

CVHS

CLASS OF 2024



Senior Counseling Presentation
September 2023

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Counselor Contact



Options after Graduation



Career Interest Search



Your Senior Year



Educational Options after high school



4 Year College & University Application Process



Resources and Reminders



Review this presentation @ <https://www.gusd.net/domain/1304>

Counselor Contact Information

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Available by email or in-person during snack, lunch or after school.

CV Graduates

Options

- Community College
- 4 year College or University
- Trade, Technical, Vocation or Art School
- Enter the Workforce
- Gap Year
- Military

CV Stats

Class of 2023

- Class Size: 620
- Community College: 41%
- 4 Year College: 56%
- Other Options: 3%

CV Class of 2023

Community College
→ 150 GCC
→ 80 PCC

UC - 100 students
→ 21 Berkeley → 18 Irvine
→ 16 Santa Barbara → 16 Riverside
→ 12 UCLA

Private/Out of State Public - 150
→ 10 USC
→ 8 BYU
→ 7 Pepperdine

Cal States - 80 student
→ 21 Northridge → 15 Fullerton
→ 8 Pomona → 8 SD
→ 5 SLO → 5 San Jose

Trade/Tech
→ 10 LA Trade Tech and Universal Technical Institute

Military → 5
Work Force → 7

Gap Year → 4
Unknown → 10

Thinking About Your Future

- Make a list of your strengths and interests
- Online Surveys
- Career interests
 - Research education and training requirements
 - Research schools that match career interests

What do I like to do?

What am I good at?



Free Career Interest Survey Websites

- ▶ <https://bigfuture.collegeboard.org>
- ▶ <http://Xello.gusd.net>
- ▶ <http://californiacolleges.edu>
- ▶ <http://Californiacareers.info>
- ▶ <http://mappingyourfuture.org>
- ▶ <http://Cacareerzone.org>
- ▶ <http://Learnhowtobecome.org>



Senior Year

Class of 2024 Next Steps

Senior Visits

9/18/2023

Unofficial Transcript
Overview of Senior Year
Q&A

Senior Questionnaire

Posted in Counseling Google
Classroom on **9/18/2023**
Deadline **9/20/2023**

Mail Home

September/October

Grad Status Letter
Unofficial Transcript
(2nd Copy)

1 on 1

Meeting with counselor to discuss
post high school plans.
Meetings held:
9/20/23 - 11/17/23

Senior Year Suggestions

Visit CVHS Counseling Page Often

Updated Info, Scholarships, Transcripts, etc

<https://www.gusd.net/domain/1304>

Community College Course

Take a course! Still time to register for winter and spring!

GCC: <https://www.glendale.edu/students/student-services/sos-outreach/high-school>

PCC: <https://pasadena.edu/get-started/high-school-students.php>

GUSD College and Career Calendar

Check for Upcoming Events and Webinar

<https://www.gusd.net/Page/13824>

Community Service and Internships

<https://www.gusd.net/cms/lib/CA01000648/Centricity/Domain/1295/Resource%20List%20Fall%202016%20revised.pdf>

Apply for a Job!

Work Permit Application links: <https://www.gusd.net/Page/9785>

A faint, stylized eagle logo is visible in the background, centered behind the text. The eagle is depicted in profile, facing right, with its wings spread and talons extended. The logo is rendered in a light blue color that blends with the background.

