

Glendale Unified School District

Internship

2023-2024 Healthcare Professions Internship



Dignity Health.

Glendale Memorial Hospital
and Health Center

Welcome and Introduction

Dignity Health - Glendale Memorial Hospital and Health Center (GMHHC) was founded in 1926 and has since grown from its original 47 beds to a 334-bed acute care community hospital offering primary service lines, including heart care, critical care medicine, adult behavioral health, orthopedics, women's health, colorectal care, gastroenterology, stroke care, emergency services, and wound care.

GMHHC is part of Dignity Health, a healthcare system with 39 hospitals located in California, Nevada, and Arizona. GMHHC employs over 1,000 people and has a medical staff of more than 500 physicians. GMHHC is also part of CommonSpirit Health, an alignment of Dignity Health and Catholic Health Initiatives in early 2019. CommonSpirit Health is a national organization of 140 hospitals and more than 1,000 care centers serving one in four people across 21 states.

As CommonSpirit Health, our mission is to make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all. Our core values are Inclusion, Integrity, Compassion, Excellence, and Collaboration.

Through this special internship, GMHHC will provide selected Glendale Unified School District students with a unique, inspiring, and inclusive experience. The internship period will take place during the 2023-2024 school year.

Please review the following pages to further understand the program, scheduling commitments, and timeline. We look forward to welcoming you to the third year of our internship program.

Thank you for your interest in Glendale Memorial Hospital.



Jill Welton
Hospital President & CEO
Dignity Health - Glendale Memorial Hospital & Health Center

Description and Scope of Activities

GMHHC will offer an internship to selected Glendale Unified School District students with a broad overview and exposure to healthcare fields and healthcare professions. This internship will also directly connect to the students' independent study high school course. During this yearlong program, students will be on-site at the hospital for three hours per week. Students can expect the following:

Mentoring

Mentorship is a critical component of the students' internship. Each student will be paired with a physician mentor. The mentor will provide oversight and guidance to assist the students will integrating their hospital learning experience and also share their experience from their own career journey. The mentor will meet with the student periodically throughout each semester. In addition, hospital staff are also available for mentoring depending upon student interest.

Department Rotations

Fall Semester

Students will have the opportunity to rotate through six areas of interest. These choices may include in-patient and out-patient areas such as: Surgery; Intensive Care; Maternal Child Health; Behavioral Medicine; Emergency Medicine; Cardiology; Telemetry Unit, Medical Surgical Unit, and Ancillary Departments (e.g. Radiology, Pharmacy, Lab, Rehabilitation Therapies).

For these one-week rotations, the student will be given an orientation and overview of the department and will have the opportunity to observe hospital operations, clinical care, and ancillary support. Students will also have the opportunity to shadow various clinicians and support staff. The introductory semester will prepare students for the in-depth Spring semester.

Spring Semester

Students will choose three clinical areas and remain in each area for five weeks. These five-week rotations will consist of an in-depth and focused experience in each of the areas listed above.

Important Note

This internship experience provides opportunities for direct observation and shadowing to provide a broad range of experiences for our interns. This internship does not provide "hands-on" experiences or skills training.

Learning Labs & Networking

Between semesters, guest speakers will introduce students to healthcare topics which may include the following: BLS certificate; Bioethics; Human Trafficking; Mental Health; Resume Clinic, and other topics. Learning Labs will be held on-site or virtually, depending upon the speaker.

In addition, networking events will be scheduled throughout the year to give students additional opportunities to learn from all our mentors and to meet with other interns.

Final Project

Students will submit a reflection paper at the end of the internship year for their final project. This reflection paper will include discussion items such as: "How has the internship impacted your healthcare career plans? What are some steps you can take following the internship to achieve your career goals?" More information will be provided in the Spring Semester.

Outcomes

As a result of this internship, students will have a basic understanding of the variety of healthcare professions that work together to ensure safe, compassionate, patient-centered care in the hospital setting. Students will be able to articulate a basic understanding of the variety of clinical, ancillary, and administrative areas that comprise hospital operations.

Timeline

Fall Semester: Healthcare Professions Introductory Rotations

September 15	Applications due September 15, 5:00pm
October 6	Students notified regarding final application status
October 17	Hospital Orientation, 4:00pm-6:30pm
October 23	Healthcare Professions Internship Orientation (with mentors and hospital leaders), 5:30-6:30pm
Week of October 30	Rotation 1
Week of November 6	Rotation 2
Week of November 13	Rotation 3
November 20-24	Thanksgiving Break (NO ROTATIONS)
Week of November 27	Rotation 4
Week of December 4	Rotation 5
Week of December 11	Rotation 6

Timeline

Winter Semester: Learning Labs

January TBD 5 hour course	BLS Course and Certification
January TBD 2 hour course	Human Trafficking 101
January TBD 2 hour course	High Reliability Organization Training
January TBD 2 hour course	Bioethics
February TBD 2 hour course	Physician Mentors: Pearls of Wisdom and Other Tips for the Journey
February TBD 2 hour course	Healthcare Professionalism and Resume Clinic

Timeline

Spring Semester: Healthcare Professions In-Depth Rotations

Week of February 5	Rotation 1
Week of February 12	Rotation 1
Week of February 19	Rotation 1
Week of February 26	Rotation 1
Week of March 4	Rotation 1
Week of March 11	Rotation 2
Week of March 18	Rotation 2 Spring Break (Interns have rotations)
Week of March 25	Rotation 2
Week of April 1	Rotation 2
Week of April 8	Rotation 2
Week of April 15	Rotation 3
Week of April 22	Rotation 3
Week of April 29	Rotation 3
Week of May 6	Rotation 3
Week of May 13	Rotation 3
May 22	Graduation, 5:30-7:00pm