

Glendale Unified School District

High School

June 20, 2017

Department: Career Technical Education

Course Title: Cosmetology 7-8 (Capstone) (*REVISED*)

Course Code: 5556/5557

Grade Level(s): 10-12

Course Credits: 10

Recommended Prerequisite: A grade of "C" or better in Cosmetology 5-6

Recommended Textbook: Milady Standard Cosmetology Textbook 13<sup>th</sup> Edition, Author Milady, 2015 ISBN-13: 978-1285769431

Course Overview: Cosmetology 7-8 is the capstone course in the Fashion and Interior Design Industry sector for students who are interested in the personal services pathway. Advance level Cosmetology 7- 8 includes principles of hair care, nail care-manicuring/predicating, skin care with related Anatomy and Physiology, Interpersonal Communications, human relations, ethics, scope of practice, legal rules and regulations, and State Board of Cosmetology Mandated Curriculum; establish a core foundation for practice as the entry level employee within the Cosmetology Industry. This course is designed to prepare students for future employment as a professional Licensed Cosmetologist. ALL content domains are covered each year progressing knowledge and skills from basic to complex as students continue the program.

**Semester 1**

Unit 1 - General Science (Health & Safety/Infection Control; Principles & Practices) (2 Weeks)  
The Barbering and Cosmetology Act and State Board's Rules and Regulations

Career Readiness Anchor Standards: 5.1, 5.2, 5.3, 5.4, 6.1, 6.2, 6.3, 6.4, 6.5, 6.6, 6.7, 11.1  
California CTE Personal Service Pathway Standards: C1.0, C1.1, C1.2, C1.3, C1.4, C1.5, C9.0, C9.2, C9.4, C12.2, C12.3, C3.0, C3.1, C3.2, C3.3, C3.4, C3.5  
Common Core Standards: CCSSLS12.1, CCSSLS12.6, CCSSWS12.2

- A. Health and Safety/Hazardous Substances and Bacteriology/Infection Control Principles: Principles & Practices: To be a knowledgeable, successful, and responsible professional in the field of cosmetology, students are required to understand the types of illness causing pathogens they may encounter in the salon. Understanding the basics of cleaning, disinfecting and following federal and state rules will safeguard the students and clients. Understanding the cleaning and disinfecting products that students use and how to use them will keep students, their clients, and the salon floor/classroom environment protected from potential pathogens and their modes of transmission. Practicing proper infection control within federal, state, and local laws/rules will safeguard Salon businesses from costly citations for safety violations. Respecting the chemicals used in cleaning and is infection by reading labels and following manufacturer's instructions is necessary to reduce the risk involved with using any chemical.
- B. Students will build a display or create a bulletin board using samples, pictures or labels of disinfectants and antiseptics and a statement of how to use them. Students will be tested and must receive 100% before moving on in the course.

Unit 2 - Communicating for Success

(2 Weeks)

Standards

Career Readiness Anchor Standards: 2.1, 2.2, 2.4, 2.5, 2.6, 3.1, 3.4, 3.6, 3.7, 3.9, 8.1, 8.3, 8.5, 8.7, 11.1

California CTE Personal Service Pathway Standards: C1.0, C2.0, C2.1, C2.2, C2.3, C2.4, C2.5, C4.0, C4.1, C4.2, C4.3, C4.4, C5.2, C5.3, C6.1, C6.2, C6.3, C6.4, C7.1, C7.2, C7.3, C7.4, C7.5, C11.1, C11.2, C11.3, C11.4, C11.5

Common Core Standards: CCSSLS12.1, CCSSLS12.6, CCSSRSIT12.7, CCSSRHSS12.7, CCSSWS12.7

- A. Communicating for Success: Provide training in the area of communication skills that includes professional ethics, salesmanship, decorum, record keeping, client service record cards, and career planning. Three weeks Communicating effectively is the basic of all long-lasting relationships with clients and co-workers. The communication process will help stylist perfect the consultation process with clients. Effective communication fosters a positive team environment. Good communication skills reduce potential workplace conflict. Learning how to communicate effectively can help stylist improve retail and service sales. Practicing professional communication ensures that clients will enjoy their experience, and it encourages their continued patronage. Effectively expressing ideas is a necessary skill for career advancement.
- B. Students complete scenario-based questions in chapter 4 Situational problems for Milady Standard Cosmetology. Students will complete the Nonverbal Communications Checklist handout (LP 4.0, H-2).