Educational Options

Searching for a College Fit

<https://collegesearch.collegeboard.org/home>

<https://scholarmatcher.scholarmatch.org/>

<https://aiccu.edu/page/CollegeGuides>

<https://www.cappex.com/greenlight>

<http://www.thecolleetour.com>

<https://www.niche.com/>

Building a College List

Basic Searches

<https://bigfuture.collegeboard.org/college-search>

Likely

Acceptance Rates are High (65% or higher)

Student's overall GPA and test scores are higher than the average

Target

Acceptance Rates are in the 30-70% range

Decisions could go either way but probably favorable for the student

Stats match average student

Reach

Acceptance Rates are under 25%

Sometimes called "highly selective" or "highly rejective"

Far Reach

Acceptance Rates are under 10% (ivy league schools or schools with big reputations)

Chances are a lottery

California Community Colleges

GCC

<https://www.glendale.edu/students/student-services/sos-outreach/new-student-enrollment-guide>

PCC

<https://pasadena.edu/admissions-and-aid/index.php>

All California CCs

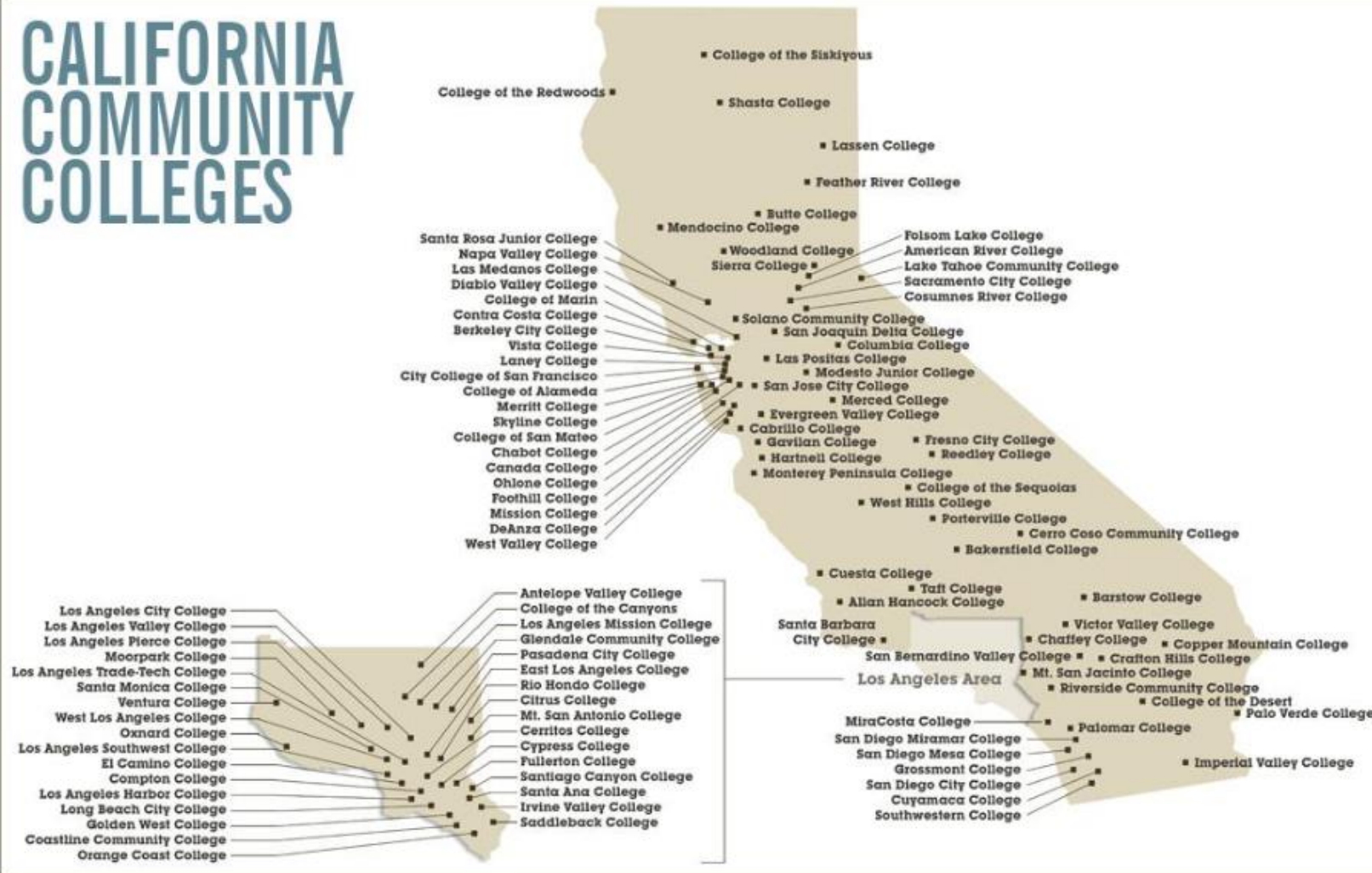
<https://home/ccapply.org/en/>



Fact:
There are over
100 Community
Colleges in
California

Why Community College?

CALIFORNIA COMMUNITY COLLEGES



- Explore Interests
- Fresh Start for your academics
- Certificate Programs and Associates Degrees
- Career Focused Education
- Save Money (Approx. \$1200)
 - Free with [Promise Grant](#)
- Preference given to California Community Colleges for UC Transfers

Scholars and Honors Programs at CC

Glendale College Scholars

- **3 Programs in 1:**
 - Academic Program
(15 units of Honors gen-ed/pre-major courses)
 - Activity Community-Service Organization
 - Social Club
- **Enhanced Consideration to Partner Colleges**
 - List of partner colleges at HTCC website:
<https://www.honorstransfercouncil.org/transfer-partners>
- **More Info/Application Details**
 - <https://www.glendale.edu/academics/special-programs/scholars-program>

Pasadena City College Honors

- **Honors Classes:**
 - Smaller Classes
 - Easier Registration
- **Honors Counseling**
- **Enhanced Consideration to Partner Colleges**
