



# CV Cares

Crescenta Valley High School: 818-249-5871

**Didi Hirsch Glendale Crisis Line (24 hours): 800-273-8255**

**National Suicide Prevention Lifeline (24 hours): 1-800-273-8255.**

**Crisis Text Line (24 hours): Texting "HOME" to 741741.**

**Trevor Project, LGBTQ Crisis Help (24 hours): 866-4-U-TREVOR**

**Teen Line Phone Line (6pm -10pm PST - Daily): 310-855-4673**

**Teen Line Text and Chat: - <http://teenlineonline.org>**

