

Hardin Lady Hornet Volleyball
P.O. Box 330
Hardin, Texas 77561
(936) 298-2118

May 18, 2022

Dear Lady Hornet,

Here are a few friendly reminders:

- Physicals ARE required for every athlete this year. You will find the medical release form, sudden cardiac arrest form, acknowledgement of rules form, concussion form and steroid form under Athletics on the Hardin website. These will be due the first day of practice from every athlete.
- **The first day of volleyball practice will be July 31, 2023.** We will scrimmage on August 4th and play our first match on August 8th.
- Practice plans are listed. Please read over those to make sure you do not schedule any type of doctor's appointments, vacation, etc. during practice times or matches.
- Summer workouts will start June 5 from 9:00-10:30 a.m.
- Also, remember you will have to run the mile under time to be eligible to make a team. You are welcome to run your mile any day of summer workouts starting in July.
- Volleyball schedule/practice schedule is online under Athletics.

If you have any questions, please email or call.

Sincerely,

Coach Snell

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936-334-5133 or 936-334-3555