



Gore HS Lunch August 2023

	Tue, 8 / 1	Wed, 8 / 2	Thu, 8 / 3	Fri, 8 / 4
	No School	No School	No School	No School
Mon, 8 / 7	Tue, 8 / 8	Wed, 8 / 9	Thu, 8 / 10	Fri, 8 / 11
No School	No School	No School	No School	No School
Mon, 8 / 14	Tue, 8 / 15	Wed, 8 / 16	Thu, 8 / 17	Fri, 8 / 18
No School	No School	No School	Corn Dog Or Beef Hot Dog French Fries Green Beans Fruit Milk	Chicken Taquitos Or Beef Taco Refried beans Chips & Salsa Fruit Milk
Mon, 8 / 21	Tue, 8 / 22	Wed, 8 / 23	Thu, 8 / 24	Fri, 8 / 25
Chicken Nuggets Or Steak Fingers Dinner Roll French Fries Cucumber Slices Fruit Milk	Chicken Alfredo Or Ham & Cheese Melt Breadstick Green Beans Baby Carrots Fruit Milk	Pulled Pork Loaded Baked Potato Or Popcorn Chicken Dinner Roll Side Salad Fruit Milk	Cheeseburger Or Corn Dog Baked Beans Baby Carrots Fruit Milk	Sour Cream Chicken Enchilada Or Pork Taco Mexican Salad Chips & Salsa Fruit Milk
Mon, 8 / 28	Tue, 8 / 29	Wed, 8 / 30	Thu, 8 / 31	
Breaded Chicken Or Chicken Nuggets Dinner Roll Green Beans Mashed Potatoes & Gravy Fruit Milk	Pizza Or Grilled Cheese Caesar Salad Baby Carrots Fruit Milk	BBQ Pork Loin Or Breaded Chicken Dinner Roll Loaded Mashed Potatoes Green Beans Fruit Milk	Sloppy Joe Sandwich Or Chicken Wrap Baked Beans Baby Carrots Fruit Milk	

