Glendale Unified School District

Grades 6–12
Spring 2019

Report created by
Panorama Education

Summary

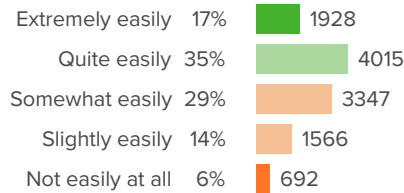| Topic Description	Results	Benchmark
Emotion Regulation How well students regulate their emotions.	**49%** 0 since last survey	⚪⚪⚪🟢⚪ 60th - 79th percentile compared to others nationally
Growth Mindset Student perceptions of whether they have the potential to change those factors that are central to their performance in school.	**55%** ▼ 2 since last survey	⚪⚪⚪🟢⚪ 60th - 79th percentile compared to others nationally
Self-Efficacy How much students believe they can succeed in achieving academic outcomes.	**52%** ▼ 1 since last survey	⚪🟠⚪⚪⚪ 20th - 39th percentile compared to others nationally
Social Awareness How well students consider the perspectives of others and empathize with them.	**63%** ▼ 1 since last survey	⚪🟠⚪⚪⚪ 20th - 39th percentile compared to others nationally

11,598 responses

Emotion Regulation

Your average	Change
49%	**0**
11,598 responses	since last survey

How did people respond?

Q.1: When you are feeling pressured, how easily can you stay in control?

Extremely easily	17%	1928
Quite easily	35%	4015
Somewhat easily	29%	3347
Slightly easily	14%	1566
Not easily at all	6%	692

▼1 from last survey   Favorable: **51%**

Q.2: How often are you able to pull yourself out of a bad mood?

Almost always	14%	1569
Frequently	27%	3097
Sometimes	35%	4005
Once in a while	18%	2023
Almost never	7%	844
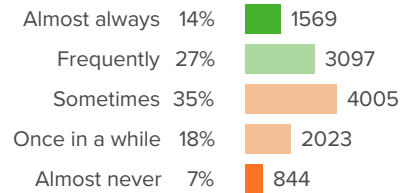
▼1 from last survey   Favorable: **40%**

Q.3: When everybody around you gets angry, how relaxed can you stay?

Extremely relaxed	15%	1763
Quite relaxed	32%	3695
Somewhat relaxed	31%	3524
Slightly relaxed	15%	1693
Not relaxed at all	8%	867
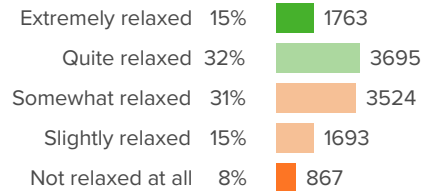
▲1 from last survey   Favorable: **47%**

Q.4: How often are you able to control your emotions when you need to?

Almost always	25%	2856
Frequently	37%	4240
Sometimes	26%	3022
Once in a while	8%	962
Almost never	4%	439
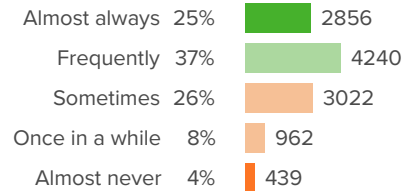
▼1 from last survey   Favorable: **62%**

Q.5: Once you get upset, how often can you get yourself to relax?

Almost always	16%	1878
Frequently	33%	3810
Sometimes	33%	3835
Once in a while	13%	1484
Almost never	5%	547
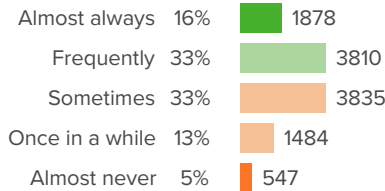
▼2 from last survey   Favorable: **49%**

Q.6: When things go wrong for you, how calm are you able to remain?

Extremely calm	12%	1361
Quite calm	32%	3724
Somewhat calm	34%	3932
Slightly calm	16%	1843
Not calm at all	6%	704
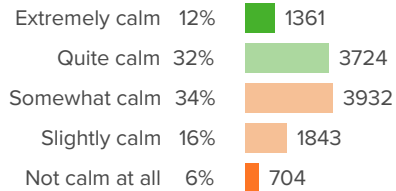
▲1 from last survey   Favorable: **44%**

Growth Mindset

Your average

55%

11,598 responses

Change

▼ **2**
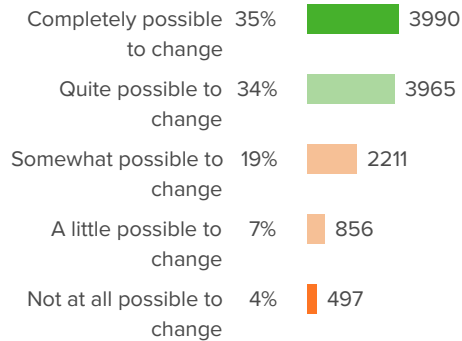
since last survey

How did people respond?