Unit 3 - Hair Care (Hair Color/Highlights, Lightener Application, Ombre, Balayage) (3 Weeks)

Standards

Career Readiness Anchor Standards: 5.1, 5.2, 5.3, 5.4, 6.6, 10.6, 11.1

California CTE Personal Service Pathway Standards: C5.1, C5.4, C5.5, C8.0, C8.1, C8.2, C8.3, C8.4, C8.5, C10.0, C10.1, C10.2, C10.3, C10.4, C10.5,

Common Core Standards: CCSSLS12.1, CCSSLS12.2, CCSSLS12.6

- A. Bleaching: Colorist can choose from three forms of lighteners: oil, cream, and powder. Oil and cream lighteners are considered on-the-scalp lighteners, which are lighteners that can be used directly on the scalp by mixing the lighteners with activators. Hair Color services provides stylists and clients with an opportunity for creative expression and artistry. Clients increasingly ask for and require excellent hair coloring services to cover gray, to enhance their haircuts, and to camouflage face-shape imperfections. Hair Coloring products employ strong chemical ingredients to accomplish services, so being aware of what these chemicals are and how they work will enable students to safely provide color services.
- B. Students will perform a highlighting procedure utilizing various types of weaving techniques. Students will execute a full head highlighting technique on a mannequin.

Unit 4 - Nail Care (Monomer Liquid & Polymer Powder Nail Enhancement) (3 Weeks)

Career Readiness Anchor Standards: 5.1, 5.2, 5.3, 5.4, 6.6, 10.6, 11.1

California CTE Personal Service Pathway Standards: C5.1, C5.4, C5.5, C8.0, C8.1, C8.2, C8.3, C8.4, C8.5, C10.0, C10.1, C10.2, C10.3, C10.4, C10.5

Common Core Standards: CCSSLS12.1, CCSSLS12.2, CCSSLS12.6

- A. Monomer Liquid & Polymer Powder Nail Enhancement: Monomer liquid and polymer powder nail enhancements are popular services that are frequently requested and clients will expect expert service. Monomer liquid and polymer powder nail enhancements are lucrative services. Clients who desire them are committed to their upkeep, so if you earn client's trust and respect you will build a loyal clientele. Knowing how to properly work with the enhancement material and understanding its chemical makeup will allow you to perform the service safely for you and for your client.
- B. Using either practice fingers or practice hands, have students apply acrylic (monomer liquid and polymer powder) nails. Have students work as teams to research industry magazines and create educational bulletin board displaying beautiful acrylic nails.

Unit 5 - Skin care (Facials/Chemical)

(2 Weeks)

Standards

Career Readiness Anchor Standards: 5.1, 5.2, 5.3, 5.4, 6.6, 11.1

California CTE Personal Service Pathway Standards: C5.1, C5.4, C5.5, C8.0, C8.1, C8.2, C8.3, C8.4, C8.5, C10.0, C10.1, C10.2, C10.3, C10.4, C10.5

Common Core Standards: CCSSLS12.1, CCSSLS12.2, CCSSLS12.6

- A. Chemical Peels: Chemical skin peels, packs, masks and scrubs emphasize only on the non-living, uppermost layers of facial skin, known as the epidermis. The epidermis may be removed, and only for the purpose of beautification. Providing skin care services to clients is extremely rewarding, and will help busy clients to relax, improve their appearance, and help them feel better about themselves. Knowing the basics of skin analysis and basic information about skin care products will enable Students to offer clients advice when they ask for it.
- B. Students will write a 1-page research paper on the structure of the skin and the effect of a chemical peel procedure. Students will be able to explain the importance of skin analysis and client consultation.

