December 10, 2017

Volume 1, Issue 5



Welcome to Our New Nest: Spread Your Wings and Fly



Bear Necessities

Don't Forget

- Holiday Food Drive (p. B.3)
- Coins for Kids (p. 2)
- Yearbooks (p. 4) •
- Lions Club . **Eyeglasses Collection** (p. 4)
- Fremont Forever **Bricks** (p. A.3)

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Word of the Month: **Compassion**

Being kind, caring and forgiving, even when others might not be.

Quote of the Week: Dare to soar. Your attitude almost always determines your altitude

HAPPENING THIS WEEK

Monday, 12/11

Recycling Assemblies Grade 1 - 8:50 AM Grade 2 – 10:15 AM Auditorium

PAC Meeting 7:00-8:00 PM Room 5102

Tuesday, 12/12

Computer Lab Open for Students 2:05-3:00 PM Students are invited to visit the computer lab to complete school assignments, practice typing and do i-Ready lessons.

Wednesday, 12/13

PTA Meeting 8:30-10:00 AM Auditorium

Thursday, 12/14

Orchestra Winter Concert 5th & 6th 8:50-9:15 AM 3rd & 4th Grades: 9:15-9:45 AM 1st & 2nd Grades: 10:10-10:40 AM Auditorium

Computer Lab Open for Students 2:05-3:00 PM

Friday, 12/15

No Schedule Events

Saturday, 12/16 & Sunday, 12/17

No Scheduled Events

Monday, 12/18 **No Schedule Events**



UPCOMING EVENTS

Thursday, 12/21 **Class Parties**

Friday, 12/22/17 - Sunday, 01/07/18



Monday, 01/08

PAC Meeting 7:00-8:00 PM Room 5102

Bear Necessities

News OCTOBER STUDENTS OF THE MONTH

Congratulations to the Citizens of the Month for exemplifying cooperation, **October's Character & Ethics trait. Here are** the honorees: 1st Grade: Jade Feng, Grace Hungund, Daniel Park, Kent Vegas 2nd Grade: Sofi Akopyan, Jackson Chung, Indigo Guthrie 3rd Grade: Melia Khalili, Shant Minassian, Abigail Reed, Micah Roh 4th Grade: Leila Duplessis, Aaron Matthews, Sadie Paur, Hayden Shirvanian 5th Grade: Mila Abadzheva, Thomas Chung, Candace Kim 6th Grade: Kate Schlueter, Lynette Sirakie, Henry Ye Ms. Kelly's Class: Rozlyn O'Connor Mr. Lee's Class: Tro Avedissian

Congratulations to the following students honored for their outstanding writing! The Writers of the Month for October are:

Kinder: Evan Allhverdian, Nathan Khan and Isabella Kim 1st Grade: Jessie Choi, River Otomo, Jake Walley 2nd Grade: Evan Conlon, Philip Rincon, Pascal St. Aubin, Rowan Yale 3rd Grade: Natalie Armstrong, Lida Fernsler, Ava Schroeder, Andre Sookazian 4th Grade: Grace Fuller, Julie Mousa, Sekou Viehland 5th Grade: Daniella Avetisyan, Thomas Chung, Sam Gore 6th Grade: Gaby Perez, Jack Zackrison, Annika Zarifian Congratulation to the following students for being an exceptional reader for the month of October.

Readers of the Month for October are:

1st Grade: Selin Hovanessian
2nd Grade: Sylvie Jones, Kayla McCurdy,
Bella Ortiz, Max Perez
3rd Grade: Marcella Caudillo, Jasper
Griest, Nathaniela Nguyen, Josephine
Saywer
4th Grade: Eli Jones
5th Grade: Gemma Caudillo, Leon
Einhaus, Nathan Jaramillo
6th Grade: Arter Prather, Brooke
Rodriguez, JacksonRoehr, Annika Zarifian

PAC'S COINS FOR KIDS FUNDRAISER HAPPENING NOW

Ask your child if they have seen the PIGGY in their classrooms!

