



Track & Field

# BOYS AND GIRLS

**AGES 5-15** 

## Run! Don't Walk! Join Us For Our 25<sup>th</sup> Annual Track & Field Season February 10th through May 19th, 2018

\*Sprints\*Distance\*Relays\*Hurdles\*Field Events\*Long Jump\*Shot Put\*

### **Registration Dates and Times:**

Saturday, January 20, 2018 @ 10:30 a.m. and 11:30 a.m.

Saturday, January 27, 2018 @ 10:30 a.m. and 11:30 a.m.

### **At Crescenta Valley High School**

(Corner of Altura Ave and Ramsdell Ave on the track)

Important: Bring Proof of Age such as copy of child's Birth Certificate

Become a Parent Coach and receive a special discount Registration Fee: \$155.00

Plus \$55.00 for Warm Ups (all athletes must have team set)

Registration Fee Includes: Team Uniform, Ribbons, Awards, invitational fees, Team Photo,
Training and Lots of Fun!!!!!

Saturday, February 10 will be an introduction day (Will Run)

**Uniform & Warmup Sizing will be available at registration** 

Returning athletes who will re-use last year's warm ups pay only \$155 Registration Fee

## For Information Or To Request A Registration Package By Email:

Contact: <u>carlosfamily@earthlink.net</u> or visit our website: <u>http://www.Falconstrack.com</u> You may also call Coach Pablo Carlos: (818) 541-0355 between 7:30 p.m. – 9:00 p.m.

The philosophy of the Los Angeles Falcons Track & Field Team is that every child is a winner. Our runners will learn how to excel through practice, friendly competition and team support.

Come join us and learn a sport that can last you a lifetime.