October is... DOMESTIC VIOLENCE AWARENESS MONTH

October is National Domestic Violence Awareness Month. The goal is to create and raise awareness about the signs of abuse and ways to stop it. This month gives us the chance to uplift survivors, take a stand and educate others by providing resources to community members, educators, leaders and policy makers. Domestic violence affects individuals of all ages, genders, socio-economic status, sexual orientation, race or nationality and it is important that we keep ourselves informed and aware.

The COVID-19 pandemic has created overwhelming circumstances that impact mental and physical health for many people in LA County. These circumstances and stressors are likely to elevate the risk for domestic violence.

According to the National Intimate Partner and Sexual Violence Survey (NIPVS) conducted by the Centers for Disease Control (CDC):

- In the U.S. about 1 in 4 women and 1 in 10 men have experienced contact sexual violence, physical violence, and/or stalking by an intimate partner and reported an IPV-related impact during their lifetime.
- About 1 in 5 women and nearly 1 in 7 men who have experienced rape, physical violence and/or stalking by an intimate partner first experienced it before the age of 18.

According to U.S. Transgender Survey:

• Over 1 in 2 transgender people have experienced some form of intimate violence, including acts involving coercive control and physical harm, in their lifetime.

Resources

<u>Department of Public Health Domestic Violence</u>

Reaching Out Intimate Partner Violence-English Spanish



