



# 10 SKILLS Your Child Will Need in **KINDERGARTEN**

This is a checklist of skills that will help your child learn and grow in Kindergarten. Being intentional about helping them develop these skills at home will set them up for success. In the weeks and months leading up to Kindergarten, you'll want to assess how well your child can do each of the following things. This checklist is meant to serve as a guide for what to focus on as your family prepares for the wonderful adventure of kindergarten!

| Criteria  | My Child Can Do This Consistently (✓) | My Child Needs to Work on this Skill (✓) |
|---|---------------------------------------|--|
| Recognize/spell his name                        |                                       |  |
| Go to the bathroom and wash hands independently |                                       |  |
| Zip and unzip a coat or jacket                  |                                       |  |
| Open all items in his lunch box                 |                                       |  |
| Follow simple and multi-step directions         |                                       |  |
| Help tidy/put things away                       |                                       |  |
| Properly hold and use scissors and glue         |                                       |  |
| Ask for help/express what he needs              |                                       |  |
| Focus on one activity for at least 10 minutes   |                                       |  |
| Listen to a story without interrupting          |                                       |  |