

GLENDALE UNIFIED SCHOOL DISTRICT

Senior High School

January 20, 2004

Department: Science

Course Title: Kinesiology and Rehabilitation 1-2

Grade Level: 11, 12

Semester Hours: 10 (2 semesters)

Prerequisites: C or better in both Physical Science and Life Science  
or Teacher Approval

Approved Text: Essentials of Athletic Training  
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SE ISBN: 0-07-248891-3  
TE ISBN: 0-07-244853-9

Course Description: Kinesiology and Rehabilitation 1-2 is a lab science course, based upon appropriate California State Science Standards. The major concepts are prevention, recognition and rehabilitation of athletic injuries through the application of anatomy and physiology concepts

This course meets the "g" requirement for admission to the University of California system.

Course Outline:

- Column 1: Course Standards. Standards that match California State Biology and Life Science Standards are identified with a B/LS and the number [in brackets] at the end of the standard.
- Column 2: What the student should know and be able to do.
- Column 3: Materials to be used to obtain these goals
- Column 4: Suggested Time
- Column 5: Assessments

While it is never easy to omit chapters, teachers should use this information to make informed decisions as to which matches the course objectives and standards, rather than "finishing the book."