



# Selecting your doctor



## Becoming a UnitedHealthcare® member

One of the important decisions you make in managing your health is choosing your personal Primary Care Physician (PCP). That's why it's important to find a qualified doctor who meets your needs in both cost and quality to help you stay healthy.

The UnitedHealthcare HMO/MCO plan provides you with the option of choosing your medical group and primary care physician from our extensive network of contracted participating providers.

Having a personal physician is an important advantage when it comes to maintaining your health. You and your doctor will work as a team, along with nurses, pharmacists, and other health care providers, to manage your overall health. The doctor you choose will get to know you and your current health status, and if your health changes, the doctor will be more likely to recognize it, as he or she will be familiar with you and your medical history. Your doctor can use this knowledge to advise you on appropriate treatments, and help you make medical decisions that suit your lifestyle and daily habits.

If you don't have a regular doctor, or you're not comfortable with the doctor you have, think about choosing a new one.

## Steps to consider when choosing your doctor

**Figure out what kind of doctor will best meet your needs.**

- ▶ Family and general practitioners care for a wide range of health concerns. They may be able to treat family members of any age.
- ▶ Internists treat adults and may have additional training in specialties such as cardiology.
- ▶ Pediatricians provide care to children and adolescents.
- ▶ Geriatricians specialize in the care of older adults.

The quickest way to find a physician, specialist or hospital in the UnitedHealthcare network is to visit [www.uhcwest.com](http://www.uhcwest.com).



## Find your doctor using the online Provider Directory

Search for a doctor or other health care professional by name, specialty or ZIP Code. The easy-to-navigate online provider directory puts participating/contracting providers at your fingertips. You can even get driving directions and print a map to the doctor's office. To find the participating/contracting health care provider in your HMO/MCO network:

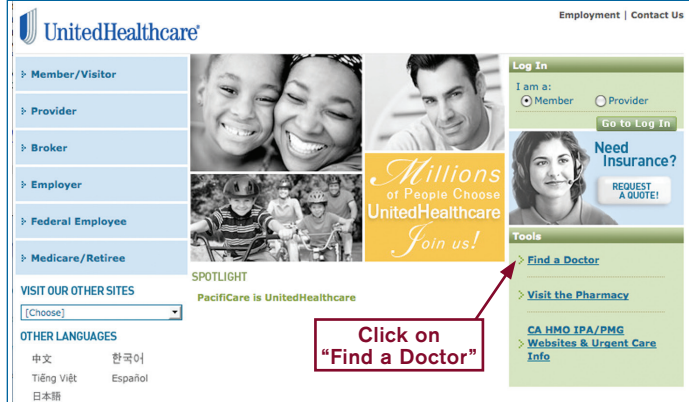
- ▶ Go to [www.uhcwest.com](http://www.uhcwest.com).
- ▶ Click "Find a Doctor."
- ▶ Select your state in the pull-down menu.
- ▶ Select the Plan or Service Type for the HMO/MCO network, and follow the directions on the screen.



# Finding a Doctor is easy at [www.uhcwest.com](http://www.uhcwest.com)

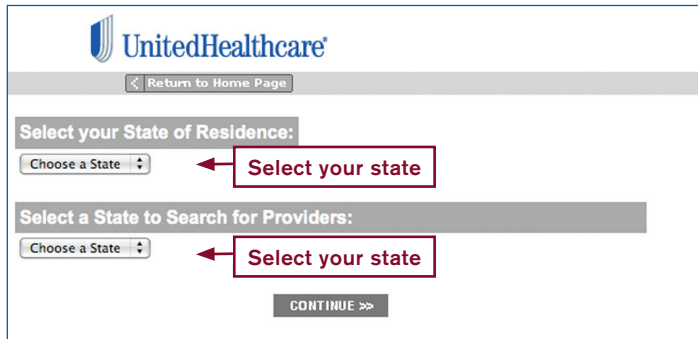
## Step 1:

Go to [www.uhcwest.com](http://www.uhcwest.com) and click "Find a Doctor." Just fill in the highlighted information on each page.



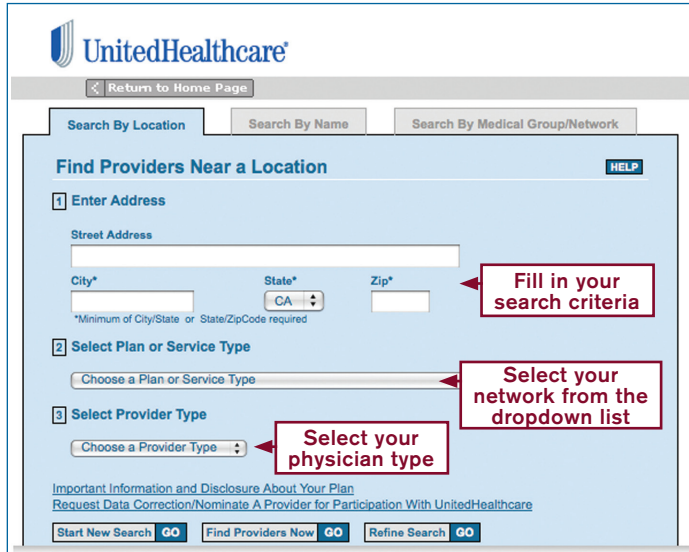
## Step 2:

Select your state.



## Step 3:

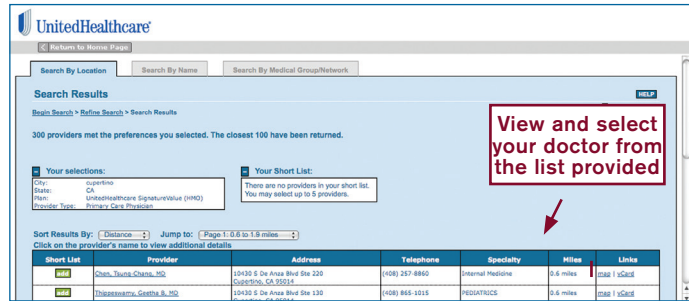
Fill in your search criteria and select one of the HMO/MCO networks from the dropdown list.