Students can help support their school by donating loose change to their classroom piggy bank! When the piggy is full, PAC gratefully brings the class a Gratitude Gift for their contributions to Fremont! The students learn how their donations directly serve them and their school.

Questions? Contact Paige Clarke at mizpaige@gmail.com

News

BOOK & GAME CLUB PARENT VOLUNTEERS NEEDED

Without parent volunteer help, the Book & Game club is closed to students. Every student benefits from more to do at recess and they are so grateful for your time.

There are two daily shifts: 9:45-10:30 AM and 11:45 AM – 1:05 PM (arrive 5-10 minutes earlier for set-up). Take one shift or two! Whenever you choose!

Click here to sign up

What to do:

- 1. Ask office front desk for key.
- Make a right past the second building (kindergarten building) towards the back where there is a small grass area and storage unit.
- 3. Within the larger unit is the smaller unit that requires the key. Open both units.
- 4. Put out Book & Game OPEN sign.
- 5. Open Umbrella for shade. (Be sure to secure umbrella with bungee cord when recess is over.)
- 6. Place yoga mats and blankets on the ground for kids to play.
- 7. Place some coloring books, blank paper and pencils on the table.
- 8. Encourage the kids; help them get games out/in and assist when needed.

Book & Game Club Guiding Principles of Conduct:

- 1. Put away each game orderly and with care.
- 2. Everyone is included.

Questions? Email Paige Clarke at

CONGRATULATIONS TO FREMONT'S REGIONAL WINNERS FOR THE CALIFORNIA FOUNDATION FOR AGRICULTURE IN THE CLASSROOM

We are proud to announce that two students in Ms. Aiken's class received the fifth-grade Los Angeles County reginal awards for California Foundation for Agriculture in the Classroom's *Imagine This...* story writing contest.

Thomas Chung was awarded for his story, *The Two Farmers*, and **Otto Cohen** won for his story, *The Legendary Parsley*.

The contest required students to write narratives that develop real or imagined experiences or events based on accurate information about California agriculture.

State winners will be announced on January 2, 2018. To learn more about the contest and the California Foundation for Agriculture in the Classroom visit LearnAboutAg.org/ImagineThis.



Bear Necessities

News

2017-2018 FREMONT YEARBOOKS "WELCOME TO OUR NEW NEST"

Yearbooks are on sale for \$20.00 each until December 20, 2017. On December 21, 2017 the yearbook price will increase to \$25.00 each. You can order a copy by going to the <u>Fremont Web Store</u>. Don't miss this opportunity to capture your children's memories These are the days they will want to remember forever!

Also, please upload photos of your child's classroom activities, events, field trips, etc., to their classroom Shutterfly account. Yearbook Staff will select photos from each classroom's Shutterfly account to be included.



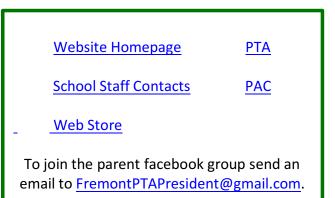
Lions Club Eye Health Program provides free vision screenings and glasses to those in need. Ms. Aiken is **collecting glasses that you no longer use for Lions Club vision clinics**. There is a collection box **in the front office** on the counter. Please donate to help people receive the gift of better sight.

BEAR NECESSITIES SUBMISSIONS

If you would like to include an article or attach a flyer, please submit your material to <u>Fremont@gusd.net</u> by 5:00 PM on the Wednesday prior to the Sunday issue you wish to include your submission. Submissions received after 5:00 PM Wednesday will be included in the following week's issue.

Flyers can be in any format, but PDF is preferred. If you do not get a confirmation of receipt within 24 hours, please follow up with Karyn Kemmerer at <u>kkemmerer@gusd.net</u> to ensure your entry was received.

