

CVHS WEEKLY *e-BULLETIN*

For the Week of September 11-15, 2023

CVHS SOCIAL MEDIA AND WEBSITE INFO

CALENDAR OF EVENTS

MONDAY 09/11 BANKING DAY Periods 1-7 Late Start 9:37 am
9/11 Remembrance Motorcade Parade, 9:38 am, Community Avenue
Make-Up Photo Day Faculty and Students 9:00-3:00
First Lego League Meeting 3:30 pm Cafeteria

TUESDAY, 09/12 Periods 1,3,5,7 – CLUB EXPO WEEK, Quad, Lunch
Girls Varsity Tennis vs. Glendale HS @ Glendale 3:30 pm; JV 3:30 pm @ CVHS
Girls Varsity Volleyball vs. Hoover HS @ Hoover 3:30 pm; JV 4:45 pm
NHS Meeting @ Lunch, Room 5207

WEDNESDAY, 09/13 Periods 2,4,6,7 – CLUB EXPO WEEK, Quad, Lunch
Pep Squad Booster Meeting, 7:00 pm Room 5105

THURSDAY, 09/14 Periods 1,3,5, - CLUB EXPO WEEK, Quad, Lunch – Blue Crew Day-Wear CV Blue or new Blue Crew T-Shirt
Boys JV Football Team Lunch
Girls Varsity Tennis vs. Pasadena HS @ CVHS 3:30 pm; JV 3:30 pm @ Pasadena HS
Girls Varsity Volleyball vs., Muir HIS @ CVHS 3:30 pm; Frosh 4:45 pm
Boys Soph/Frosh Football vs. La Canada HS @ La Canada 4:00 pm
Speech & Debate Practice 4:30 pm Rooms 5304-5307
AP Informational Parent Meeting, Cafeteria 6:00 pm

FRIDAY, 09/15 Periods 2,4,6,7 - CLUB EXPO WEEK, Quad, Lunch

Boys Varsity Water Polo – Thrill in the Hills Tourney @ Chino Hills area, TBA

Boys Varsity Football vs. La Canada HS @ GHS 7:00 pm

ComedySportz Varsity 7:00 pm, Underground Theater

SATURDAY, 09/16

Girls JV/Frosh Volleyball – Falcon Classic @ CVHS 8:00 am

Boys Varsity Water Polo – Thrill in the Hills Tourney @ Chino Hills area, TBA

Cross-County Mt. Carmel Invite @ Balboa Park, San Diego TBA

Crescenta Valley High School Weekly Schedule for the Week of September 11 - 15, 2023

Banking Day Monday 9/11		Class Times	A Day Tuesday 9/12	B Day Wednesday 9/13	A Day Thursday 9/14	B Day Friday 9/15 <small>Progress Report Rosh Hashanah</small>
9:37 - 10:15	Period 1	8:30-10:05	Period 1	Period 2	Period 1	Period 2
10:22 - 11:00	Period 2	10:05-10:20	Homeroom	Homeroom	Homeroom	Homeroom
11:00 - 11:15	Snack	10:20-10:35	Snack	Snack	Snack	Snack
11:22 - 12:00	Period 3	10:42-12:17	Period 3	Period 4	Period 3	Period 4
12:07 - 12:45	Period 4	12:17-12:47	Lunch	Lunch	Lunch	Lunch
12:45 - 1:15	Lunch	12:57-2:32	Period 5	Period 6	Period 5	Period 6
1:22 - 2:00	Period 5	2:39-3:30	Period 7	Period 7	Period 7	Period 7
2:07 - 2:45	Period 6					
2:52 - 3:30	Period 7					

GENERAL ANNOUNCEMENTS



A Patriotic Quote

"A man's country is not a certain area of land, of mountains, rivers and woods, but it is a principle, and patriotism is loyalty to that principle."

George William Curtis

Word of the Month and Ethnic Trait

SEPTEMBER - RESPONSIBILITY

"Those who enjoy responsibility usually get it; those who merely like exercising authority usually lose it."

