

Students – Welfare

Steroids

The Board of Education recognizes that the use of steroids and other performance-enhancing supplements presents a serious health and safety hazard. As part of the district's drug prevention and intervention efforts, the Superintendent or designee and staff shall make every reasonable effort to prevent students from using steroids or other performance-enhancing supplements.

Students in grades 7-12 shall receive a lesson on the effects of steroids as part of their health, physical education, or drug education program.

Education Code 49030 prohibits students participating in interscholastic high school athletics from using (1) steroids and dietary supplements banned by the U.S. Anti-doping Agency and (2) synephrine. The U.S. Anti-Doping Agency's Guide to Prohibited Substances and Prohibited Methods of Doping is available on the California Department of Education's (CDE) web site. Any time the CDE notifies districts that the guide has been revised, those amendments will become effective 60 days after the CDE has posted the revised guide on its web site.

Students participating in interscholastic athletics are prohibited from using steroids and dietary supplements banned by the U.S. Anti-Doping Agency as well as the substance synephrine. (Education Code 49030).

Before participating in interscholastic athletics, a student athlete and his/her parent/guardian shall sign a statement that the student athlete pledges not to use androgenic/anabolic steroids and dietary supplements banned by the U.S. Anti-Doping Agency and the substance synephrine, unless the student has a written prescription from a licensed health care practitioner to treat a medical condition.

A student who is found to have violated the agreement or this policy shall be restricted from participating in athletics and shall be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with law, Board policy, and administrative regulation.

Legal Reference: Education Code Sections 49030-49034, 51260-51269, 51262.

Policy Adopted: 11/16/2010