QUICK LINKS TO EVERYTHING FREMONT



Bear Necessities

SCHOOL FLYERS

The school flyers listed below are on the following pages in Appendix A. <u>Click here</u> to all current school flyers on our website.	see
Math Textbook Adoption Parent & Teacher Book Fair Monday, 11/27/17 – Thursday, 03/15/18 GUSD Administration Building, Lobby, 8:00 AM – 5:00 PM Crescenta Valley High School, Lobby, 8:00 AM – 4:00 PM Tuesday, 02/27/18 & Thursday, 03/08/18, 3:00-8:00 PM	_
GUSD Administrative Building Board Room Beauty and the Beast: A Christmas Rose Wednesday, 12/13 – Sunday, 12/24 The Pasadena Civic Auditorium You can save 20% on tickets and 10% of your sale be donated to Fremont Elementary PTA.	A.2 will
Fremont Forever Bricks Purchase by Friday, 12/15	A.3
Lunch Price Increasing Starting 01/01/18 The lunch price for all schools will increase from \$2 to \$2.75. The breakfast price at all elementary sch will remain at \$1.25.	_
Parent Leadership Program: Parent Involvement Sessions for Increased Student Achievement Mondays & Fridays, 9:00-11:00 AM GUSD Administration Building 223 N. Jackson Street, Glendale	A.5
COMMUNITY FLYERS	
The community flyers listed below are on the	

The community flyers listed below are on the following pages in Appendix B. <u>Click here</u> to see all current community flyers on our website.

CVHS Instrumental Music Dine Out Night B.1 New Moon, 2138 Verdugo Blvd. Tuesday, 12/12 Lunch: 11:00 AM – 3:30 PM Dinner, 5:00-9:00 PM

COMMUNITY FLYERS CONT'D

Holiday Food Drive CV Armenian American Community Center Monday, 12/11 – Friday, 12/15 Collection box will be near Fremont's front entrance	B.2
Toy Giveaway & Health Fair Saturday, 12/16, 10:00 AM - 2:00 PM Comprehensive Community Health Center Sunland 8316 Foothill Boulevard	В.З
Crescenta Canada Family YMCA Coupon to waive Joining Fee Through 12/31	B.4
Free Holiday Trolley Saturday, 11/18 – Monday, 01/15 Downtown Glendale	B.5
Assistance League of Flintridge Drama Progr	am.
Shrek the Musical, Jr. Registration Now Open for students to participate 5th-10th grade student performance	B.7
YMCA Winter Holiday Day Camp Grades 1 st -8 th , 8:00 AM – 6:00 PM Crescenta Canada Family YMCA 930 Foothill Blvd, La Canada	B.8
Falcons Winter Baseball Camp Falcons Winter Baseball Camp Application Wednesday, 12/27 & Thursday, 12/28, 9:00 AM – 12:00 N CVHS Stengel Field Boys & Girls, ages 7-12 (2 nd -8 th grade)	B.9 B.10 Ioon
YMCA Model United Nations Tuesdays beginning 01/10/18 Rosemont Middle School 6th-8th Graders	B.11
Crescenta Valley United Softball Association	
Girls Spring 2018 Season Early Bird Registration through January 1, 2018 Skill evaluations: Saturdays, 01/13 & 01/20/18 Opening Day: Saturday, 01/13/18	B.12
Crescenta Valley Little League	B.13
2018 Spring Season Early Bird Registration through January 1, 2018 Evaluations: Saturdays, 01/20 & 01/27/18 Opening Day: Saturday, 01/13/18	0.15
The Hummingbird Conservatory Junior Divas Spring Term	B.14



GLENDALE UNIFIED SCHOOL DISTRICT



6th Grade – Integrated III MATH TEXTBOOK ADOPTION PARENT and TEACHER BOOK FAIR

We invite your feedback on the 6th Grade through Integrated III math textbook options currently being piloted and considered for implementation in the 2018-2019 school year:

- EnVISION Math 2.0 (Pearson)
- California Integrated Mathematics 1-2-3 (Houghton Mifflin Harcourt)
- CPM (College Preparatory Mathematics)

Come and share your feedback!

