

April Prekings



Breakfast Lake Shore



A BELL				1992	
Monday	Tuesday	Wednesday	Thursday	Friday	Menu Subiect to Change
	1 1oz Cereal	2 1/2 WG Bagel	3 1oz Cereal	4 WG Chocolate Chip Muffin	NYS LOCAL FOODS *Upstate Farms Milk, Yogurt, Sour Cream Eden Valley Growers
		4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-6oz			Assorted Varieties of Apples Eden Valley Growers Assorted Fruits & Vegetables
7 1oz Cereal	8 WG Chocolate Chip Muffin	9 1oz Cereal	10 1/2 WG Bagel	11 1oz Cereal	used in Meal Program highlighted in green
		4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-6oz			Breakfast Options Daily
14	15	16	17	18	*Daily Entrée-1 (2g) or
	Spri	ng Brea	ık!!		*Cereal 2oz (2G)
21	22 1oz Cereal	23 1/2 WG Bagel	24 1oz Cereal	25 WG Chocolate Chip Muffin	Offered with all Breakfasts
		4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-6oz			*Whole Grain (WG) Entrees *Daily Selection of Fresh or Prepared Fruit
28 1oz Cereal	29 WG Chocolate Chip Muffin	30 National Tye-Dye Day 1oz Cereal			100% juice -1/2 cup *NY State Non-Fat or 1% White Milk 6oz
	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-6oz		▼		002



If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org.

Additionally, ingredient and nutritional information is available upon request

Students Receive Free Breakfast