

GUSD Wellness Council meeting 10/29/19

Ethics of eating – part nutrition part Farm to Table.

Reviewed presentations of Wellness Policy to district.

Presented to ASB in October.

Revisit PTA with healthy fundraising ideas.

Find video of active fundraisers.

Middle and High Schools have nutrition unit, but only in culinary as an elective. Likely also a bit in PE and Health Education. Will need to ask curriculum directors. Dr. Mary Mason primary schools and Dr. Kelly King secondary schools.

High percentages of both paid and free students eating lunch, fewer reduced priced students.

Edison has a Zumba class.

Schools starts out the day with walking around campus.

We will have “One Glendale” sports events against the other schools.

Franklin Elementary parents have kids walk around the playground to music as they arrive to school.

R.D. White, Dunmore, and Franklin Elementariness as well.

Priorities for this year:

Update the website with more non-food fundraising plans that are really step-by-step instructions.

Reach out to other stakeholder groups.

How to get the Superintendent to get involved.

Roosevelt has received Healthier U.S. School Silver award and the Principal has notified the families.

They have received \$1000 – plan to use it to spruce up cafeteria – repaint and include healthy nutrition messaging.