<u>WHEN & WHERE</u> November 27, 2017 – March 15, 2018

GUSD Administration Building 223 North Jackson Glendale, CA 91206 8:00 am – 5:00 pm daily in lobby Crescenta Valley High School 2900 Community Avenue La Crescenta, CA 91214 8:00 am – 4:00 pm daily in lobby

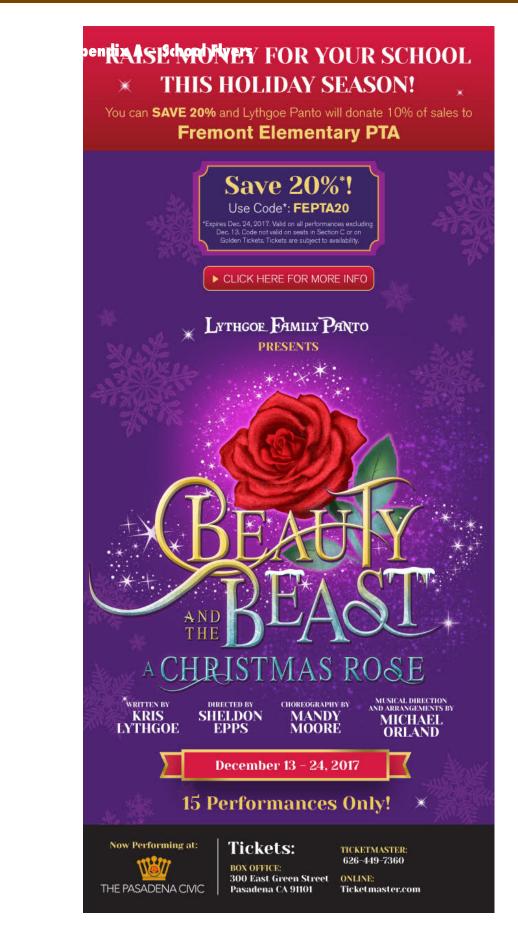
Tuesday, February 27th, 2018 Thursday, March 8th, 2018 from 3:00 pm – 8:00 pm GUSD Administrative Building Board Room

If you have any questions, please contact: Dr. Mary Mason Director, Teaching & Learning <u>mmason@gusd.net</u>





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Fremont Forever Bricks



Leave a piece of your heart at Fremont with a Fremont Forever Brick

The Fremont Forever Brick Fundraiser provides an opportunity for Fremont families and local community to purchase commemorative bricks to be placed in the courtyard area of our new school building.

Fremont Forever Bricks are available in two sizes: a small 4"x 8" brick and a large 8"x 8" brick.

- Small bricks(4"x 8"): \$75 each. Can contain up to 3 lines of text. Each line can be up to 18 characters long, including letters, numbers, spaces, and punctuation marks
- Large bricks (8"x 8"): \$150 each. Can contain up to 4 lines of text. Each line can be up to 18 characters long, including letters, numbers, spaces, and punctuation marks

Deadline to purchase Forever Bricks has been extended to December 15..

TO RAVEN LIVE LAUGH LOVE LOVE DAD AND MOM

Order #

Your inscription must fit into the white boxes below, 1 character per box. Each brick can have a maximum of 18 characters per line. A character is defined as a letter or a number, a space or punctuation mark. Please do not use special characters.

FREMONT FOREVER BRICKS ORDER FORM

4x8 Brick

lame:	
Contact Number:	
mail:	

Amount Paid:

8x8 Brick

Cost per brick: \$150.00

Cost per brick: \$75.00

Checks made payable to: Fremont Elementary

LUNCH PRICE INCREASING!



To comply with the USDA paid lunch equity requirement, the USDA has forced the District to increase our lunch price

Starting <u>January 1, 2018</u>, the lunch price for all schools will increase from \$2.60 to \$<u>2.75</u>

The breakfast price at all elementary schools will remain at \$1.25.





