

# Superintendent's Update

## Health Education

Board of Education Meeting

December 14, 2021

Meeting No. 11



*Excelling Together with Endless Pathways for Success!*

# COLLEGE, CAREER, LIFE READY GRADUATES

## ACADEMIC RIGOR

- High Expectations
- Pathways, Choices & Personalization
- Cultural Competence



## SAFE LEARNING ENVIRONMENT

- Inclusion
- Mental & Physical Wellness
- Sense of Belonging

# BOARD OF EDUCATION PRIORITIES



# Board of Education Priorities



## Maximize Student Achievement

- Close the digital and equity gap.
- Offer robust in-person and independent study learning programs.
- Accelerate learning and improve attendance and engagement.

## Foster a Positive Culture of Learning

- Ensure equitable teaching and learning opportunities led by excellence.
- Support culturally relevant curriculum that emphasizes inclusion.
- Increase school connectedness for students, parents, and families.

## Ensure the Health and Safety of Students and Employees

- Strengthen mental health support and programs.
- Ensure best practices for safe and healthy learning environments.
- Support physical, social, and emotional wellbeing.

## Maintain District Financial Responsibility

- Ensure the fiscal health of the District.
- Implement a fiscal plan to preserve the District resources.
- Plan for the District's future educational and facility needs.

## Ensure the Health and Safety of Students and Employees

- Strengthen mental health support and programs.
- Ensure best practices for safe and healthy learning environments.
- Support physical, social, and emotional wellbeing.



# GUSD Health Curriculum and Instruction

- Grades TK-8
  - Physical Education (PE)
  - Infused in other areas of the curriculum (BP/AR 6142.8)
- Grade 7
  - Project ALERT – Substance Abuse Prevention
  - Positive Prevention Plus - Sex Education - California Healthy Youth Act (CHYA) requirement
- High School
  - Health Course (1 Semester required for graduation and CHYA)
  - Physical Education (2 Years required for graduation)



# California Healthy Youth Act

- State Law: took effect January 1, 2016
- Requires school districts to provide comprehensive sexual health education and HIV prevention education at least once in middle school and once in high school
- In GUSD, instruction is provided in
  - 7<sup>th</sup> Grade Science (Spring)
  - 9<sup>th</sup> Grade Health
- Letter detailing requirements and opt out process sent to 7<sup>th</sup> grade parents in February
- Detailed Information on GUSD website: [www.gusd.net/chya](http://www.gusd.net/chya)
- Informational Webinar for parents on March 9, 2022 @ 5:30 pm



# Opting Out of Instruction

- Parents or guardians can excuse their children from lessons about comprehensive sexual health and HIV prevention education, as well as research on student health behaviors and risks
- Opt-out provision does not apply to instruction or materials outside the context of comprehensive sexual health education, including those that may reference gender, gender identity, sexual orientation, discrimination, bullying, relationships, or family





# Superintendent's Community Update Dr. Vivian Ekchian



**Topic: Building Healthy Communities**

**Thursday, December 16 | 4:00 p.m.**

LIVE on Zoom

Register at [www.gusd.net/SuptUpdate](http://www.gusd.net/SuptUpdate)

## Special Guest Presenters

**Matt Flesock**, *Executive Director, UCLA Health Sound Body Sound Mind*

**Justin Henderson**, *Director of Community Well-Being, Adventist Health Glendale*

**Kathy Young**, *Vice President - Youth Market, American Heart Association*

**Dr. Chris Coulter**, *Director of Teaching and Learning, Glendale Unified School District*



Submit questions at [www.gusd.net/Dec 16](http://www.gusd.net/Dec 16)