



NYS Apples

April

2025 K-5



Breakfast

Lake Shore



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Croissant Sandwich w/Egg, Cheese and Sausage	2 Buttered Bagel	3 Breakfast Wrap	4 French Toast Sticks w/Syrup
	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
7 Chocolate Chip Muffin w/4oz Yogurt	8 Croissant Sandwich w/Egg, Cheese and Sausage	9 Buttered Bagel	10 Breakfast Wrap	11 Breakfast Pizza
4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
14	15	16	17	18
Spring Break!!				
21	22 Croissant Sandwich w/Egg, Cheese and Sausage	23 Buttered Bagel	24 Breakfast Wrap	25 Pancakes w/Syrup
4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
28 Chocolate Chip Muffin w/4oz Yogurt	29 Croissant Sandwich w/Egg, Cheese and Sausage	30 National Tie-Dye Day Buttered Bagel		
4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

*Fruit & Yogurt Parfaits
w/Flatbread or Granola

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk
8oz



If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org. Additionally, ingredient and nutritional information is available upon request

Students Receive
Free Breakfast