For more information contact the Nutrition Services Department at (818) 552-2677.



Parent Leadership Program parent involvement sessions for increased student achievement

Monday, January 8 Friday, January 19 * Monday, January 29 Friday, February 16 * Friday, February 23 * Monday, March 5 Friday, March 16 * Monday, April 2 Monday, April 16 Monday, April 30 Monday, May 7 Monday, May 14

*Tentative dates due to Monday holidays



All sessions will be held from 9:00 A.M.-11:00 A.M. at: Glendale Unified School District 223 N. Jackson Street Glendale, CA 91206

SPACE IS LIMITED



For more information, please contact:Kelly Altobelli (818) 241-3111, ext 1660Wartouhi Alepaoughlian (818) 241-3111, ext 1261

escenta Instrumental Musi La Crescenta, CA www.falconmusic.o

Dine Out Night!



2138 Verdugo Blvd., Montrose 818-249-4393

Tuesday, December 12

LUNCH is served from 11am - 3:30pm DINNER is served from 5pm - 9pm

The Dine Out Fundraiser proceeds apply to both dining in and take-out orders, but not to deliveries.

Present this flyer along with your receipt and Crescenta Valley Instrumental Music will receive a 15% contribution back from New Moon from your entire order.

Please come out and support our hard-working and talented musicians!



December 11 to December 15 Help us make a difference by DONATING food & SHARING this flyer!

2ND ANNUAL TOY GIVEAWAY & HEALTH FAIR

Saturday, December 16th 2017

10_{АМ} – 2_{РМ} ССНС Sunland

8316 Foothill Blvd, Sunland, CA 91040



- . Toys
- . Dental Screenings
- . Vision Screenings
- . Games & Activities
- . Music & Entertainment
- . Community Resources and more
- * FREE toys will be provided to children ages 0-12, while supplies last.
- * Child must be present to receive toy.

For more information contact: 818-630-6122



Event Hosted by





FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

WE ASPIRE TO INSPIRE Crescenta Cañada Family YMCA

\$25 JOINING FEE WAIVED THROUGH DECEMBER 31st, BRING THIS FLYER TO JOIN



The Y is the #1 community supporter of family physical, emotional, spiritual, and mental $\frac{1}{4}$ wellbeing.

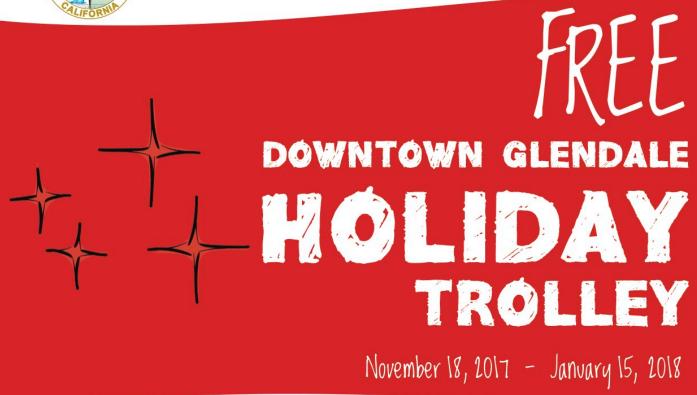
Give the gift of WELLBEING to your family or a friend in need. As a charity organization, we never turn a family away.

- Over 250 FREE classes a week at 3 local Ys
- FREE Child Watch
- FREE Wellbeing coach consultations
- FREE Visits to Ys across the nation (restrictions apply)
- FREE Kids Yoga, Dodgeball, Running Club, Zumba, Hop Hop
- FREE Kids S.T.E.M. Lab activities
- FREE Doc Talks
- FREE Senior classes
- Fallproof
- BalanceFit
- Tai Chi & more!
- Special pricing and early registration for programs
- Special pricing for Diabetes Prevention Program

Valid through12/31/17 at the CRESCENTA CANADA FAMILY YMCA 1930 FOOTHILL BLVD., LA CANADA FLINTRIDGE 91011

YMCA of the Foothills is a 501c3 charity. Activities and participation for all is made possible by the contributions of our donors. Please consider a contribution to save and change lives today.