Malcolm Forbes

REMINDERS

PLEASE DO NOT DROP OFF OR PICK UP STUDENTS FROM ANY OF THE STAFF PARKING LOTS. THIS INCLUDES THE COACHES' PARKING LOT NEAR THE FIELD. PLEASE DO NOT PARK IN THE CROSSWALKS TO PICK UP OR DROP OFF STUDENTS. THIS IS VERY DANGEROUS.

BANKING DAYS 2023-2024

08/21, 08/28 09/11, 09/18, 09/25 10/02, 10/16
11/13, 11/27 12/04, 12/11 01/22/24, 01/29
02/05, 02/26 03/04 04/01, 04/08, 04/15, 04/29
05/06, 05/13, 05/20

GENERAL ANNOUNCEMENTS

MAKE-UP PICTURE DAY: Monday, September 11, 2023, 9:00 am - 3:00 pm: Missed out on registration days? No worries! You still have a chance to make your mark in the Crescenta Valley High School yearbook. Join us for Make-Up Photo Day and get your perfect snapshot.

PARENT AND STUDENTS: Don't forget to download the 5 Star App and the ParentSquare App for all important up-to-date information. [5 Star App](#) [ParentSquare App](#)

SCHOOL SITE COUNCIL VOTING: Voting for School Site Council parent representatives will take place the week of September 11. The voting will be done electronically, rather than by paper as previously announced. Please check your email for the ballot of candidates and the voting link. emails will go out Monday evening. Voting will close at 8:30 am on Thursday 9/14/23. Thank you to all who participate and support the process of our SSC. If you have any questions, please contact Anne Reinhard at areinhard@gusd.net.

LEMONADE STAND: Volunteers needed to help serve lemonade at snack to students. Sign up at [LEMONADE STAND SIGN-UPS](#)

VOLUNTEERS NEEDED FOR DUNSMORE SCHOOL CARNIVAL - Friday, Sept 29. We are looking for student volunteers to help run our carnival games, activities and snack stands. It will be a fun event! Students can receive up to 4 hours of volunteer credit. Please sign up using the Sign-up genius here: <https://tinyurl.com/DunsmoreCarnival2023>. If you have any questions, contact Jo Kay Ghosh (Dunsmore PTA, VP of Volunteers) at jokaychan@gmail.com.

NEW!! CVHS SPIRIT BLANKETS ON SALE NOW - In the student store or the online webstore. \$60 with an ASB card - \$70 without! Checkout our Webpage and reserve your CV Blanket TODAY! [Crescenta Valley Blankets!](#) #highschoolblankets #tagyourblanket

JOIN PTSA 2022-2023! Welcome Falcon families and amazing students!! Adventure Awaits! Please become a member AND donate today! See flyers below.

SENIORS - CLASS OF 2023

Stay Tuned For More....

CLUBS

Get Involved....Join a Club!

Club Expo Week is Sept. 12 - 15. Club Applications and renewal forms are available in the ASB office (Room 1101).

COUNSELORS' CORNER

COLLEGE & CAREER FAIR: SATURDAY, OCTOBER 7, 10:00 am – 1:00 pm @ Glendale High School.

Meet with college, university, and industry professionals from around the nation to learn about topics from financial aid, out-of-state options, and various career pathways. Visit gusd.net/collegefair for a list of participating institutions.

UPCOMING COLLEGE REP VISITS AT CVHS: All visits are during student lunch time in the Quad area.

UC Santa Barbara Monday, September 20, 2023

University of Colorado, Boulder Tuesday, September 29, 2023

Drexel University Friday, October 6, 2023

Loyola Marymount University Tuesday, October 10, 2023

UC Los Angeles Thursday, October 19, 2023

WellNEST: The WellNEST Center is a safe and inclusive space on campus that provides supportive resources and crisis information for students and faculty alike. Please check out their webpage for more information and hours of operation. <https://www.gusd.net/domain/4798>

GUSD COLLEGE & CAREER DIVISION NEWSLETTER/WEBSITE: The Glendale Unified School District [College and Career Division website \(https://www.gusd.net/collegecareer\)](https://www.gusd.net/collegecareer) will publish newsletters and maintain information about college rep visits, and UC, CSU, Common App application workshops. Please continue to check the website for registration links, updates, and upcoming events. The Newsletter (coming soon) will provide links to a variety of events ranging from college rep visits, Financial Aid nights, Career exploration and other resources.