Q.1: In school, how possible is it for you to change: Being talented

Completely possible to change	17%	1911
Quite possible to change	29%	3297
Somewhat possible to change	32%	3726
A little possible to change	15%	1681
Not at all possible to change	8%	949
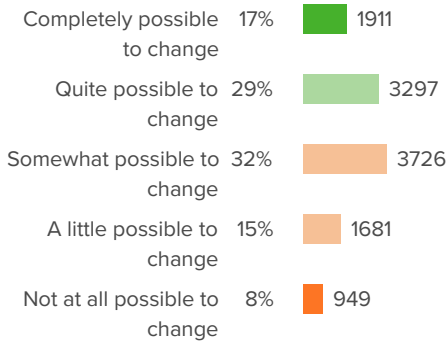
▼ **3** from last survey   Favorable: **45%**

Q.2: In school, how possible is it for you to change: Putting forth a lot of effort

Completely possible to change	35%	3990
Quite possible to change	34%	3965
Somewhat possible to change	19%	2211
A little possible to change	7%	856
Not at all possible to change	4%	497

▼ **1** from last survey   Favorable: **69%**

Q.3: In school, how possible is it for you to change: Behaving well in class

Completely possible to change	45%	5160
Quite possible to change	27%	3138
Somewhat possible to change	14%	1623
A little possible to change	7%	856
Not at all possible to change	7%	758
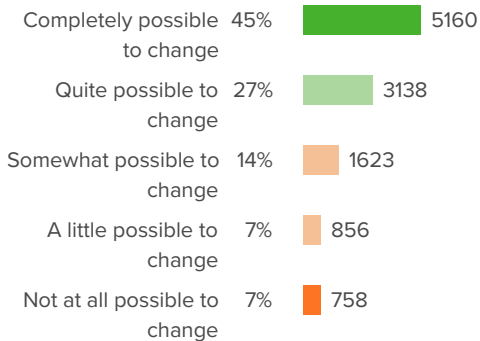
▼ **1** from last survey   Favorable: **72%**

Q.4: In school, how possible is it for you to change: Liking the subject

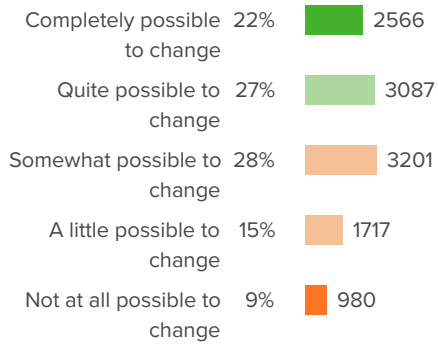|		
Completely possible to change	15%	1698
Quite possible to change	23%	2676
Somewhat possible to change	34%	3943
A little possible to change	19%	2235
Not at all possible to change	9%	997
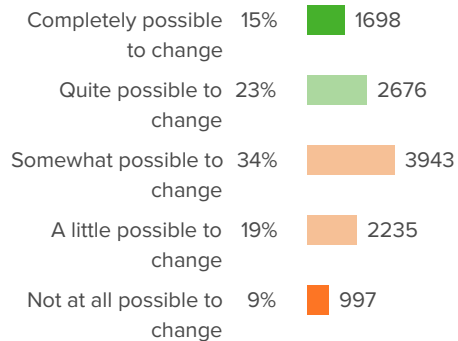
▼ **3** from last survey   Favorable: **38%**

Q.5: In school, how possible is it for you to change: How easily you give up

Completely possible to change	22%		2566
Quite possible to change	27%		3087
Somewhat possible to change	28%		3201
A little possible to change	15%		1717
Not at all possible to change	9%		980

▲ **0** from last survey   Favorable: **49%**

Q.6: In school, how possible is it for you to change: Your level of intelligence

Completely possible to change	25%		2880
Quite possible to change	32%		3641
Somewhat possible to change	27%		3067
A little possible to change	10%		1198
Not at all possible to change	7%		757
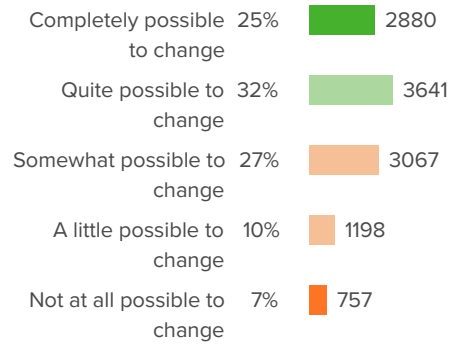
▼ **4** from last survey   Favorable: **56%**