Unit 6 - Hair Care (Hair Cutting)

(3 Weeks)

Standards

Career Readiness Anchor Standards: 5.1, 5.2, 5.3, 5.4, 6.6, 10.6, 11.1

California CTE Personal Service Pathway Standards: C5.1, C5.4, C5.5, C8.0, C8.1, C8.2, C8.3, C8.4, C8.5, C10.0, C10.1, C10.2, C10.3, C10.4, C10.5,

Common Core Standards: CCSSLS12.1, CCSSLS12.2, CCSSLS12.6

- A. Haircutting Layered Uniform, Clipper Cut: A layered haircut created with uniform layers is elevated to 90 degrees from the scalp and cut at the same length. The long-layered haircut is introduced to students. The hair is cut at a 90-degree elevation and then redirected to maintain length and weight at the perimeter. The men's basic clipper cut is cropped close along the bottom and sides and becomes longer as students travel up the head. Haircutting is the basic foundation skill upon which all other hair design is built. Being able to rely on haircutting skills and techniques when creating a haircut is what will build confidence, trust, and loyalty between a cosmetologist and his or her clients. The ability to duplicate an existing haircut or create a new haircut from a photo will build a stronger professional relationship between stylist and client. A good haircut that is easy to style and maintain will make clients happy with their experience and will build repeat services. Studying the fundamentals will allow students to understand advanced haircutting techniques. Specializing in haircutting will increase student's career opportunities and profits as a hairstylist. The third basic haircut is the
- B. Students will perform hair analysis as it relates to haircutting and demonstrate tool

control of shears. Students will diagram a uniform-layered haircut, long-layered haircut, and men's basic clipper cut on a Head sheet and executes the haircuts on a mannequin.

Unit 7 - Hair Care (Braiding & Braid Extensions)

(4 Weeks)

Career Readiness Anchor Standards: 5.1, 5.2, 5.3, 5.4, 6.6, 10.6, 11.1

California CTE Personal Service Pathway Standards: C5.1, C5.4, C5.5, C8.0, C8.1, C8.2, C8.3, C8.4, C8.5, C10.0, C10.1, C10.2, C10.3, C10.4, C10.5

Common Core Standards: CCSSLS12.1, CCSSLS12.2, CCSSLS12.6

- A. Braiding & Braid Extensions: Braid & Braid extensions services are very popular and consumers are interested in wearing styles specific to their hair texture. These techniques provide an opportunity for stylists to express their artistic abilities and to add another high-ticket service to their current service menu. All professional cosmetologists should be prepared to work with every type of hair texture and hairstyle trend. Working with braid extensions exposes cosmetologists to the fundamental techniques of adding hair extensions, which is another lucrative service for the stylist and the salon.
- B. Students will prepare for and perform single braids with Extensions. Students will have procured all of the needed tools, implements, and extensions needed to perform the service.

**Semester 2**

Unit 8 - Hair Care (Wigs & Hair Additions)

(3 Weeks)

Career Readiness Anchor Standards: 5.1, 5.2, 5.3, 5.4, 6.6, 10.6, 11.1

California CTE Personal Service Pathway Standards: C5.1, C5.4, C5.5, C8.0, C8.1, C8.2, C8.3, C8.4, C8.5, C10.0, C10.1, C10.2, C10.3, C10.4, C10.5

Common Core Standards: CCSSLS12.1, CCSSLS12.2, CCSSLS12.6

- A. Wigs & Hair Additions: The market for product and services related to faux hair has expanded to every consumer group, from baby boomers with fine dining hair, to young trendsetters, to celebrities. Hair extensions, additions, and customized wigs can be some of the most lucrative services in the salon. Each manufacturer has its own systems, but if you understand the fundamentals, you can easily work with any company on the market. The skills you develop will open many doors, from working behind the scenes in Broadway shows to working in Hollywood with celebrities who invariably wear faux hair.
- B. Have student analyze the hair of three different wigs or hairpieces and determine whether they are human hair or synthetic. Students will participate in a styling competition requiring the use of at least one full hairpiece in the design. The winner will receive an

award.