*continued*

## Step 4:

View and select a doctor from the list provided. Click on the doctors name to view additional details.

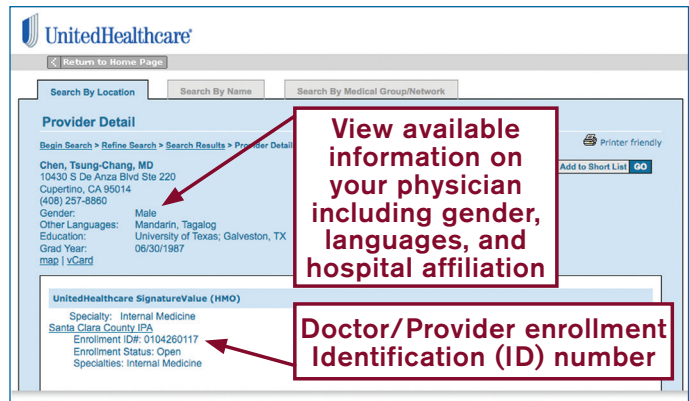


The screenshot shows the UnitedHealthcare search results page. At the top, there are search filters for Location, Name, and Medical Group/Network. Below this, the search results indicate that 300 providers were found, with the closest 100 listed. A callout box with a red arrow points to the list of providers, stating: "View and select your doctor from the list provided".

Short List	Provider	Address	Telephone	Specialty	Miles	Map   vCard
1	Chan, Tsung-Chang, MD	10430 S De Anza Blvd Ste 220 Cupertino, CA 95014	(408) 257-8860	Internal Medicine	3.6 miles	Map   vCard
2	Therasenmy, Geetha, B, MD	10430 S De Anza Blvd Ste 130	(408) 866-1035	PODIATRICS	3.6 miles	Map   vCard

## Step 5:

Once you have selected your PCP, you will need to enter the Provider Enrollment Identification (ID) number on your enrollment form.



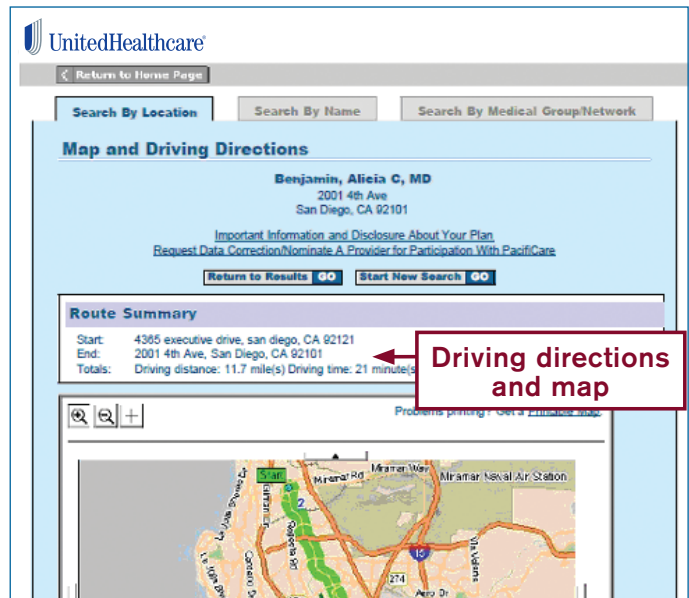
The screenshot shows the UnitedHealthcare provider detail page for Dr. Chan, Tsung-Chang, MD. A callout box with a red arrow points to the provider's name, stating: "View available information on your physician including gender, languages, and hospital affiliation". Another callout box with a red arrow points to the enrollment ID number, stating: "Doctor/Provider enrollment Identification (ID) number".

**Provider Detail**  
Chan, Tsung-Chang, MD  
10430 S De Anza Blvd Ste 220  
Cupertino, CA 95014  
(408) 257-8860  
Gender: Male  
Other Languages: Mandarin, Tagalog  
Education: University of Texas, Galveston, TX  
Grad Year: 06/30/1987  
map | vCard

**UnitedHealthcare SignatureValue (HMO)**  
Specialty: Internal Medicine  
Santa Clara County IPA  
Enrollment ID# 0104260117  
Enrollment Status: Open  
Specialties: Internal Medicine

## Step 6:

You can even get a map with driving directions to your doctor's office.



The screenshot shows the UnitedHealthcare map and driving directions page for Benjamin, Alieia C, MD. A callout box with a red arrow points to the route summary, stating: "Driving directions and map".

**Map and Driving Directions**  
Benjamin, Alieia C, MD  
2001 4th Ave  
San Diego, CA 92101

[Important Information and Disclosure About Your Plan](#)  
[Request Data Correction/Nominate A Provider for Participation With PacifiCare](#)

[Return to Results](#) [Start New Search](#)

**Route Summary**  
Start: 4365 executive drive, san diego, CA 92121  
End: 2001 4th Ave, San Diego, CA 92101  
Totals: Driving distance: 11.7 mile(s) Driving time: 21 minute(s)

Driving directions and map



Health plan coverage provided by or through UnitedHealthcare of California, UnitedHealthcare of Oklahoma, Inc., UnitedHealthcare of Oregon, Inc., UnitedHealthcare Benefits of Texas, Inc., UnitedHealthcare of Washington, Inc. Administrative services provided by PacifiCare Health Plan Administrators, Inc., Prescription Solutions or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHC) or United Behavioral Health (UBH).