

Instruction

Courses of Study

Grades TK-6

Courses of study for grades TK-6 shall include the following:

1. English: knowledge and appreciation of language and literature, and the skills of speaking, reading, listening, spelling, handwriting, and composition. (Education Code 51210)
2. Mathematics: concepts, operational skills, and problem solving. (Education Code 51210)
3. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, including instruction in:
 - a. The history, resources, development, and government of California and the United States.

Instruction shall include the early history of California and a study of the role and contributions of men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society. (Education Code 51204.5, 60040)
 - b. The development of the American economic system, including the role of the entrepreneur and labor.
 - c. The relations of persons to their human and natural environments.
 - d. Eastern and western cultures and civilizations.
 - e. Contemporary issues.
 - f. The wise use of natural resources.
4. Science: biological and physical aspects, with emphasis on experimental inquiry and the place of humans in ecological systems. (Education Code 51210)
5. Visual and performing arts: instruction in dance, music, theatre, and visual arts aimed at developing aesthetic appreciation and creative expression. (Education Code 51210)

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6. Health: principles and practices of individual, family, and community health, including instruction at the appropriate grade levels and subject areas in: (Education Code 51202, 51210)
 - a. Fire prevention.
 - b. The protection and conservation of resources, including the necessity for the protection of the environment.
7. Physical education, with emphasis on physical activities conducive to health and vigor of body and mind. (Education Code 51210)
8. The curriculum at the Transitional Kindergarten and Kindergarten level should emphasize readiness and interest activities appropriate to the development level of young children. The Transitional Kindergarten program shall be based on a modified kindergarten curriculum that is age and developmentally appropriate.

Annual Instructional Minutes and Recommended Weekly Instructional Minutes (TK-6)

<u>Subject</u>	<u>Transitional Kindergarten</u>	<u>Kindergarten</u>	<u>Grades 1 - 3</u>	<u>Grades 4 - 6</u>
Reading Language Arts/ English Language Dev.	425	425	600	580
Mathematics	150	150	300	300
Science and Health	100	100	150	200
History/Social Science	100	100	150	200
Fine Arts	100	100	100	100
Physical Education	75	75	100	120
Supervised Play And Exploration/Nutrition	50	50	N/A	N/A

These time allotments for most subject areas are presented as average times and may differ

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according to the identified needs at each school. Subjects may be combined to permit extended lessons during the week. The number of minutes of Physical Education instruction is mandated by the State (Education Code 51223; BP/AR 6142.7).

When calculating the total number of instructional minutes per year, schools shall meet the District total per grade level in accordance with state policy that students have consistent minutes across schools especially students with IEPs.

	Transitional Kindergarten	Kindergarten	Grades 1 - 3	Grades 4 - 6
Minutes Per Year:	40,500	42,300	51,300	54,900

Transitional Kindergarten and Kindergarten student day includes recesses. Grades 1-6 student day excludes recesses and noon intermission.

Grades 7-12

Courses of study for grades 7-12 shall include the following:

1. English: knowledge and appreciation of literature, language, and composition, and the skills of reading, listening, and speaking. (Education Code 51220)
2. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, with instruction in: (Education Code 51220)
 - a. The history, resources, development, and government of California and the United States, including instruction in:
 - (1) The early history of California and a study of the role and contributions of both men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society. (Education Code 51204.5)
 - (2) World War II, including the role of Americans and Filipino Americans who

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served in the United States Army during that time.

- (3) The Vietnam War, including the "Secret War" in Laos and role of Southeast Asians in that war.
 - (4) The Bracero program, under which temporary contract laborers were imported pursuant to a 1942 agreement between the United States and Mexico.
 - b. The American legal system, the operation of the juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions.
 - c. The development of the American economic system, including the role of the entrepreneur and labor.
 - d. The relations of persons to their human and natural environments, including the wise use of natural resources. (Education Code 51221)
 - e. Eastern and western cultures and civilizations.
 - f. Human rights issues, with particular attention to the study of the inhumanity of genocide (which may include, but is not limited to, the Armenian, Cambodian, Darfur, and Rwandan genocides), slavery, and the Holocaust.
 - g. Contemporary issues.
3. World language(s): understanding, speaking, reading, and writing, beginning not later than grade 7. (Education Code 51220)
 4. Physical education: with emphasis on physical activities conducive to health and vigor of body and mind, as required by Education Code 51222. (Education Code 51220)
 5. Science: physical and biological aspects; emphasis on basic concepts, theories, and processes of scientific investigation and on the place of humans in ecological systems; appropriate applications of the interrelation and interdependence of the sciences. (Education Code 51220)
 6. Mathematics: mathematical understandings, operational skills, and problem-solving procedures; algebra. (Education Code 51220, 51224.5)