Self-Efficacy

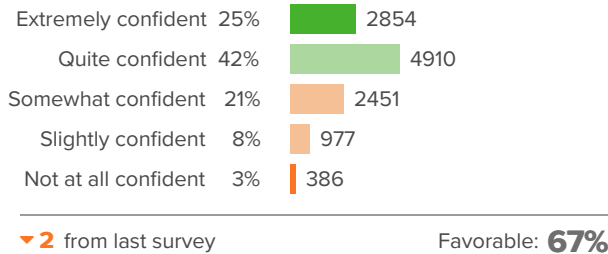**Your average**

52%

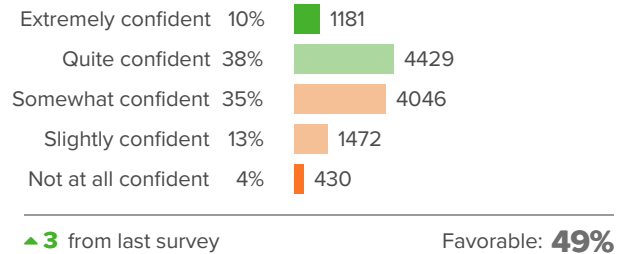11,598 responses

Change

▼ **1**
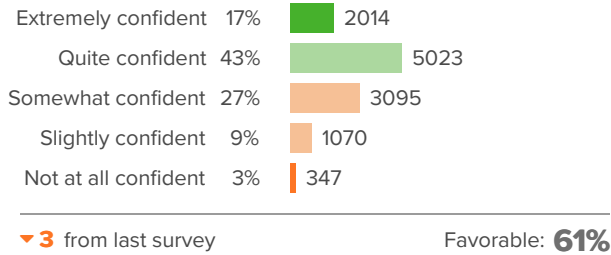
since last survey

How did people respond?

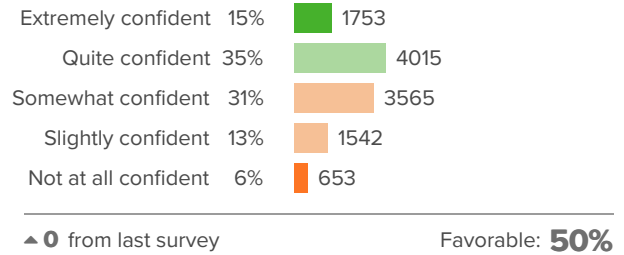### Q.1: How confident are you that you can complete all the work that is assigned in your classes?

Extremely confident	25%	2854
Quite confident	42%	4910
Somewhat confident	21%	2451
Slightly confident	8%	977
Not at all confident	3%	386

▼ **2** from last survey   Favorable: **67%**

Q.2: When complicated ideas are presented in class, how confident are you that you can understand them?

Extremely confident	10%	1181
Quite confident	38%	4429
Somewhat confident	35%	4046
Slightly confident	13%	1472
Not at all confident	4%	430

▲ **3** from last survey   Favorable: **49%**

Q.3: How confident are you that you can learn all the material presented in your classes?

Extremely confident	17%	2014
Quite confident	43%	5023
Somewhat confident	27%	3095
Slightly confident	9%	1070
Not at all confident	3%	347

▼ **3** from last survey   Favorable: **61%**

Q.4: How confident are you that you can do the hardest work that is assigned in your classes?

Extremely confident	15%	1753
Quite confident	35%	4015
Somewhat confident	31%	3565
Slightly confident	13%	1542
Not at all confident	6%	653

▲ **0** from last survey   Favorable: **50%**

Q.5: How confident are you that you will remember what you learned in your current classes, next year?

Extremely confident	9%	983
Quite confident	25%	2895
Somewhat confident	35%	4081
Slightly confident	21%	2440
Not at all confident	10%	1159

▼ **2** from last survey   Favorable: **34%**
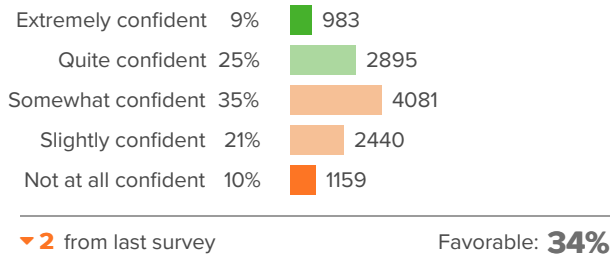
Social Awareness

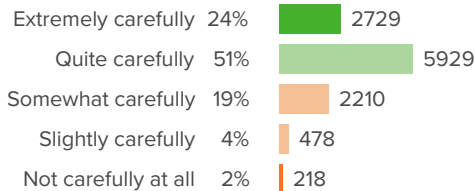**Your average**

63%

11,598 responses

Change

▼ **1**

since last survey

How did people respond?