Unit 9 - Hair Care (Chemical Relaxers)

(3 Weeks)

Standards

Career Readiness Anchor Standards: 5.1, 5.2, 5.3, 5.4, 11.1

California CTE Personal Service Pathway Standards: C5.1, C5.4, C5.5, C8.0, C8.1, C8.2, C8.3, C8.4, C8.5, C10.0, C10.1, C10.2, C10.3, C10.4, C10.5

Common Core Standards: CCSSLS12.1, CCSSLS12.2, CCSSLS12.6

- A. Relaxing/Chemical Relaxers: Chemical hair relaxing is a process or service that rearranges the structure of curly hair into a straightener or smooth form. Whereas permanent waving curls straight hair, chemical hair relaxing straightens curly hair. Chemical texture services allow stylists the opportunity to offer clients options to change the texture of their hair and explore the fashionable world of hairstyling. Knowing how to perform these services accurately, safely, and professionally will help build a trusting and loyal clientele while aiding in building your confidence to offer chemical texture services to clients. Chemical services are among the most lucrative and repetitive services in the salon, and many retail products are specific to hair's texture and condition. Without a thorough understanding of chemistry, cosmetologist could damage hair, cause hair loss, and harm their clients and themselves.
- B. Students will execute a chemical relaxer on a textured hair mannequin. Students will follow manufacturer's direction.

Unit 10 - Professional Image

(2 Weeks)

Standards

Career Readiness Anchor Standards: 3.1, 3.4, 8.3, 7.7, 8.4

California CTE Personal Service Pathway Standards: C2.0, C2.1, C2.2, C2.3, C2.4, C2.5, C4.0, C4.1, C4.2, C4.3, C4.4, C5.2, C5.3, C6.1, C6.2, C6.3, C6.4, C7.1, C7.2, C7.3, C7.4, C7.5, C11.1, C11.2, C11.3, C11.4, C11.5

Common Core Standards: CCSSLS12.1, CCSSLS12.6, CCSSRSIT12.7, CCSSRHSS12.7, CCSSWS12.7

- A. Professional Image: First impressions are often the gateway to obtaining a job interview, new customers, and to building a professional image. Making a positive impact is essential when working in the business of image building. Clients rely on beauty professionals to look good and be well groomed. Having a professional beauty image helps to build trust with clients and leads to repeat business. Finding a salon whose culture complements the cosmetologist image standards and goals is important for career growth and achievements. There are consequences to not maintaining a professional

image including loss of clients, a poor reputation, and loss of income. Understanding ergonomics can help prevent health issues associated with poor working habits and help professionals' stay gainfully employed.

- B. Students will rate themselves on their professional appearance, clothing, hairstyle/cut, skincare, make-up and nail care. Students will write down any areas they feel need attention or improvement.

Unit 11 - Business Skills (Seeking Employment)

(3 Weeks)

Standards

Career Readiness Anchor Standards: 2.1, 2.2, 2.4, 2.5, 2.6, 3.1, 3.4, 3.6, 3.7, 3.9, 8.1, 8.3, 8.5, 8.7, 11.1  
California CTE Personal Service Pathway Standards: C1.0, C2.0, C2.1, C2.2, C2.3, C2.4, C2.5, C4.0, C4.1, C4.2, C4.3, C4.4, C5.2, C5.3, C6.1, C6.2, C6.3, C6.4, C7.1, C7.2, C7.3, C7.4, C7.5 C11.1, C11.2, C11.3, C11.4, C11.5  
Common Core Standards: CCSSLS12.1, CCSSLS12.6, CCSSRSIT12.7, CCSSRHSS12.7, CCSSWS12.7

- A. Preparing for Licensing and Employment: Students must pass the State Boards exam to be licensed, and must be licensed to be hired; therefore, preparing for licensure and passing the exam is the first step to employment success. A successful employment search is a job in itself, and there are many tools that can give students the edge-as well as mistakes that can cost an interview or a job. The ability to pinpoint the right salon and target a potential employer is vital for student's career success. Proactively preparing the right materials, such as a great resume, and practicing interviewing will give students the confidence needed to secure a job in a salon.
- B. Students will set up mock employment interviews. The first one would depict all wrong things to wear, do, and say during an interview. The second one would depict the appropriate, professional way to conduct oneself during an interview.

