# Breakfast

### **MONDAY - FRIDAY**

Entrée Choice of:

- Bagel with Cream Cheese
- Cinnamon Crumb Square
- Cinnamon Roll
- Chocolate Chip Muffin
- Breakfast Bar Banana Chocolate or Chocolate Chip
- English Muffin, Turkey Ham and Cheese Sandwich
- English Muffin with Turkey Sausage Banana Chocolate or Chocolate Chip
- Whole Grain Low Sugar Cereal & String Cheese: Apple Jacks, Cocoa Puffs, Froot Loops, Trix or Cinnamon Toast Crunch
- Yogurt Parfait

# **Manager Special**

#### DAILY CHOICES VARY

Entrée Choice of:

- Breakfast Pizza
- Breakfast Burrito
- French Toast Sticks
- Frudel Apple or Cherry
- Mini Maple Waffles
- Mini French Toast Cinnamon
- Oatmeal Bun
- Sweet Potato Chocolate Chip Muffin
- Pancake and Sausage on a Stick

Breakfast served with ½ cup of fruit. Offered with milk (1% white or nonfat chocolate).

## LUNCH MONDAY - FRIDAY

#### Entrée Choice of:

- Hamburger or Cheeseburger
- Pizza Hut Cheese or Pepperoni
- Domino's Cheese or Pepperoni
- Chicken Patty Sandwich
  Spicy or Regular
- Bean and Cheese Burrito
- Deli Sandwich and Chips Turkey or Turkey Ham and Cheese or Tuna
- **Trail Runner** Dried Cranberries, Whole Grain Chocolate Chip Muffin, String Cheese & Sunflower Seeds
- Vegetarian Plate Chocolate Chip Muffin, Fruit, String Cheese and Yogurt

# **Manager Special**

#### DAILY CHOICES VARY

Entrée Choice of:

- Subway Sandwich: Chicken, Turkey Cold Cuts or Veggie
- BBQ Beef Rib on Hoagie Roll
- BBQ Chicken on Bun
- Chalupa
- Cheese Quesadilla
- Chicken Corn Dog
- Chicken Nuggets with French Fries
- Chicken Taquitos
- Fish Sticks with French Fries
- Grilled Cheese Sandwich
- Hummus with Tortilla Chips
- Mac and Cheese
- Ravioli with Marinara Sauce
- Soynut Butter and Jelly Sandwich
- Turkey Hot Dog on Bun

Lunch served with  $\frac{1}{2}$  cup vegetables and/or fruit. Offered with milk (1% white or nonfat chocolate).

### **Lunch - Theme Bar** DAILY CHOICES VARY

#### MONDAY

Chicken Bowl

- Chicken (Drumstick, Popcorn Chicken or Chicken Nuggets) with Mashed Potatoes, Corn Kernels and Roll
- Hot and Spicy or Breaded Drumstick *with Rice, Corn Kernel and Roll*

#### TUESDAY

Nacho Bar

Seasoned Ground Turkey or Chicken Fajita with Tortilla Chips, Pinto Beans, Spanish Rice & Shredded Cheese

#### WEDNESDAY

Pasta

- Meatballs or Chicken Breast with Pasta, Marinara Sauce and Breadsticks
- Chicken Alfredo with Breadsticks

#### THURSDAY

- Fajita Bowl: Chicken Fajita w/Pinto Beans, Spanish Rice, Shredded Cheese & Tortilla
- Chicken: Chicken Shawarma with Garlic Sauce

#### FRIDAY

Chicken

- Mandarin Orange Chicken with Chow Mein or Brown Rice
- Teriyaki Chicken with Brown Rice or Chow
- Mein
- Sweet and Sour Chicken with Brown Rice or Chow Mein
- Edamame Kung Pao Chicken with Rice

### BBQ Specials Monday - Friday

Entrée Choice of:

- BBQ Hamburgers with or without Bacon
- BBQ Cheeseburgers with or without Bacon
- BBQ Hot Links
- BBQ Hot Dogs

Lunch served with <sup>1</sup>/<sub>2</sub> cup vegetables and/or fruit. Offered with milk (1% white or nonfat chocolate).

### **SNACKS AND BEVERAGES**

Fruit Seasonal fresh fruit	\$0.50
Juice 100% fruit, 4 oz.	\$0.50
Milk 1% white or nonfat chocolate, 8 oz.	\$0.50
Baked Chips Assorted baked chips	\$1.00
Whole Grain Chocolate Chip Cookie Freshly baked whole grain & low fat	\$1.00
Bottled Water	\$1.00

If your child has food allergies, please contact GUSD Nutrition Services at (818) 552-2677 or email us at Nutrition.Services@gusd.net

#### GLENDALE UNIFIED SCHOOL DISTRICT

BREAKFAST & LUNCH MENU 2023-2024

### CLARK MAGNET HIGH SCHOOL

4747 New York Avenue La Crescenta, CA 91214 Phone: (818) 248-8324 Cafeteria: (818) 957-3024





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