

# Superintendent's Update

## Building Healthy Communities

Board of Education Meeting

February 15, 2022

Meeting No. 15



*Excelling Together with Endless Pathways for Success!*



# Building Healthy Communities

In honor of Black History Month and celebrating the 2022 Black History Month theme: Black Health and Wellness, we are exploring how we can work together to address health disparities and better meet the needs of students and families from historically underrepresented communities.



# Board of Education Priorities



## Maximize Student Achievement

- Close the digital and equity gap.
- Offer robust in-person and independent study learning programs.
- Accelerate learning and improve attendance and engagement.

## Foster a Positive Culture of Learning

- Ensure equitable teaching and learning opportunities led by excellence.
- Support culturally relevant curriculum that emphasizes inclusion.
- Increase school connectedness for students, parents, and families.

## Ensure the Health and Safety of Students and Employees

- Strengthen mental health support and programs.
- Ensure best practices for safe and healthy learning environments.
- Support physical, social, and emotional wellbeing.

## Maintain District Financial Responsibility

- Ensure the fiscal health of the District.
- Implement a fiscal plan to preserve the District resources.
- Plan for the District's future educational and facility needs.

## Ensure the Health and Safety of Students and Employees

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- Ensure best practices for safe and healthy learning environments.
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# COLLEGE, CAREER, LIFE READY GRADUATES

## ACADEMIC RIGOR

- High Expectations
- Pathways, Choices & Personalization
- Cultural Competence



## SAFE LEARNING ENVIRONMENT

- Inclusion
- Mental & Physical Wellness
- Sense of Belonging

# BOARD OF EDUCATION PRIORITIES



# Health Curriculum in Glendale Unified Schools

- Elementary School: Physical Education, age-appropriate health concepts infused throughout
- Middle School: Healthy relationships, substance abuse prevention, health education
- High School: Comprehensive health course



# Fostering Healthy Habits in Students

- Social Emotional Learning and Self-Regulation
  - Positive Behavior Interventions and Supports (PBIS)
  - Advisory or enrichment periods at high schools
- Promoting Connections and Involvement
  - Restorative Practices and Community Building
  - Wellness Centers
  - Clubs, Sports, Activities
- Culturally Relevant and Responsive Learning Resources



# Student Wellness Services





# Our Mission

To provide a variety of supports to students, families, and employees in order to build a stronger community that leads to the success of ALL students. We believe in positive, clear communication and providing students with every opportunity to learn and succeed in school and beyond. We support the physical, social-emotional, mental health, and overall well-being of all students in the Glendale Unified School District.







# Supports and Services Available for Students, Employees, and Families

**Individual counseling for students (in-person and via telehealth)**

**Monthly mental health newsletters, videos, and resources**

**Attendance monitoring and interventions**

**Group counseling and support groups for students**

**Monthly trainings: Question, Persuade, and Refer (QPR) suicide prevention and Youth Mental Health First Aid**

**Assistance for foster students and those experiencing homelessness**

**Parent support groups and family engagement**

**Mind-up and social emotional curriculum presentations in the classrooms**

**Mentorship and employment**

**Online counseling referral system and case management**

**Virtual Wellness Room**

**Presentations for STAR, TAPP, and Teen Night Out**

# College and Career Division

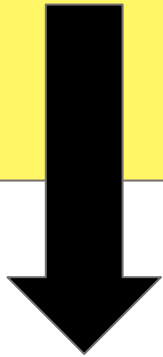


Glendale Unified School District is preparing all students for success in college, career, and life with multiple pathways to ensure students find their purpose and have a competitive advantage in the global marketplace.

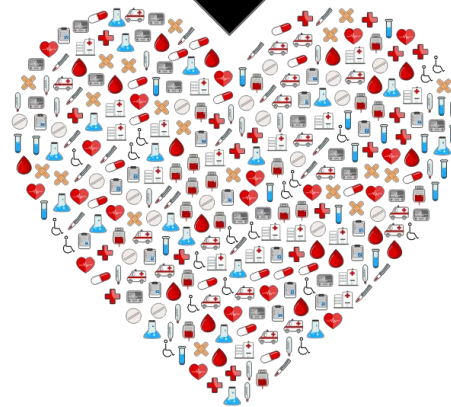
Our goal is for all students to be college and career ready upon graduating from high school with the academic, technical, employability, and life skills to pursue their aspirational goals.

# Building the Future Ready Workforce

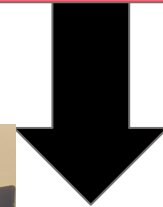
**Exposure**



**Inspiration**



**Mentorship**



# Developing a Talent Pipeline



**Dignity Health™**  
Glendale Memorial Hospital  
and Health Center



Comprehensive  
Community  
Health Centers  
*Your Health, Our Mission.*







## Superintendent's Community Update Dr. Vivian Ekchian

**Topic: Engaging Community Partners  
to Build Healthy Communities**

**Thursday, February 17 | 4:00 p.m.**

LIVE on Zoom  
Register at [www.gusd.net/Feb17](http://www.gusd.net/Feb17)

### Special Guests

**Dominique Holmes**

*Nursing Director, Behavioral Health, Dignity Health Glendale Memorial Hospital and Health Center  
Co-Founder, Glendale Memorial Healthcare Professions Internship Program*

**David Lontok**

*Chief Executive Officer, Comprehensive Community Health Centers*

**Reva McPollom**

*CEO, Lessonbee*

**Gita Murthy**

*Parent, Clark Magnet High School  
President/Founder, Gita Murthy Consulting*



**Kanchana Tate, LCSW**

*Mental Health Clinical Program Manager, LA County Department of Mental Health*

**Douglas Webber, MD**

*Internal Medicine, Dignity Health Glendale Memorial Hospital and Health Center  
Co-Founder, Glendale Memorial Healthcare Professions Internship Program*

# Join us Thursday via Zoom!

Special student guests:

- Caitlin Calica, Glendale HS
- Lia Artoon Levaskanni, Glendale HS
- Eric Markarian, Crescenta Valley HS

## Register at [gusd.net/Feb17](http://www.gusd.net/Feb17)

Submit questions at [www.gusd.net/Feb17Questions](http://www.gusd.net/Feb17Questions)