



# WELLNESS COMMITTEE 2023

**PARENTS, STUDENTS, TEACHERS, ADMINISTRATORS, LOCAL ORGANIZATIONS, NUTRITION PROFESSIONALS AND COMMUNITY MEMBERS COME TOGETHER TO CREATE THE WELLNESS COMMITTEE**

- **LEARN & DISCUSS TOPICS RELATED TO STUDENT WELLNESS, SUCH AS NUTRITION, PHYSICAL & MENTAL HEALTH**
- **SHARE RESOURCES AND RECOMMENDATIONS**
- **HAVE AN OPPORTUNITY TO PROVIDE INPUT ON THE CURRENT WELLNESS POLICY TO ENHANCE OUR STUDENTS' WELLNESS AND SCHOOL COMMUNITY**

**JOIN OUR FIRST MEETING**

**ON ZOOM**

**MEETING ID: 828 2382 9242**

**WEDNESDAY, FEBRUARY 22**

**3:30 – 4:30 PM**

**UPCOMING MEETING DATES**

**TUESDAY APRIL 11**

**WEDNESDAY MAY 24**



TO LEARN MORE VISIT:  
[WWW.GUSD.NET/PAGE/995](http://WWW.GUSD.NET/PAGE/995)

GUSD NUTRITION SERVICES  
PHONE: 818-552-2677