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7. Visual and performing arts: dance, music, theatre, and visual arts, with emphasis upon development of aesthetic appreciation and creative expression. (Education Code 51220)
8. Applied arts: consumer education, family and consumer sciences education, industrial arts, general business education, or general agriculture. (Education Code 51220)
9. Career technical/vocational-technical education: in the occupations and in the numbers appropriate to the personnel needs of the state and community served and relevant to the career desires and needs of students. (Education Code 51220)
10. Comprehensive sexual health and HIV prevention. (Education Code 51225.36, 51934)
11. Personal and public safety, accident prevention and health, including instruction in: (Education Code 51202, 51203)
 - a. Emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation (CPR) when appropriate equipment is available.

Instruction shall be provided in compression-only CPR based on national guidelines and shall include hands-on practice. (Education Code 51225.6)
 - b. Venereal disease.
 - c. The effects of alcohol, narcotics, drugs, and tobacco upon the human body.
 - d. Prenatal care for pregnant individuals.
 - e. Violence as a public health issue.
12. Violence awareness and prevention.
13. Ethnic studies.
 - a. Commencing in the 2025-26 school year, the District shall offer a one-semester course in ethnic studies as specified in Education Code 51225.3.

In addition, the course of study for grade 7 and/or 8 may include parenting skills and education, including, but not limited to, child growth and development, parental responsibilities, household

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budgeting, child abuse and neglect issues, personal hygiene, maintenance of healthy relationships, teen parenting issues, and self-esteem. (Education Code 51220.5)

Annual Instructional Minutes (6-12)

When calculating the total number of instructional minutes per year, schools shall meet the District total per grade level in accordance with state policy that students have consistent minutes across schools especially students with IEPs.

Middle Schools (6-8) = 61,260 minutes

High Schools (9-12) = 64,970 minutes

Certification of College Preparatory Courses

The Superintendent or designee shall identify District courses that may qualify for designation as “a-g” college preparatory courses, including courses in history-social science, English, mathematics, laboratory science, languages other than English, visual and performing arts, career technical education, and college preparatory. The Superintendent or designee shall submit any necessary information regarding each identified course to the University of California (UC) for “a-g” designation.

Notification to Students in Grades 9-12

At the beginning of each school year, the Superintendent or designee shall provide written notice to parents/guardians of students in grades 9-12 that, to the extent possible, shall not exceed one page in length and that includes all of the following: (Education Code 51229)

1. A brief explanation of the course requirements for admission to UC and the California State University (CSU).
2. A list of the current UC and CSU web sites that help students and their families learn about college admission requirements and that list high school courses that have been certified by UC as satisfying the requirements for admission to UC and CSU.
3. A brief description of what career technical education is, as defined by the California Department of Education (CDE).
4. The Internet address for the portion of the CDE web site where students can learn more about career technical education.

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5. Information about how students may meet with school counselors to help them choose courses that will meet college admission requirements and/or enroll in career technical education courses.

The Superintendent or designee shall provide information to students and parents/guardians regarding the completion and submission of the Free Application for Federal Student Aid (FAFSA) and/or the California Dream Act Application (CADAA) at least once before grade 12. (Education Code 51225.8)

Financial Aid Requirements for Students in Grade 12

Commencing in the 2022-23 school year, the Superintendent or designee shall ensure that each student in grade 12 completes and submits a FAFSA to the U.S. Department of Education or, if a student is exempt from paying nonresident tuition a CADAA to the Student Aid Commission (CSAC), unless either: (Education Code 51225.7)

1. The student's parent/guardian, emancipated minor, or student age 18 years or older submits an opt-out form to the District.
2. If the District determines that a student is unable to complete a requirement of Education Code 51225.7, the District shall exempt the student or the student's parent/guardian from completing the FAFSA, CADAA, or opt-out form and shall complete and submit an opt-out form on the student's behalf.

The Superintendent or designee shall ensure that each high school student in grade 12, and if applicable, the student's parent/guardian, be directed to any support and assistance necessary to complete the FAFSA and/or CADAA that may be available through outreach programs, including, but not limited to, programs operated by CSAC, postsecondary immigration resource centers, college readiness organizations, community-based organizations, and/or legal resource organizations. (Education Code 51225.7)

Information shared by students and parents/guardians in completing and submitting the FAFSA and/or CADAA shall be handled in compliance with the federal Family Rights and Privacy Act and applicable state law, regardless of any person's immigration status or other personal information. (Education Code 51225.7)

Rules Approved: 07/02/85
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