

COMPREHENSIVE PREVENTION COMPONENT OF PEER HELPERS PLUS

infused with the 5 SEL domains

Prevention Lessons Character Education		Drugs, Alcohol, & Tobacco	Abuse of All Types	Mental Health / Suicide	Bullying & Cyberbullying
Kindergarten					
Lesson 1	My Go-To People		✓	✓	✓
Lesson 1.2	Trustworthy				
Lesson 2	My Internal Alarm		✓	✓	
Lesson 2.2	Courage				
Lesson 3	My Good Choices			✓	✓
Lesson 3.2	Self-Respect				
Lesson 4	Making the "No" Choice	✓	✓	✓	✓
Lesson 4.2	Perseverance				
Lesson 5	To Tell or Not to Tell		✓	✓	
Lesson 5.2	Integrity				
Lesson 6	My Choices Matter			✓	✓
Lesson 6.2	Compassion				
Lesson 7	My Feelings and Me			✓	
Lesson 7.2	Responsibility				
1st Grade					
Lesson 1	My Go-To People		✓	✓	
Lesson 1.2	Trustworthy				
Lesson 2	Internal Alarm - Was That My Alarm?		✓	✓	
Lesson 2.2	Courage				
Lesson 3	The Choice Is Yours	✓		✓	
Lesson 3.2	Self-Respect				
Lesson 4	Sometimes You Should Say "No!"			✓	✓
Lesson 4.2	Perseverance				
Lesson 5	Tattling or Informing?			✓	
Lesson 5.2	Integrity				
Lesson 6	Be a Buddy, Not a Bully!			✓	✓
Lesson 6.2	Compassion				
Lesson 7	My Emotions in Motion			✓	
Lesson 7.2	Responsibility				
2nd Grade					
Lesson 1	My Go-To People	✓	✓	✓	✓
Lesson 1.2	Trustworthy				
Lesson 2	Sound the Alarm	✓	✓	✓	✓
Lesson 2.2	Courage				
Lesson 3	My Healthy Choices	✓	✓	✓	✓
Lesson 3.2	Self-Respect				
Lesson 4	Positive Coping Skills			✓	✓
Lesson 4.2	Perseverance				
Lesson 5	Life's Roller Coaster		✓	✓	✓
Lesson 5.2	Integrity				
Lesson 6	My Choices Make a Difference			✓	✓
Lesson 6.2	Compassion				
Lesson 7	Positive Me			✓	
Lesson 7.2	Responsibility				
3rd Grade					
Lesson 1	My Go-To People	✓	✓	✓	✓
Lesson 1.2	Trustworthy				
Lesson 2	My Internal Alarm	✓	✓	✓	✓
Lesson 2.2	Courage				
Lesson 3	Healthy Choices Help	✓	✓	✓	✓
Lesson 3.2	Self-Respect				
Lesson 4	My Coping Skills	✓		✓	✓
Lesson 4.2	Perseverance				
Lesson 5	My Bad Day			✓	✓
Lesson 5.2	Integrity				
Lesson 6	My Choices Affect Others	✓		✓	✓
Lesson 6.2	Compassion				
Lesson 7	My Self-Worth	✓		✓	✓
Lesson 7.2	Responsibility				

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Prevention Lessons <i>Character Education</i>		Drugs, Alcohol, & Tobacco	Abuse of All Types	Mental Health / Suicide	Bullying & Cyberbullying
4th Grade					
Lesson 1	My Go-To People	✓	✓	✓	✓
<i>Lesson 1.2</i>	<i>Trustworthy</i>				
Lesson 2	My Body Safety Rules		✓	✓	
<i>Lesson 2.2</i>	<i>Courage</i>				
Lesson 3	My Life Events/My Control	✓		✓	✓
<i>Lesson 3.2</i>	<i>Self-Respect</i>				
Lesson 4	Healthy vs. Unhealthy Coping	✓		✓	✓
<i>Lesson 4.2</i>	<i>Perseverance</i>				
Lesson 5	I Choose	✓	✓	✓	✓
<i>Lesson 5.2</i>	<i>Integrity</i>				
Lesson 6	My Character Strengths			✓	✓
<i>Lesson 6.2</i>	<i>Compassion</i>				
Lesson 7	My Voice	✓	✓	✓	✓
<i>Lesson 7.2</i>	<i>Responsibility</i>				
5th Grade					
Lesson 1	My Go-To People	✓	✓	✓	✓
<i>Lesson 1.2</i>	<i>Trustworthy</i>				
Lesson 2	Keeping My Body Safe!		✓		
<i>Lesson 2.2</i>	<i>Courage</i>				
Lesson 3	Coping with Life Events	✓		✓	✓
<i>Lesson 3.2</i>	<i>Self-Respect</i>				
Lesson 4	Can I Make Tough Decisions?	✓		✓	✓
<i>Lesson 4.2</i>	<i>Perseverance</i>				
Lesson 5	What Are My Strengths?			✓	✓
<i>Lesson 5.2</i>	<i>Integrity</i>				
Lesson 6	Using My Voice			✓	✓
<i>Lesson 6.2</i>	<i>Compassion</i>				
Lesson 7	Cyber-Trouble			✓	✓
<i>Lesson 7.2</i>	<i>Responsibility</i>				
6th Grade					
Lesson 1	My Go-To People	✓	✓	✓	✓
<i>Lesson 1.2</i>	<i>Trustworthy</i>				
Lesson 2	Keeping Safe!		✓	✓	
<i>Lesson 2.2</i>	<i>Courage</i>				
Lesson 3	My Life Events and Coping Skills	✓		✓	
<i>Lesson 3.2</i>	<i>Self-Respect</i>				
Lesson 4	Decisions, Decisions	✓		✓	✓
<i>Lesson 4.2</i>	<i>Perseverance</i>				
Lesson 5	How Does My Character Look?			✓	✓
<i>Lesson 5.2</i>	<i>Integrity</i>				
Lesson 6	My Voice, My Actions				✓
<i>Lesson 6.2</i>	<i>Compassion</i>				
Lesson 7	Out in Cyberspace		✓	✓	✓
<i>Lesson 7.2</i>	<i>Responsibility</i>				