Q.1: During the past 30 days...How carefully did you listen to other people's points of view?

Extremely carefully	24%	2729
Quite carefully	51%	5929
Somewhat carefully	19%	2210
Slightly carefully	4%	478
Not carefully at all	2%	218

▼ **1** from last survey   Favorable: **75%**

Q.2: During the past 30 days...How much did you care about other people's feelings?

Cared a tremendous amount	36%	4152
Cared quite a bit	40%	4601
Cared somewhat	16%	1820
Cared a little bit	5%	559
Did not care at all	4%	416
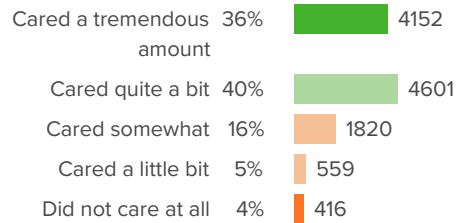
▼ **2** from last survey   Favorable: **76%**

Q.3: During the past 30 days...How well did you get along with students who are different from you?

Got along extremely well	21%	2477
Got along pretty well	49%	5669
Got along somewhat	21%	2387
Got along a little bit	6%	713
Did not get along at all	3%	304
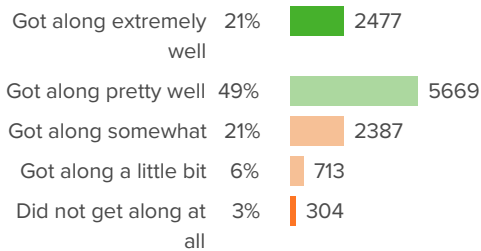
▼ **2** from last survey   Favorable: **71%**

Q.4: During the past 30 days...How often did you compliment others' accomplishments?

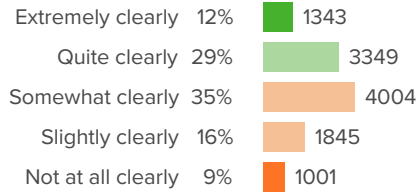|		
Almost all the time	19%	2219
Frequently	40%	4645
Sometimes	28%	3262
Once in a while	9%	975
Almost never	4%	434
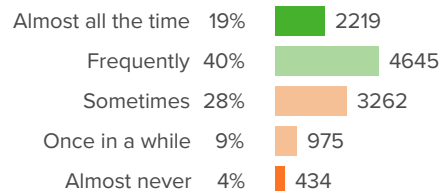
▲ **1** from last survey   Favorable: **60%**

Q.5: During the past 30 days...How clearly were you able to describe your feelings?

Extremely clearly	12%	1343
Quite clearly	29%	3349
Somewhat clearly	35%	4004
Slightly clearly	16%	1845
Not at all clearly	9%	1001

▼ **3** from last survey   Favorable: **41%**

Q.6: During the past 30 days...When others disagreed with you, how respectful were you of their views?

Extremely respectful	17%	2001
Quite respectful	48%	5596
Somewhat respectful	25%	2925
Slightly respectful	7%	750
Not at all respectful	2%	276
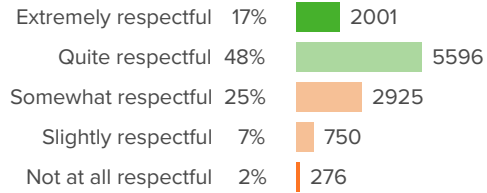
▼ **1** from last survey   Favorable: **66%**

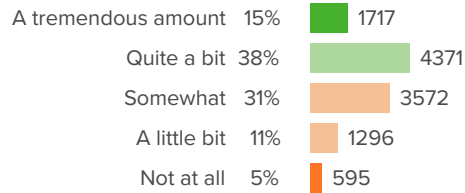**Q.7: During the past 30 days...To what extent were you able to stand up for yourself without putting others down?**

A tremendous amount	20%	2343
Quite a bit	42%	4839
Somewhat	26%	3032
A little bit	8%	903
Not at all	4%	427
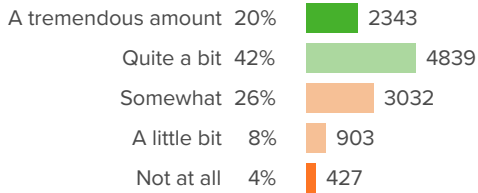
▼ **2** from last survey   Favorable: **62%**

Q.8: During the past 30 days...To what extent were you able to disagree with others without starting an argument?

A tremendous amount	15%	1717
Quite a bit	38%	4371
Somewhat	31%	3572
A little bit	11%	1296
Not at all	5%	595

▲ **1** from last survey   Favorable: **53%**