

A LA CARTE SALES

Available during snack and lunch service.

Fruit	\$0.50
Seasonal Fresh Fruit	
Juice	\$0.50
100% Fruit, 4 oz.	
Milk	\$0.50
1% White or Nonfat Chocolate, 8 oz.	
Baked Chips	\$0.75
Assorted Baked Chips	
Chocolate Chip Cookie	\$1.00
Freshly Baked Whole Grain & Low Fat	
Bottled Water 24 oz.	\$1.00

MEAL SERVICE SCHEDULE

Breakfast	Snack
7:30 a.m. - 8:00 a.m.	9:55 a.m. - 10:10 a.m.
Lunch	
12:25 p.m. - 12:55 p.m.	

This institution is an equal opportunity provider.

STUDENT MEAL PRICES

	Breakfast	Lunch
Full Pay	\$1.25	\$2.50
Reduced	\$0.25	\$0.40
Adult	\$1.50	\$2.75

PAYMENT OPTIONS

Annual Payment

180 Breakfasts x \$1.25 =	\$225.00
180 Reduced Breakfast x \$0.25 =	\$45.00
180 Lunches x \$2.50 =	\$450.00
180 Reduced Lunches x \$0.40 =	\$72.00

Monthly Payment

20 Breakfast x \$1.25 =	\$25.00
20 Reduced Breakfast X \$0.25 =	\$5.00
20 Lunches x \$2.50 =	\$50.00
20 Reduced Lunches x \$0.40 =	\$8.00

CHECKS OR CASH PAYMENTS can be made in the cafeteria or mail checks to Nutrition Services: 349A W. Magnolia Ave. Glendale, CA 91204

ONLINE PAYMENTS: www.ezschoollpay.com

Remaining balances will carry over to the following school year.

For more information, please visit
the GUSD Nutrition Services
website at

www.gusd.net/nutritionservices

GLENDALE UNIFIED SCHOOL DISTRICT



BREAKFAST & LUNCH
MENU

ROSEMONT
MIDDLE SCHOOL

2016-2017



MENU SUBJECT TO CHANGE

W.G. = Whole Grain



GUSD Nutrition Services Department
349A W. Magnolia Ave., Glendale, CA 91204
T (818) 552-2677 · F (818) 552-2689

BREAKFAST & SNACK

*Breakfast served with ½ cup vegetables or fruit.
Offered with potato rounds & *milk.*

W.G. Bagel w/Cream Cheese
(W.G. Plain, Blueberry, or Cinnamon)

Cereal Bowl & String Cheese (Apple Jacks, Cheerios,
Cinnamon Toast Crunch, Frosted Flakes, or Fruit Loops)

Breakfast Bar (Banana Chocolate, Chocolate Chip,
or Apple Cinnamon)

Breakfast Burrito (House Special or Bean & Cheese)

**English Muffin Egg Sandwich w/Canadian Bacon,
Egg, & Cheese**

Sausage Breakfast Pizza

W.G. Cinnamon Roll or Cinnamon Crumb Square

W.G. Cinnamon Toast w/String Cheese

W.G. Double Chocolate Chip Muffin

Yogurt Parfait Cup (Yogurt, Fruit, & Granola)

MANAGER'S SPECIAL

MONDAY

Beef BBQ Ribs Sandwich on W.G. Hoagie

TUESDAY

Edamame Kung Pao Chicken w/Brown Rice, or Lavash
Wrap w/Baked Chips (Southwest or Turkey Cranberry
w/Cream Cheese)

WEDNESDAY

Mandarin Orange Chicken w/Chow Mein or Bean &
Cheese Pupusa w/Cabbage Salad

THURSDAY

White Meat Chicken Nuggets w/W.G. Roll, or Lavash
Wrap w/Baked Chips (Tuna, Southwest, or Turkey
Cranberry w/Cream Cheese)

FRIDAY

Turkey Hot Dog on W.G. Bun

DAILY LUNCH SPECIALS

*All entrees are served with ½ cup vegetables or fruit.
Offered with *milk.*

Pizza (Pepperoni, Cheese, Hawaiian, Pepperoni &
Jalapeno, or Veggie)

Salad & W.G. Hawaiian Roll (Turkey & Cheese or
Turkey Ham & Cheese)

Deli Sandwich & Baked Chips (Turkey & Cheese,
Turkey Ham & Cheese, or Tuna)

Chicken Patty Sandwich (Spicy or Regular)

Bean & Cheese Burrito

Panini Sandwich on W.G. w/Baked Chips (Turkey
& Cheese, Turkey Ham & Cheese, & Cheese)

Nacho Plate (Taco Meat, Cheese Dip & W.G. Corn
Tortilla Chips)

Trail Runner Pack (Yogurt, String Cheese, Muffin,
Dried Cranberries, Sunflower Seeds, & Baby Carrots)

Louisiana Hot Link on W.G. Bun

Hamburger on W.G. Bun

Cheeseburger on W.G. Bun

Bacon Hamburger on W.G. Bun

Bacon Cheeseburger on W.G. Bun

Veggie Burger on W.G. Bun

All Entrées Served With:
½ cup vegetable or seasonal fresh/chilled fruit
&
Offered With:
**Milk (1% white or nonfat chocolate)*

THEME BAR SPECIALS

*Served with ½ cup vegetables or fruit.
Offered with *milk.*

MONDAY-Fajita Bar

Chicken Fajita w/W.G. Tortilla, Spanish Rice,
Shredded Cheese, Black Beans & Pinto Beans

TUESDAY-Taco Bar

Seasoned Ground Beef w/W.G. Tortilla,
Spanish Rice, Shredded Cheese, Black Beans &
Pinto Beans

WEDNESDAY-Chicken Nuggets & Buffalo Bar

White Meat Chicken Nuggets or Buffalo Chicken
w/Mashed Potatoes, Corn Kernels, & W.G.
Hawaiian Roll

THURSDAY-Pasta Bar

Baked W.G. Pasta w/Meat Sauce & W.G.
Parmesan Bread Stick

FRIDAY-Asian Bar

Teriyaki Beef Dunkers, Chicken Teriyaki, or
Mandarin Orange Chicken w/W.G. Chow Mein or
Brown Rice

VEGETABLE OF THE DAY

MONDAY	ROMAINE SALAD
TUESDAY	SWEET POTATO ROUNDS
WEDNESDAY	CORN & BEAN CONFETTI SALSA
THURSDAY	POTATO ROUNDS
FRIDAY	BABY CARROTS

- ✓ A complete meal includes 3 of the 5 Food Groups.
 - Group 1: Vegetables, Group 2: Fruit, Group 3: Grains, Group 4: Protein, Group 5: Milk.
 - Group 3 and 4 are combined to make an Entrée such as Sandwiches, Burritos, Pizzas, and Hamburgers. All you need is a ½ cup vegetable and/or fruit to make it a complete meal.
- ✓ ALL MEALS MUST INCLUDE A MINIMUM OF ½ CUP VEGETABLES AND/OR ½ CUP FRUIT.
- ✓ Additional Vegetables and Fruit are offered daily.