrots 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	NYS Potatoes w/ Onion 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	Garlic Roasted Broccoli 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	
28	Mozzarella Sticks w/Dipping Sauce	29 Spaghetti w/Meatballs	30 National Tie-dye Day Chicken Patty Whole-Grain Bun			
Fre	Celery Sticks 1/4c esh or Prepared Fruit 1/4c Milk-6oz	Vegetarian Beans 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz	Asian Roasted Carrots 1/4c Fresh or Prepared Fruit 1/4c Milk-6oz			
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NYS LOCAL FOODS
\*Upstate Farms

**Menu Subject to Change** 

Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples

Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program

used in Meal Program highlighted in green

The Following Entrees Served Daily:

Mondays, Wednesdays & Fridays:

1/2 Cheese Sandwich (1M1G)

**Tuesdays & Thursdays:** 

1/2 Ham or Turkey Sandwich (1M1G)

Offered daily with all School Lunches:

Fresh or Prepared Fruit (Must take ¼ cup of Fruit and Vegetable)

NY State 6 oz 1% or Skim White Milk

If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org.

Additionally, ingredient and nutritional information is available upon request

Students Receive Free Lunch

PAY FOR MEALS ONLINE