COMMUNITY SERVICE OPPORTUNITIES

COMMUNITY SERVICE WEBSITE: Students, remember to submit all community service hours through our Community Service website. All the information you will need is there. No more forms, no more lost paperwork! From the CVHS home page, find the Students Tab at the top. Next from the drop-

down menu, click on Community Service. At the bottom of the page, click on Click here to fill out the Community Service Form. Here is the link to the page. <https://www.gusd.net/domain/1295>. Questions, concerns, email me, Mrs. Gay, at rgay@gusd.net

SCHOLARSHIP OPPORTUNITIES

Scholarship opportunities coming soon.



CV Cares

Crescenta Valley High School: 818-249-5871

Didi Hirsch Glendale Crisis Line (24 hours): 800-273-8255

National Suicide Prevention Lifeline (24 hours): 1-800-273-8255.

Crisis Text Line (24 hours): Texting "HOME" to 741741.

Trevor Project, LGBTQ Crisis Help (24 hours): 866-4-U-TREVOR

Teen Line Phone Line (6pm -10pm PST - Daily): 310-855-4673

Teen Line Text and Chat: - <http://teenlineonline.org>



**CVHS School and Yearbook
Make-Up Picture Day
Monday, September 11th @CVHS**



 **Missed out on registration days?**

No worries! You still have a chance to make your mark in the Crescenta Valley High School yearbook. Join us for Make-Up Photo Day and get your perfect snapshot.



Simply come to the cafeteria when you get a pass sent to your class and we will do the rest!!

Look your best on September 11th!



COLLEGE & CAREER FAIR



Saturday, October 7



10 a.m. to 1 p.m.



Glendale High School

Scan the QR code below to register!



Meet with college, university and industry professionals from around the nation to learn about topics from financial aid, out-of-state options and various career pathways!

Visit gusd.net/collegefair for a list of participating institutions.

Contact: Ashley Park, District Counselor
apark@gusd.net

This event is being organized by the
Glendale Unified School District.





Glendale Unified College & Career Fair

Date/Time: October 7, 2023 from 10:00 am to 1:00 pm
Location: Glendale High School (1440 E Broadway, Glendale, CA 91205)

Participating Organizations and Breakout Presentations

Adventist Health Glendale (CA)	California State University Fullerton (CA)
Amgen Biotech Experience Los Angeles Program (CA)	California State University Humboldt (CA)
Anglo American University (Prague)	California State University Los Angeles (CA)
Arizona State University (AZ)	California State University Northridge (CA)
ArtCenter College of Design (CA)	California State University Polytechnic Pomona (CA)
Azusa Pacific University (CA)	California State University Sonoma (CA)
Biola University (CA)	DigiPen Institute of Technology (WA)
California Baptist University (CA)	Franklin & Marshall College (PA)
California College of the Arts (CA)	Fresno Pacific University (CA)
California Lutheran University (CA)	Glendale Career College (CA)
California Army National Guard (CA)	Glendale Community College (CA)
Comprehensive Community Health Centers Healthcare College (CA)	Glendale Council Parent Teacher Association (CA)
Chapman University (CA)	Glendale Fire Department (CA)
Charles R. Drew University of Medicine & Science (CA)	Glendale Kiwanis Club (CA)
Cal State University Channel Islands (CA)	Glendale Youth Alliance (CA)

Students/Guardians/Counselors- Please Register at strivefair.com

CVHS PTSA
Presents:

Association Meeting



Monday
September 18th
2023
7:00 pm

***Special guest:
Prom Plus***

in the:

CVHS CAREER CENTER

2900 Community Ave.

La Crescenta, CA 91214

cvhs.falcons.ptsa@gmail.com

***Join us in person or
via Zoom***

Zoom Link:

<https://us02web.zoom.us/j/86446782272>

Meeting ID: 864 4678 2272

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BOOKMARK CONTEST

CREATE YOUR DESIGN IN THE BOX BELOW
CREA TU DISEÑO EN LA CAJA DE ABAJO

DESIGN A BOOKMARK FOR LA COUNTY LIBRARY!

¡DISEÑA UN MARCAPÁGINAS PARA LA COUNTY LIBRARY!

Entries due October 21, 2023

Entrega tu solicitud a más tardar el 21 de octubre de 2023

Compete in these grade categories:

Compíte en categorías por grado:
K-2 | 3-5 | 6-8 | 9-12



OPTIONS TO ENTER: *Opciones para participar:*

- **Submit online:** *Envía en línea:*
LACountyLibrary.org/Bookmark-Contest
- **Return to any LA County Library location.**
Regresa a cualquier biblioteca de LA County Library.
- **Mail your entry to:** *Envía tu solicitud por correo a:*
LA County Library, Attn: Bookmark Contest
12348 Imperial Hwy, Norwalk, CA 90650

Name *Nombre:* _____

Address *Dirección:* _____

City *Ciudad:* _____

Phone *Teléfono:* _____

Parent Email *correo electrónico de los padres:* _____

School *Escuela:* _____ Grade *Grado:* _____

Teacher *Maestro(a):* _____

Library *Biblioteca:* _____

What tools did you use to create your artwork? *¿Qué herramientas usaste para crear tu obra de arte?* _____

All entries become the property of LA County Library. One entry per person.
Todas las solicitudes se convertirán en propiedad de LA County Library. Una entrada por persona.

Staff Use Only: SD



Be creative and have fun! Please use your original creations (no cartoon characters).
¡Se creativo y diviértete! Por favor usa creaciones originales (no uses personajes de caricaturas).

Download the FREE StudentSquare app for iOS or Android.

This is the easiest way for Students to receive all Posts, Events, Sign Up Requests, Photos, and Files. Students can enable text notifications when a message is posted.

Use the camera on your phone to scan these QR codes - it takes you directly to the App or Google Play store.

Android App - Google Play Store



iOS App - iOS App Store



Download

5-STAR STUDENTS

Event check-in | Track personal points | Earn rewards | Vote and take surveys



Like. For Sure.
Totally. Join!

Crescenta Valley
High School

PTSA

2023-24

Every Child. One Voice.



2900 Community Ave.
La Crescenta, CA 91214

cvhsfalcons.ptsa@gmail.com

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Parent Teacher Student Association (CVHS PTSA)

Like, For Sure, Totally Join CVHS

2023-24

Become a member of CVHS Parent Teacher Student Association (PTSA)!

- The cost of **membership is only \$10!**
- In addition, please make a **suggested donation of \$25 per student.**

Signing up for a PTSA membership and making your donations is easier than ever:

- Scan the QR code (on the right) with your phone's camera to securely join.
- Log onto <https://jointotem.com/ca/la-crescenta/crescenta-valley-high-ptsa/join>



membership for:

Students:

- Students are eligible to apply for local and state PTSA scholarships.
- Student leadership positions within PTSA
- Volunteer opportunities for community service
- Opportunity to be involved in decisions affecting campus life and academic support
- PTSA membership may be noted on college and scholarship applications

Adults:

- Opportunities to participate in advocacy for students
- Leadership opportunities and policy-making at the local, district, and state level for PTSA
- Connections with community and friends

Donations provide funding for programs, clubs and student advocacy:

- Programs
- Field trips
- Senior Celebrations
- Arts and Reflections Program
- Staff Appreciation Events

Go Falcons!

