

<u>Year of Activity</u>	<u>School Activities, Sports, or Clubs</u>	<u>Description of Activity and Position Held</u>

<u>Year of Award</u>	<u>Awards, Honors, & Recognitions</u>	<u>Description of Recognition</u>

<u>Year of Activity</u>	<u>Community Activities & Community Service</u>	<u>Description of Activity</u>

Which one or two activities were the most meaningful to you? Why?

List three to five words that you would use to describe yourself. Explain each with several sentences for each response.

What special talents (music, sports, theatrical, dance, art, video, technology) do you possess? Explain each with several sentences.

What obstacle (family, personal, illness, financial, etc.) if any, have you encountered? How did you overcome this obstacle? Explain with several sentences.

Do you feel that your academic record is an accurate reflection of your ability? Why?

Please note any additional information that may be helpful to your counselor or teacher in writing your letter recommendation.

Parent Brag Sheet

(Please ask your parent to complete this section)

Over the past three years, what are your child's most significant achievements? Why did you select these as the most important?

In what areas has your child shown the most development and growth during the past three to four years?

Which personality traits best describe your child?

What are the best five adjectives that describe your son/daughter?

Are there any unusual or personal circumstances that have affected your child's educational experience?

Please provide any additional information that may be useful for the counselor/teacher in provide your student with a quality letter of recommendation