

October 1, 2018

Dear Parents:

The BMI (Body Mass Index) testing is scheduled for November 15th & 16th for grades K, 2nd, 4th, 6th, 8th & 10th. Act 1220 requires schools to include as a part of the Student Health report to parents an annual Body Mass Index (BMI) percentile by age for each student; and it also requires schools annually to provide parents with an explanation of the possible health effects of body mass index, nutrition, and physical activity in a confidential, private, and accurate manner.

Your child's height and weight will be sent to the Arkansas Center for Health Improvement where they will process the information, calculate the BMI and send a report back to school. The school will send your child's report to you by mail.

If you choose to NOT have your child tested, please sign and return this letter back to your child's teacher no later than October 26, 2018.

Thank you,
Amy Reed
Health & Wellness Coordinator

Student name: _____ **Grade:** _____

**Parent/Guardian
Signature:** _____

**ONLY RETURN THIS LETTER WITH THE INFORMATION FILLED
OUT IF YOU DO NOT WANT YOUR CHILD TESTED**