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KEYSTONE
FOOD SERVICE

Gore HS Lunch September 2023

<p>Mon, 9 / 4</p> <p>No School</p>	<p>Tue, 9 / 5</p> <p>Pizza Pasta Or Chicken Alfredo Green Beans Caesar Salad Breadstick Fruit Milk</p>	<p>Wed, 9 / 6</p> <p>BBQ Chicken Loaded Baked Potato Or BBQ Pulled Pork Baby Carrots Dinner Roll Fruit Milk</p>	<p>Thu, 9 / 7</p> <p>Pulled Pork Sandwich Or Beef Hot Dog Tater Tots Baked Beans Fruit Milk</p>	<p>Fri, 9 / 8</p> <p>Beef Taco Or Pork Taco Refried beans Chips & Salsa Fruit Milk</p>	<p>Fri, 9 / 1</p> <p>Chicken Quesadilla Or Nacho Bar (Beef, Queso and Tortilla Chips) Refried beans Chips & Salsa Fruit Milk</p>
<p>Mon, 9 / 11</p> <p>Chicken Nuggets Or Breaded Chicken Sandwich French Fries Coleslaw Dinner Roll Fruit Milk</p>	<p>Tue, 9 / 12</p> <p>Personal Pizza Or Chicken Spaghetti Italian Salad Baby Carrots Fruit Milk</p>	<p>Wed, 9 / 13</p> <p>Glazed Ham Or BBQ Cheddar Mini-Meatloaf Green Beans Dinner Roll Mashed Potatoes & Gravy Fruit Milk</p>	<p>Thu, 9 / 14</p> <p>Cheeseburger Or Corn Dog Baked Beans Baby Carrots Fruit Milk</p>	<p>Fri, 9 / 15</p> <p>Chicken Taquitos Or Burrito Bowl (Beef, Queso, Rice) Refried beans Chips & Salsa Fruit Milk</p>	<p>Fri, 9 / 22</p> <p>No School</p>
<p>Mon, 9 / 18</p> <p>Or Chicken Alfredo Green Beans Baby Carrots Fruit Milk</p>	<p>Tue, 9 / 19</p> <p>Spaghetti & Meat Sauce Or Personal Pizza Caesar Salad Cucumber Slices Breadstick Fruit Milk</p>	<p>Wed, 9 / 20</p> <p>Waffle and Syrup Scrambled Eggs Sausage Patty Or Cheeseburger Seasoned Potatoes Baby Carrots Fruit Milk</p>	<p>Thu, 9 / 21</p> <p>Chili Cheese Tots Or Chicken Quesadilla Side Salad Chili Beans Dinner Roll Fruit Milk</p>	<p>Fri, 9 / 29</p> <p>Sour Cream Chicken Enchilada Or Nacho Bar (Beef, Queso and Tortilla Chips) Refried beans Chips & Salsa Fruit Milk</p>	<p>Fri, 9 / 29</p> <p>Sour Cream Chicken Enchilada Or Nacho Bar (Beef, Queso and Tortilla Chips) Refried beans Chips & Salsa Fruit Milk</p>
<p>Mon, 9 / 25</p> <p>Ham & Cheese Melt Or Pig in a Blanket Tomato Soup Cucumber Slices Fruit Milk</p>	<p>Tue, 9 / 26</p> <p>Pizza Or Chicken Wrap Caesar Salad Baby Carrots Fruit Milk</p>	<p>Wed, 9 / 27</p> <p>Chicken Nuggets Or Cheeseburger Mac Mashed Potatoes & Gravy Dinner Roll Green Beans Fruit Milk</p>	<p>Thu, 9 / 28</p> <p>Beef Hot Dog Or Breaded Chicken Sandwich Tater Tots Side Salad Fruit Milk</p>	<p>Fri, 9 / 29</p> <p>Sour Cream Chicken Enchilada Or Nacho Bar (Beef, Queso and Tortilla Chips) Refried beans Chips & Salsa Fruit Milk</p>	<p>Fri, 9 / 29</p> <p>Sour Cream Chicken Enchilada Or Nacho Bar (Beef, Queso and Tortilla Chips) Refried beans Chips & Salsa Fruit Milk</p>

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September 2023



Gore HS Breakfast September 2023

Mon, 9 /4	Tue, 9 /5	Wed, 9 /6	Thu, 9 /7	Fri, 9 /8	Fri, 9 /1
No School	Pancake Sausage Patty Cinnamon Roll Fruit Juice Milk	Donut Sausage Biscuit Fruit Juice Milk	Scrambled Eggs Toast Or Poptart Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk
French Toast Sticks Oatmeal Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Breakfast Burrito Muffin Fruit Juice Milk	Pancakes & Toppings Or Poptart Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Biscuit & Chocolate Gravy or Cereal & Toast Fruit Juice Milk
Muffin Yogurt Ham & Cheese Biscuit Fruit Juice Milk	Breakfast Burrito Or Poptart Fruit Juice Milk	Donut Ubr Bar Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk	No School	No School
Pancake on a Stick or Cereal & Toast Fruit Juice Milk	Ham & Cheese Biscuit Pancakes w/ Syrup Fruit Juice Milk	Scrambled Eggs Toast Or Poptart Fruit Juice Milk	Kolache Cinnamon Roll Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk