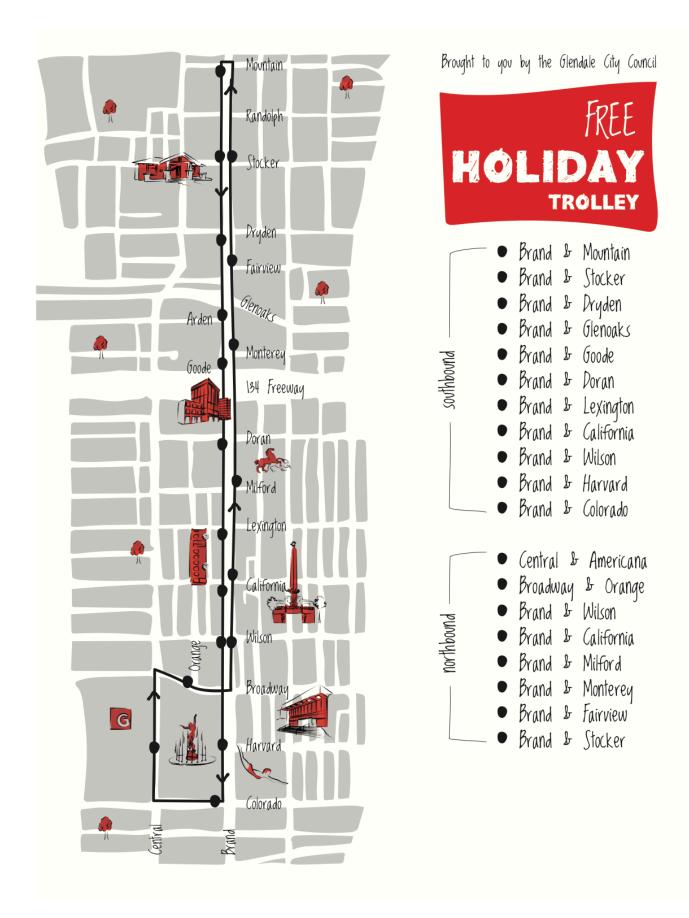
The Glendale City Council is proud to present the Holiday Trolley - a free, easy, and fun way to get around Downtown Glendale this holiday season!



THE SCHEDULE OF OPERATION IS :

Monday-Friday 9am-8pm & Saturday-Sunday 10am-7pm

FOR ADDITIONAL INFORMATION, VISIT WWW. GLENDALECA.GOV/TROLLEY



Page B.7

Looking for more adventure in your life?

Why not join ALFie Company for 5th – 10th grade students?

Students will prepare for a performance of

Shrek the Musical JR



Rehearsals January 9 – February 22, 2018 Tuesdays & Thursdays, 3:45 – 5:30 PM

Tech Week, Daily Rehearsals February 26 – March 2, 2017 Monday thru Friday, 3:45 – 5:30 PM

Performance Friday, March 2, 2018 at 7:00 PM

Registration Now Open! For more information, visit our website at alflintridge.org or contact the ALF Programs Office at 818–790–2211



Assistance League of Flintridge Drama Program "where everyone can shine" 4607 Oakwood Avenue, La Cañada Flintridge, CA 91011





FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

HAVE FUN, STAY ACTIVE, MAKE FRIENDS

at our Winter Holiday Day Camp



Holidays are a busy time but finding a safe and fun place for your child to be while school is out shouldn't be stressful. The YMCA offers day camps that provide a place for your child to enjoy new experiences, have fun with their friends, build their skills, and participate in a variety of fun and educational activities alongside our trained leaders. Make your plans now to give your child a healthy, active, and memorable experience over the holiday break. Registration opens November 18th!

