

Lice ID Card



- Nits are tan colored and tear drop shaped. They feel similar to a knot in a piece of thread.
- It takes a nit 7-10 days to hatch, and 7-10 days to mature. Nits do not hatch off the head.
- Hatched lice do not jump, fly or swim. They use 6 tiny claws to pinch and climb onto hair.
- Head lice feed on human blood (scalp ONLY). They only live about 24 hours off the head.
- You might not itch Itchiness is an allergic reaction to the saliva. Only 50% of people itch.
- *Dandruff and hair cast are white. They are easy to dislodge on dry hair.

5 Lice Myths - BUSTED!



Pets Spread Lice.

Wrong! Lice only feed on human blood on the scalp. Lice are "species specific" and can't survive on pets.



Lice Means Clean EVERYTHING!

Wrong! Lice die in 24 hours off the head, eggs don't survive off the scalp. Sheet, pillowcase & bath towel in a hot dryer. Use a sticky lint roller on fabric. Always pull all hair off of hairbrushes and clean.



Everyone Who Gets Lice Will Itch

Wrong! Itchiness is an allergic reaction to the saliva. Only 50% of people are allergic, & 50% feel NOTHING!



Buzz Cut Gets Rid Of Lice

Wrong! Nits/eggs are within 1/4" of the scalp. If hair is too short, it is harder for eggs to be combed off.



Lice Jump from Head to Head

Wrong! Lice don't jump, fly, burrow or swim. They need a loose piece of hair as a bridge or ladder to the head. Best prevention: BRAIDS AND BUNS! Don't share hairbrushes.