- **More Info/Application Details**
 - <https://pasadena.edu/academics/support/honors/>

Four Year College Application Websites

CSU (Cal State Systems)

<https://www.calstate.edu/apply/>

UC (University of California Systems)

<https://apply.universityofcalifornia.edu/my-application/login>

Private Four Year Colleges/Universities

<https://apply.commonapp.org/login>

*Check individual college websites for campus specific application policies and updates.

Plan to attend our CV application workshop
October 11th in the library.
Check the bulletin and
counselor google classrooms
for details.

California 4 Year Public Universities

9 UC Campuses (University of California Systems)



23 CSU Campuses (Cal State Systems)



CSU campuses popular with CV grads include Northridge, Long Beach, San Diego State, Pomona, & San Luis Obispo.

California 4 Year Public Universities

9 UC Campuses (University of California Systems)

- *Minimum 3.0 GPA
- Meet A-G Requirements
- Test-Free (No SAT/ACT)
- Focus is more Research Based
- Total Average Expense \$42,000 for 2023-2024 Admits
(Tuition Stability Plan Freezes tuition for UC Students)
- More Details:
<https://admission.universityofcalifornia.edu/>

23 CSU Campuses (Cal State Systems)

- *Minimum 2.5 GPA
- Meet A-G Requirements
- Test Free (No SAT/ACT)
- Total Average Expense (for 2023-2024)
 - SDSU \$34,072
 - SLO \$33,201
 - CSULB \$28,312
 - CSUN \$24,266
- More Details:
<https://www.calstate.edu/apply>

Note:
Check your transcript to determine your eligibility. Visit your counselor if you have questions.

- * Check individual campus websites for Class of 2024 updates
- * Check Individual CSU Campus for admissions details. Some are higher

UC Comprehensive Review Includes:

BERKELEY DAVIS IRVINE UCLA MERCED RIVERSIDE SAN DIEGO SANTA BARBARA SANTA CRUZ

Academic Factors:

- GPA
- Performance in & number of classes beyond A-G requirements
- UC Approved Honors and Advanced Courses
(Max 8 semester honors points)
- Eligibility in the Local Context
- Quality of Senior Year Courses
- Academic Opportunities in high school
- Outstanding performance in one or more academic subject

Non-Academic Factors:

- Achievements in Special Projects
- Improvement in Academic Performance
- Special talents, achievements and awards
- Participation in educational preparation programs
- Academic accomplishments in light of life experiences
- Geographic location

NOTE:
No Single Factor
Determines
Admissions

UC Personal Insight Questions (PIQs)

BERKELEY DAVIS IRVINE UCLA MERCED RIVERSIDE SAN DIEGO SANTA BARBARA SANTA CRUZ

- Describe an example of your leadership experience in which you have positively influenced others, helped resolve disputes, or contributed to group efforts over time.
- Every person has a creative side, and it can be expressed in many ways: problem solving, original and innovative thinking, and artistically, to name a few. Describe how you express your creative side.
- What would you say is your greatest talent or skill? How have you developed and demonstrated that talent over time?
- Describe how you have taken advantage of a significant educational opportunity or worked to overcome an educational barrier you have faced.
- Describe the most significant challenge you have faced and the steps you have taken to overcome this challenge. How has this challenge affected your academic achievement?
- Think about an academic subject that inspires you. Describe how you have furthered this interest inside and/or outside of the classroom.
- What have you done to make your school or your community a better place?
- Beyond what has already been shared in your application, what do you believe makes you stand out as a strong candidate for admission to the University of California.

Choose 4 of the 8 prompts. Write 350 words maximum for each question you select.

4 Year, Art, Tech, or Trade Schools

Private 4 years

- Vary in strength, focus, and expense.
- Admission requirements differ, including G.P.A. and testing requirements
 - *SAT/ACT may be optional - check college websites.
- See counselor if you may be eligible for SAT/ACT fee waivers
- Application deadlines vary - Some have rolling admissions (no cut off date)
- More than 2,000 private colleges in the US
 - Local examples: Chapman, USC, Loyola, Pepperdine, La Verne, Whittier.

Common App: <https://www.commonapp.org>

College Search

Niche: <https://www.niche.com>

Big Future: <https://bigfuture.collegeboard.org/college-search>

California Colleges: <https://californiacolleges.edu>

Art, Tech, or Trade Schools

Learn a specific set of skills for a skill

Career Examples: Web Designer, Artist, Automotive Technician, Dental Assistant, Cosmetologist, Barber, Electrician, Welder, Game Designer

Often more expensive than the same certificate at a community college, private schools may provide a quicker path to full time employment.

<http://www.trade-schools.net>

2023-24* Common Application Essay Prompts

*Check commonapp.org for updates

Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.

The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?

Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?

Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?

Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.

Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?

Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.

Optional Community Distruption (COVID-19) Question within Additional Information Section

4 Year University Applicants

Stay on track with these tips!

- Meet with College Reps
- Visit College Campuses
- Create and Refine List
 - Location, Major, Cost
- Review College Admissions Profiles. Compare to your transcript.
- Identify Likely, Target, Reach and Far Reach schools
- Organize application deadlines and review your list.
 - Early Action? Early Decision? Plan ahead!

4 Year University Applicants

More Tips!

- Create a spreadsheet with passwords and due dates.
- Draft, Edit, Revise your PIQ's and/or Common App essays.
- Need SAT or ACT scores?
 - Register for the SAT or ACT visit:
<https://www.collegeboard.org/>
<https://act.org/>
- If applicable, see counselor for SAT/ACT fee waivers

Recommendation Letters

IMPORTANT!!

- ▶ Recommendation Letter Request
 - ▶ Both forms are due **at least 3 weeks prior** to your first deadline for all Early Decision or Early Action applications but no later than **Thursday, November 16, 2023** for all December or later applications.
 - ▶ Submit Brag Sheet
<https://www.gusd.net/cms/lib/CA01000648/Centricity/Domain/1304/Letter%20of%20Rec%20Packet%20Sept%202023.pdf>

Resources and Reminders



College Application Matrix

What is submitted and to what type of college?