Camp Details:

For Grades: 1st-8th December Dates: 26, 27, 28, 29 January Dates: 2, 3, 4, 5 Time: 8:00am-4:30pm Extended care: 4:30pm-6:00pm Location: Crescenta-Cañada Family YMCA 1930 Foothill Blvd. La Canada, CA 91011 Members: \$80 per day, \$240 per week Program Participants: \$110 per day, \$270 per week

Activities include:

- Science experiments in The Garage
- 🗱 Sports to stay active (soccer, basketball,
- 🔆 gymnastics)
 - Being outdoors at nearby Mayor's Park
 - Art projects for building creative minds
- Group time to build new friends
- 🕅 Holiday crafts

To register now or for more information, visit our website at: https://www.ymcafoothills.org/ camp.html or scan QR code



FALCONS WINTER BASEBALL CAMP

ABOUT // This is a great opportunity to practice and learn from the Crescenta Valley High School Baseball staff, which includes current coaching staff and current and former Falcons players. Camp players will learn the following skills:

Defensive
 SkillsBase Running
 Pitching
 Hitting Mechanics

AGE // Falcons Camp is open to boys and girls ages 7-13 (2nd-8th grade)

Date // Wednesday, December 27th &

Thursday December 28th

Time // 9:00am - 12:00pm, Stengel Field

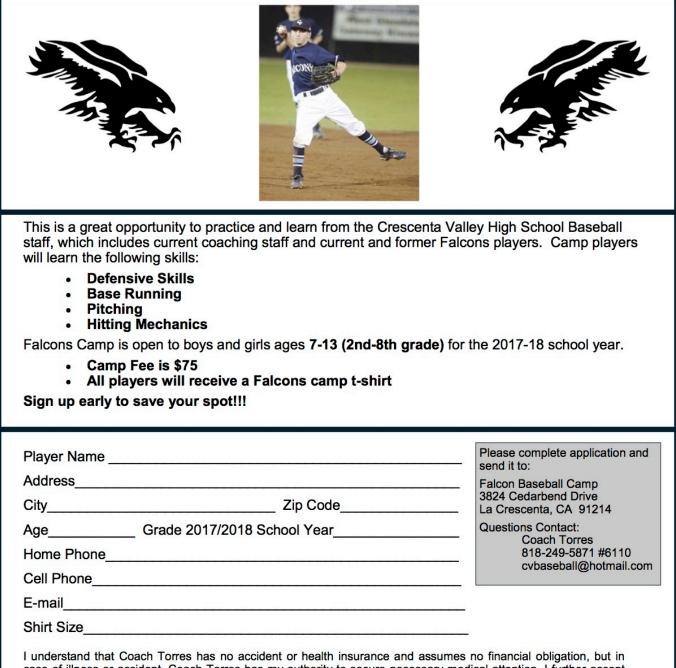
Cost // Camp fee is \$75 and all players will receive a Falcons Camp shirt

Contact// Coach Torres at

cvbaseball@hotmail.com or (818)249-5871, ext. 6110

22nd Annual 2017 Falcons Winter Baseball Camp

Wednesday, December 27th—Thursday, December 28th Stengel Field 9:00am—12:00pm



case of illness or accident, Coach Torres has my authority to secure necessary medical attention. I further accept the responsibility that my child is physically fit to participate in the activities of this program. <u>I further understand</u> that the registration fees are not refundable.

Parents or Guardian's Signature



FOR YOUTH DEVELOPMENT ® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

MODEL UNITED NATIONS

Bridging the Education Gap and Creating Global Citizens

Looking for an opportunity to discuss international issues, discover other cultures, develop life enhancing skills and make new friends for 6th-8th graders?

At Model UN, students step into the shoes of ambassadors of countries that are members of the UN, from Argentina to Zimbabwe. The students, better known as "delegates", debate current issues on the organization's vast agenda. This four-month program culminates when participants from across California meet at the Y's 17th Annual Model United Nations Summit.