Monica Breckow

CVHS PTSA President 2022-23 & 2023-24

cvhsfalcons.pts@gmail.com

Support CVHS PTSA

Join us in supporting CV Falcons

There are many easy ways you can support PTSA:

1. Become a member and donate by either filling out a membership form or through our new online system. Visit <https://jointotem.com/ca/la-crescenta/crescenta-valley-high-ptsa/join> or scan the barcode with your smartphone to join quickly and securely.

100% of Donations stay at CV.

2. When shopping at Office Depot, mention supporting CVHS PTSA at checkout and the company will donate a percentage of your bill.

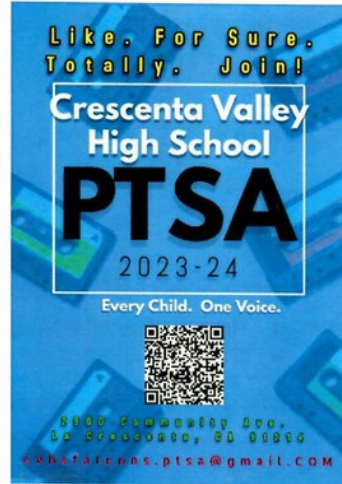
3. Sign up for Ralphs Community Contributions and earn a rebate for PTSA. You may do so by following these steps online:

- Visit www.ralphs.com and sign in with your email and password or establish a new login if you do not already have one.
- Once logged in, click 'My Account' under your name or on the upper right corner (it may also say 'Valued Customer')
- Click on 'Community Contributions' on the left side menu.
- Type WM641 in the search field. CVHS PTSA will show up. Click 'Enroll Now' or 'Re-enroll' and follow instructions.

* Follow us on Facebook at www.facebook.com/cvhsPTSA to get updates on our activities

* Access more information on our website www.gusd.net/domain/1288

* Any questions? Contact CVHS PTSA at cvhsfalcons.ptsa@gmail.com



PTSA Membership

Please return this form and payment to the Main School Office/mail to: CVHS PTSA, 2900 Community Ave., La Crescenta, CA 91214.

Number of Members _____ x \$10 each = _____

(Print the names of all individuals signing up to be PTSA members)

Name _____	Email Address: _____	Parent _____	Student _____	Teacher/Staff _____
Name _____	Email Address: _____	Parent _____	Student _____	Teacher/Staff _____
Name _____	Email Address: _____	Parent _____	Student _____	Teacher/Staff _____

PTSA Donation Drive

We are asking families to contribute \$25 per student. We welcome donations of any amount. Every dollar will make a difference at CV!

Donation Amount \$ _____

We encourage parents to contact their employer's human resources department, and ask if a Matching Gifts program is available. Taking the time to find out could result in doubling your donation to our school, and that would be wonderful!

Matching Gift Yes No Employee: _____ Company: _____

Total Check Amount \$ _____ (Membership + Donation)

Please make check payable to CVHS PTSA

Thank you in advance for supporting the 2023-2024 CVHS Membership and Donation Drive!

Crescenta Valley High School PTSA is classified as an IRS 501(c)(3) nonprofit organization. Your donation is deductible to the maximum extent provided by law.

Volunteers needed for Dunsmore school carnival



When: Friday, September 29, approx. 3:30-7pm

Where: Dunsmore Elementary School (4717 Dunsmore Ave, La Crescenta, CA 91214)

What volunteers will be doing: helping out with carnival games and activities

How many volunteers: about 70

How to sign up: <https://tinyurl.com/DunsmoreCarnival2023>

Who to contact: Jo Kay Ghosh (jokaychan@gmail.com)



VOTE CALIFORNIA

www.registertovote.ca.gov

**CVHS Students and Families!!
Click this picture to register to
vote, or go to the website above!**

Like and Follow us on Facebook

Follow Us On Twitter

Watch CVHS YouTube Channel

Follow Us On Instagram

2900 Community Ave., La Crescenta, CA 91214; Phone (818) 249-5871 - (FAX) (818) 541-9531

