December 4, 2017 Volume 1, Issue 4



Word of the Month: Compassion

Welcome to Our New Nest: Spread Your Wings and Fly

Being kind, caring and forgiving, even when others might not be.



Bear Necessities

Quote of the Week: Together may we give our children the roots to grow and the wings to fly.

Don't Forget

- Holiday Food Drive (p. B.3)
- Coins for Kids (p. 2)
- Lions Club Eyeglasses Collection (p. 3)
- Fremont Forever Bricks (p. A.3)

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HAPPENING THIS WEEK

Thursday, 12/07
Computer Lab Open for Students

2:05-3:00 PM SCC Meeting

3:00-4:00 PM Office Conference Room

Spirit Assembly – College Wear Day

Friday, 12/08, 8:30-9:30 AM Upper Field

Students are encouraged to wear clothes representing their favorite college and/or Fremont spirit wear or green clothing.

Sunday, 12/09 & Sunday, 12/10

No Scheduled Event

Monday, 12/11

Recycling Assemblies

Grade 1 - 8:50 AM Grade 2 – 10:15 AM

Auditorium

PAC Meeting

7:00-8:00 PM Room 5102

Tuesday, 12/12

PTA Meeting

8:30-10:00 AM Auditorium

Wednesday, 12/13

No Scheduled Events

UPCOMING EVENTS



Thursday, 12/14

Orchestra Winter Concert

Thursday, 12/21

Class Parties

Friday, 12/22/17 - Sunday, 01/07/18

Winter Recess

Monday, 01/08

PAC Meeting 7:00-8:00 PM

Room 5102

NEWS OCTOBER STUDENTS OF THE MONTH

Congratulations to the Citizens of the Month for exemplifying cooperation,

October's Character & Ethics trait. Here are the honorees:

1st Grade: Jade Feng, Grace Hungund, Daniel

Park, Kent Vegas

2nd Grade: Sofi Akopyan, Jackson Chung,

Indigo Guthrie

3rd Grade: Melia Khalili, Shant Minassian,

Abigail Reed, Micah Roh

4th Grade: Leila Duplessis, Aaron Matthews,

Sadie Paur, Hayden Shirvanian

5th Grade: Mila Abadzheva, Thomas Chung,

Candace Kim

6th Grade: Kate Schlueter, Lynette Sirakie,

Henry Ye

Ms. Kelly's Class: Rozlyn O'Connor Mr. Lee's Class: Tro Avedissian

Congratulations to the following students honored for their outstanding writing! The

Writers of the Month for October are:

Kinder: Evan Allhverdian, Nathan Khan and Isabella Kim

1st Grade: Jessie Choi, River Otomo, Jake

Walley

2nd Grade: Evan Conlon, Philip Rincon,

Pascal St. Aubin, Rowan Yale

3rd Grade: Natalie Armstrong, Lida Fernsler,

Ava Schroeder, Andre Sookazian

4th Grade: Grace Fuller, Julie Mousa, Sekou

Viehland

5th Grade: Daniella Avetisyan, Thomas

Chung, Sam Gore

6th Grade: Gaby Perez, Jack Zackrison,

Annika Zarifian

Congratulation to the following students for being an exceptional reader for the month of October.

Readers of the Month for October are:

1st Grade: Selin Hovanessian

2nd Grade: Sylvie Jones, Kayla McCurdy,

Bella Ortiz, Max Perez

3rd Grade: Marcella Caudillo, Jasper Griest, Nathaniela Nguyen, Josephine

Savwer

4th Grade: Eli Jones

5th Grade: Gemma Caudillo, Leon

Einhaus, Nathan Jaramillo

6th Grade: Arter Prather, Brooke

Rodriguez, JacksonRoehr, Annika Zarifian

PAC'S COINS FOR KIDS FUNDRAISER HAPPENING NOW

Ask your child if they have seen the PIGGY in their classrooms!

Students can help support their school by donating loose change to their classroom piggy bank! When the piggy is full, PAC gratefully brings the class a Gratitude Gift for their contributions to Fremont! The students learn how their donations directly serve them and their school.

Questions? Contact Paige Clarke at

mizpaige@gmail.com

Bear Necessities Page 3

NEWS

BOOK & GAME CLUB PARENT VOLUNTEERS NEEDED

Without parent volunteer help, the Book & Game club is closed to students. Every student benefits from more to do at recess and they are so grateful for your time.

There are two daily shifts: 9:45-10:30 AM and 11:45 AM – 1:05 PM (arrive 5-10 minutes earlier for set-up). Take one shift or two! Whenever you choose!