Model UN not only involves young people in the study and discussion of global issues, but also encourages the development of skills they'll use in school and the workplace: research techniques, writing, public speaking, problem-solving, conflict resolution, compromise, and cooperation.

Registration is now open!

Meetings begin January 10th, 2018 every Tuesday At Rosemont Middle School

Training Conference March 23rd-25th, 2018 At California Army National Guard Camp Roberts

Model United Nations Summit April 26th-29th, 2018 At the Sheraton Gateway LAX Hotel and Hyatt Regency LAX



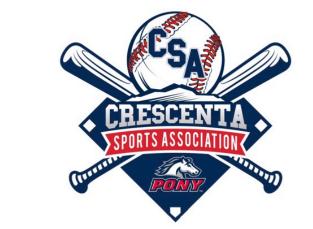






For more information visit the website at https://www.ymcafoothills.org/model-united-nations.html

or scan QR code Contact Chelsea Lawrence at clawrence@ymcafoothills.org



PLAY REAL BASEBALL! AGES 3-14!

SPRING 2018 REGISTRATION OPEN NOW

Sign up at www.playcsaball.com

Family discounts for registering multiple children!

<u>Player evaluations (age divisions Pinto and up):</u> Sat., Jan. 20 & Sat., Jan. 27 @ Montrose Community Park 3529 Clifton Pl, Glendale, CA 91208

Practices start in February. Season runs March to May.

Spring players may try out for CSA's PONY All-Star Summer Tournament Teams, and, if selected, help our league compete for berths in the PONY World Series!

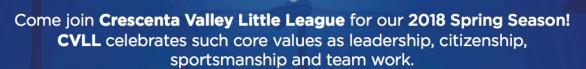
CRESCENTA SPORTS ASSOCIATION

<u>www.playcsaball.com</u>

MEMORIES THAT LAST A LIFETIME!

Crescenta

LITTLE LEAGUE



EVALUATION DATES & TIMES

Montrose Community Park Saturday 1/20/2018 & Saturday 1/27/2018 9:00 am - Coach Pitch Baseball 11:00 am - Majors Baseball 1:00 pm - Minors Baseball 3:00 pm - Juniors Baseball No evaluations required for T-Ball

DIVISION AGES

T-Ball Baseball ages 4-6 Coach Pitch Baseball ages 7-8 Minors Baseball ages 9-11 Majors Baseball ages 10-12 Juniors Baseball ages 13-14

SIGN UP TODAY!

Online registration required prior to skills evaluations at www.cvlittleleague.com

Register online before 1/1/2018 and save \$25.00









CVLITTLELEAGUE.COM

Bear Necessities Appendix B – Community Flyers

JUNIOR DIVAS VOICE CLASS!



Do you LOVE to perform and want to learn more solo music and group numbers from the American Musical Theatre Song Book? Junior Divas might be for you!

Junior Divas Spring Term: January 23 -May 15, 2018

Tuesday nights from 7:00pm - 7:50pm. (No class March 20th in observance of Spring Break.) \$240 for 16 weeks includes all materials and supplies, finale performance on Sunday, May 20th and one half hour voice lesson a month!

Our Divas get exposure to a broad range of repertoire through weekly classes, monthly lessons, performances, rehearsals and more! Students come once a week to learn the music together, then sing in solo, duet or trio for each other while their peers watch. They work from sheet music and work with accompaniment for optimal practice abilities. The Junior Divas have also composed monologues, prepared scenes, set moves and choreography and performed one song in a group, duet or trio with solo work in the piece. This reinforces listening to other musicians as well as the accompaniment.

WE ALSO OFFER PRIVATE VOICE LESSONS!

For More Information Contact:

Tara at 310.916.6797 or thehummingbird2015@gmail.com

PLEASE DO NOT CONTACT YOUR SCHOOL FOR THESE EVENTS. CONTACT INFORMATION ABOVE.