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KEYSTONE
FOOD SERVICE

Gore ES Lunch September 2023

Mon, 9 /4	Tue, 9 /5	Wed, 9 /6	Thu, 9 /7	Fri, 9 /8	Fri, 9 /1
No School	Pizza Pasta Green Beans Caesar Salad Breadstick Fruit Milk	BBQ Chicken Loaded Baked Potato Baby Carrots Dinner Roll Fruit Milk	Pulled Pork Sandwich Tater Tots Baked Beans Fruit Milk	Beef Taco Refried beans Chips & Salsa Fruit Milk	Chicken Quesadilla Refried beans Chips & Salsa Fruit Milk
Chicken Nuggets French Fries Coleslaw Dinner Roll Fruit Milk	Tue, 9 /12 Personal Cheese Pizza Italian Salad Baby Carrots Fruit Milk	Wed, 9 /13 Glazed Ham Mashed Potatoes & Gravy Dinner Roll Green Beans Fruit Milk	Thu, 9 /14 Cheeseburger Baked Beans Baby Carrots Fruit Milk	Fri, 9 /15 Chicken Taquitos Refried beans Chips & Salsa Fruit Milk	
Mon, 9 /18 Green Beans Baby Carrots Fruit Milk	Tue, 9 /19 Spaghetti & Meat Sauce Breadstick Caesar Salad Cucumber Slices Fruit Milk	Wed, 9 /20 Waffle and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Baby Carrots Fruit Milk	Thu, 9 /21 Chili Cheese Tots Side Salad Chili Beans Dinner Roll Fruit Milk	Fri, 9 /22 No School	
Mon, 9 /25 Ham & Cheese Melt Tomato Soup Cucumber Slices Fruit Milk	Tue, 9 /26 Pizza Caesar Salad Baby Carrots Fruit Milk	Wed, 9 /27 Chicken Nuggets Mashed Potatoes & Gravy Dinner Roll Green Beans Fruit Milk	Thu, 9 /28 Beef Hot Dog Tater Tots Side Salad Fruit Milk	Fri, 9 /29 Sour Cream Chicken Enchilada Refried beans Chips & Salsa Fruit Milk	

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September 2023



Gore ES

Breakfast September 2023

<p>Mon, 9 /4</p> <p>No School</p>	<p>Tue, 9 /5</p> <p>Pancake Sausage Patty or Cereal & Toast Fruit Juice Milk</p>	<p>Wed, 9 /6</p> <p>Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk</p>	<p>Thu, 9 /7</p> <p>Donut or Cereal & Toast Fruit Juice Milk</p>	<p>Fri, 9 /1</p> <p>Biscuit & Gravy or Cereal & Toast Fruit Juice Milk</p>
<p>Mon, 9 /11</p> <p>French Toast Sticks or Cereal & Toast Fruit Juice Milk</p>	<p>Tue, 9 /12</p> <p>Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk</p>	<p>Wed, 9 /13</p> <p>Pancakes & Toppings or Cereal & Toast Fruit Juice Milk</p>	<p>Thu, 9 /14</p> <p>Breakfast Burrito or Cereal & Toast Fruit Juice Milk</p>	<p>Fri, 9 /15</p> <p>Biscuit & Gravy or Cereal & Toast Fruit Juice Milk</p>
<p>Mon, 9 /18</p> <p>Muffin Yogurt or Cereal & Toast Fruit Juice Milk</p>	<p>Tue, 9 /19</p> <p>Breakfast Burrito or Cereal & Toast Fruit Juice Milk</p>	<p>Wed, 9 /20</p> <p>Donut or Cereal & Toast Fruit Juice Milk</p>	<p>Thu, 9 /21</p> <p>Biscuit & Gravy or Cereal & Toast Fruit Juice Milk</p>	<p>Fri, 9 /22</p> <p>No School</p>
<p>Mon, 9 /25</p> <p>Pancake on a Stick or Cereal & Toast Fruit Juice Milk</p>	<p>Tue, 9 /26</p> <p>Ham & Cheese Biscuit or Cereal & Toast Fruit Juice Milk</p>	<p>Wed, 9 /27</p> <p>Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk</p>	<p>Thu, 9 /28</p> <p>Kolache or Cereal & Toast Fruit Juice Milk</p>	<p>Fri, 9 /29</p> <p>Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk</p>

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