SPECIFIC REQUIREMENT:	COMMUNITY COLLEGES	CSU CAMPUSES	UC CAMPUSES	PRIVATE COLLEGES & UNIVERSITIES
APPLICATION	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
SPECIFIC FALL DEADLINES		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
EARLY ACTION OR EARLY DECISION				<input checked="" type="checkbox"/>
SECONDARY REPORT				<input checked="" type="checkbox"/>
LETTERS OF RECOMMENDATION				<input checked="" type="checkbox"/>
ESSAYS, PERSONAL STATEMENTS, PIQ'S			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
TRANSCRIPT - SUBMIT W/APPLICATION				<input checked="" type="checkbox"/>
FAFSA	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
CSS PROFILE				<input checked="" type="checkbox"/>
SAT/AP SCORES SUBMITTED	after committing	after committing	after committing	<input checked="" type="checkbox"/>
MIDYR REPORT IN JANUARY		If CSU requests	If UC requests	<input checked="" type="checkbox"/>
WAITLISTS		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Financial Aid

- ALL STUDENTS → Complete FAFSA (Free Application for Federal Student Aid) <https://studentaid.gov/>
- Student and Parents - Complete FAFSA online starting in December 2023 (TBD)
- Attend CV Financial Aid Workshop December 6th @ 6pm CV Cafeteria
- CV will upload your Cal Grant GPA: www.csac.ca.gov/
- College Scorecard estimated college cost: www.collegescorecard.ed.gov
- College Board Opportunity Scholarships: www.cb.org/scholarship
- Free Scholarship search: www.fastweb.com
- Check the CVHS Bulletin for scholarship opportunities

CSS Profile



What is CSS Profile?

The CSS Profile is an online application used by colleges and scholarship programs to award non-federal institutional aid.

For federal aid you must complete the FAFSA. For more information regarding the FAFSA, click "FAFSA" below (directs to an external site).

[FAFSA](#)

<https://cssprofile.collegeboard.org/>

APPLY WITH CSS PROFILE

CSS Profile

Each year CSS Profile unlocks access to more than \$10 billion in nonfederal aid to thousands of students.

[Sign in to Fall 2023/Spring 2024](#)

WICHE: Western Undergraduate Exchange

- Students can enroll in participating two or four-year institution at reduced tuition level (150% of in state tuition cost)
- Check school websites for eligible majors and admission requirements
- <https://www.wiche.edu>



College Athletics - NCAA/NAIA Eligibility

- **Sport in College? Register!**
(Regardless of 2 year or 4 year University)
- **Check for eligibility**
- **More Details:**
 - NCAA: <https://web3.ncaa.org/ecwr3/>
 - NAIA: <https://www.naia.org/landing/index>



Gap Year

BENEFITS

Explore Careers

Travel

Save Money

Broaden horizons

Become better prepared and more focused
for college

A growing number of colleges encourage
admitted students to take a gap year



<https://guides.teenlife.com/gap-year-programs>

Additional Resources and Events

- Visit GUSD College and Career Division page regularly for upcoming events.
Link: <https://www.gusd.net/Page/13824>
- **October 7th:** Attend the GUSD college/career fair (Time 10 am - 1 pm)
- **October 11th:** Application workshops for Private Colleges, CSUs and UCs. Check bulletin / counselor google classrooms for details. (9-10 Common App, 10-11 UC, 11-12 CSU in Library)
- **December 6th:** Financial Aid Workshop for parents and seniors. Interpreters will be provided. 6:00 pm in the CV Cafeteria.
- UC campuses - Fall information sessions: Information available on the CV counseling website: <https://www.gusd.net/Page/3420>

Reminders:



Complete and Submit Senior Questionnaire by **September 20th**
*Posted on Counselor Google Classrooms. (Do not share links)



After reviewing your completed questionnaire, Counselors will schedule a date and time to meet with you.



Meetings will be scheduled from mid September through November based on each student's post high school planning deadlines.



Link to CVHS website counseling page to review this presentation.
<https://www.gusd.net/domain/1304>