A LA CARTE

Fruit	\$0.50
Seasonal fresh fruit	
Juice	\$0.50
100% fruit, 4 oz.	
Milk	\$0.50
1% white or nonfat chocolate, 8 oz.	
,	
Baked Chips	\$1.00
Assorted baked chips	*
Therefore Dunion Charps	
Chocolate Chip Cookie	\$1.00
Freshly baked whole grain & low fat	φ1.00
Treesing banea whole grain o low lat	
Bottled Water	\$1.00
Dottica Water	ψ1.00

GLENDALE UNIFIED SCHOOL DISTRICT



BREAKFAST & LUNCH MENU 2021-2022

DAILY HIGH SCHOOL

220 N. Kenwood Street Glendale, CA 91206 Phone: (818) 247-4805





GUSD Nutrition Services Department 349A W. Magnolia Ave., Glendale, CA 91204 Phone: (818) 552-2677 • Fax: (818) 552-2689

Breakfast

MONDAY

Entrée Choice of:

- Cinnamon Crumb Square
- Cinnamon Roll
- Breakfast Bar Banana Chocolate or Chocolate Chip

TUESDAY

Entrée Choice of:

- Bagel with Cream Cheese
- Whole Grain Low Sugar Cereal & String Cheese: Apple Jacks, Cocoa Puffs, Froot Loops, Trix or Cinnamon Toast Crunch

WEDNESDAY

Entrée Choice of:

- English Muffin Sandwich with Canadian Bacon and Cheese
- Breakfast Bar Banana Chocolate or Chocolate Chip

THURSDAY

Entrée Choice of:

- Breakfast Pizza
- Breakfast Burrito
- Whole Grain Low Sugar Cereal & String Cheese: *Apple Jacks, Cocoa Puffs, Froot Loops, Trix* or Cinnamon Toast Crunch

FRIDAY

Entrée Choice of:

- Yogurt Parfait
- Chocolate Chip Muffin Banana Chocolate or Chocolate Chip

Manager Special

DAILY CHOICES VARY

Entrée Choice of:

- Breakfast Pizza
- Mini Maple Waffles
- Mini French Toast Cinnamon
- Sweet Potato Chocolate Chip Muffin
- Pancake and Sausage on a Stick
- English Muffin with Turkey Sausage
- French Toast Sticks

Breakfast served with ½ cup of fruit. Offered with milk (1% white or nonfat chocolate).

Lunch

MONDAY - FRIDAY

Entrée Choice of:

- Hamburger or Cheeseburger
- Pizza Hut
- Chicken Patty Sandwich Spicy or Regular
- Pizza Hut

 Cheese or Pepperoni
- Deli Sandwich & Chips

 Turkey or Turkey Ham and Cheese or Tuna
- Trail Runner
 Dried Cranberries, Whole Grain Chocolate
 Chip Muffin, String Cheese & Sunflower Seeds

Manager Special

DAILY CHOICES VARY

Entrée Choice of:

- Subway Sandwich:

 Turkey Cold Cuts or Veggie
- Cheese Quesadilla
- Chicken Corn Dog
- Soynut and Butter Sandwich
- BBQ Chicken on WG Bun
- BBQ Beef Rib on WG Hoagie Roll
- Chicken Taquitos
- Turkey Hot Dog on WG Bun

Lunch served with ½ cup vegetables and/or fruit. Offered with milk (1% white or nonfat chocolate).



Theme Bar

Roll

MONDAY

Chicken Bowl
Chicken (Drumstick,
Popcorn Chicken or Chicken
Nuggets) with Mashed
Potatoes, Corn Kernels and

TUESDAY

Nacho Bar Seasoned Ground Turkey or Chicken Fajita with Tortilla Chips, Pinto Beans, Spanish Rice & Shredded Cheese

WEDNESDAY Pasta

- Meatballs or Chicken Breast with Pasta, Marinara Sauce with Breadsticks
- or Chicken Alfredo with Breadsticks

THURSDAY

Fajita Bowl Chicken Fajita w/Pinto Beans, Spanish Rice, Shredded Cheese & Tortilla

FRIDAY

Chicken

- Mandarin Orange
 Chicken with Chow Mein or Brown Rice
- or Teriyaki Chicken with Brown Rice or Chow Mein

Lunch served with ½ cup vegetables and/or fruit. Offered with milk (1% white or nonfat chocolate).