Unit 12 - Business Skills (On the Job)

(3 Weeks)

Standards

Career Readiness Anchor Standards: 2.1, 2.2, 2.4, 2.5, 2.6, 3.1, 3.4, 3.6, 3.7, 3.9, 8.1, 8.3, 8.5, 8.7, 11.1  
California CTE Personal Service Pathway Standards: C2.0, C2.1, C2.2, C2.3, C2.4, C2.5, C4.0, C4.1, C4.2, C4.3, C4.4, C5.2, C5.3, C6.1, C6.2, C6.3, C6.4, C7.1, C7.2, C7.3, C7.4, C7.5, C11.1, C11.2, C11.3, C11.4, C11.5  
Common Core Standards: CCSSLS12.1, CCSSLS12.6, CCSSRSIT12.7, CCSSRHSS12.7

- A. On the job: Providing training in the area of communication skills that includes professional ethics, salesmanship, decorum, record keeping, client service record cards,

career planning. Working in a salon requires each staff member to belong to and work as a team member of the salon. Learning to do so is an important aspect of being successful in the salon environment. There is a variety of ways that a salon may compensate employees. Being familiar with each way and knowing how they work will help you to determine if the compensation system at a particular salon can work for you and what to expect from it. Once you are working as a salon professional, you will have financial obligations and responsibilities, so learning the basics of financial management while you are building your clientele and business is invaluable. As you build your clientele and settle into your professional life, there will be opportunities for you to use a variety of techniques of increasing your income, such as retailing and counseling services. Knowing and using a variety of techniques will help you to promote yourself, build a loyal client base, and create a sound financial future for yourself.

- B. Students will be put into groups of two. Students will be selected to role-play dialogue. Students will be assigned different topics. For example, one group may be trying to sell a hair color service while another group may be asked to sell conditioner.

#### Unit 13 - Business Skills (The Salon Business)

(4 Weeks)

#### Standards

Career Readiness Anchor Standards: 2.1, 2.2, 2.4, 2.5, 2.6, 3.1, 3.4, 3.6, 3.7, 3.9, 8.1, 8.3, 8.5, 8.7, 11.1  
California CTE Personal Service Pathway Standards: C2.0, C2.1, C2.2, C2.3, C2.4, C2.5, C4.0, C4.1, C4.2, C4.3, C4.4, C5.2, C5.3, C6.1, C6.2, C6.3, C6.4, C7.1, C7.2, C7.3, C7.4, C7.5, C11.1, C11.2, C11.3, C11.4, C11.5,

Common Core Standards: CCSSLS12.1, CCSSLS12.6, CCSSRSIT12.7, CCSSRHSS12.7

- A. Salon Business: As students become more proficient in their craft and ability to manage themselves and others, they may decide to become an independent booth renter or even a salon owner. In fact, most owners are former stylists. Even if a cosmetologist spends their entire career as an employee of someone else's salon, they should have a familiarity of the rules of business that affect the salon. It is also important to look at your career behind the chair as your own business. To become a successful entrepreneur, you will need to attract employee's clients to your business and maintain their loyalty over long periods of time. Even if you think you will be involved in the artistic aspect of salons forever, business knowledge will serve you well in managing your career and professional finances, as well as your business practices.
- B. Students will develop a business plan for opening a new salon using all the elements contained in the chapter of Salon business. Students will develop a three-dimensional salon layout to go with the floor plan identified in their business plan.

Additional Recommended Materials -



1. Milady Standard Cosmetology procedures DVD for Students & Cosmetology Course Management Guide-resource from required textbook
2. Exam Review for Milady Standard Cosmetology (2015), author Milady, ISBN-13: 978-1285769554
3. Theory Workbook for Milady Standard Cosmetology (2015), author Milady, ISBN-13: 978-1285769455
4. Practical Workbook for Milady Standard Cosmetology (2015), author Milady, ISBN-13: 978-1285769479