Click here to sign up

What to do:

- 1. Ask office front desk for key.
- Make a right past the second building (kindergarten building) towards the back where there is a small grass area and storage unit.
- 3. Within the larger unit is the smaller unit that requires the key. Open both units.
- 4. Put out Book & Game OPEN sign.
- Open Umbrella for shade. (Be sure to secure umbrella with bungee cord when recess is over.)
- 6. Place yoga mats and blankets on the ground for kids to play.
- 7. Place some coloring books, blank paper and pencils on the table.
- 8. Encourage the kids; help them get games out/in and assist when needed.

Book & Game Club Guiding Principles of Conduct:

- 1. Put away each game orderly and with care.
- 2. Everyone is included.

Questions? Email Paige Clarke at







Lions Club Eye Health Program provides free vision screenings and glasses to those in need. Ms. Aiken is collecting glasses that you no longer use for Lions Club vision clinics. There is a collection box in the front office on the counter. Please donate to help people receive the gift of better sight.

BEAR NECESSITIES SUBMISSIONS

If you would like to include an article or attach a flyer, please submit your material to Fremont@gusd.net by 5:00 PM on the Wednesday prior to the Sunday issue you wish to include your submission. Submissions received after 5:00 PM Wednesday will be included in the following week's issue.

Flyers can be in any format, but PDF is preferred. If you do not get a confirmation of receipt within 24 hours, please follow up with Karyn Kemmerer at kkemmerer@gusd.net to ensure your entry was received.

QUICK LINKS TO EVERYTHING FREMONT

Website Homepage PTA

School Staff Contacts PAC

To join the parent facebook group send an email to FremontPTAPresident@gmail.com.

Bear Necessities Page 4

SCHOOL FLYERS

The school flyers listed below are on the following pages in Appendix A. <u>Click here</u> to see all current school flyers on our website.

Math Textbook Adoption A.1 Parent & Teacher Book Fair

Monday, 11/27/17 – Thursday, 03/15/18 GUSD Administration Building, Lobby, 8:00 AM – 5:00 PM Crescenta Valley High School, Lobby, 8:00 AM – 4:00 PM

Tuesday, 02/27/18 & Thursday, 03/08/18, 3:00-8:00 PM GUSD Administrative Building Board Room

Beauty and the Beast: A Christmas Rose A.2

Wednesday, 12/13 – Sunday, 12/24 The Pasadena Civic Auditorium

You can save 20% on tickets and 10% of your sale will be donated to Fremont Elementary PTA.

Fremont Forever Bricks A.3

Purchase by Friday, 12/15

Lunch Price Increasing A.4

Starting 01/01/18

The lunch price for all schools will increase from \$2.60 to \$2.75. The breakfast price at all elementary schools will remain at \$1.25.

Parent Leadership Program: A.5 Parent Involvement Sessions for Increased

Student Achievement
Mondays & Fridays, 9:00-11:00 AM
GUSD Administration Building
223 N. Jackson Street, Glendale

COMMUNITY FLYERS

The community flyers listed below are on the following pages in Appendix B. <u>Click here</u> to see all current community flyers on our website.

CVHS Instrumental Music Winter Concert B.1

Friday, 12/08, 7:00 PM

CVHS MacDonald Auditorium

CVHS Instrumental Music Dine Out Night B.2

New Moon, 2138 Verdugo Blvd.

Tuesday, 12/12

Lunch: 11:00 AM – 3:30 PM Dinner, 5:00-9:00 PM

COMMUNITY FLYERS CONT'D

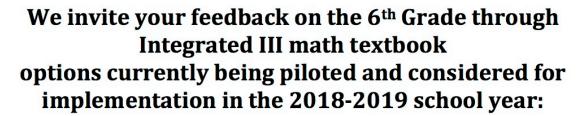
Holiday Food Drive CV Armenian American Community Cente Monday, 12/11 – Friday, 12/15 Collection box will be near Fremont's front entrance	B.3 r
Toy Giveaway & Health Fair Saturday, 12/16, 10:00 AM - 2:00 PM Comprehensive Community Health Center Sunland 8316 Foothill Boulevard	B.4
Crescenta Canada Family YMCA Coupon to waive Joining Fee Through 12/31	B.5
Free Holiday Trolley Saturday, 11/18 – Monday, 01/15 Downtown Glendale	B.6
Assistance League of Flintridge Drama Prog Shrek the Musical, Jr. Registration Now Open for students to participate 5th-10th grade student performance	gram: B.8
Breakfast with Santa Saturday, 12/09, 8:00-11:00 AM La Crescent Woman's Club Clubhouse 4004 La Crescenta Avenue	B.9
Free Winter Baseball Clinic Sunday, 12/10 Ages 3-6: 9:00-10:00 AM Ages 7-14: 10:20 AM – 12:30 PM Montrose Community Park	B.10
Explore Bethlehem: Interactive Live Nativity Sunday, 12/10, 4:00-6:00 PM Crescenta Valley Church, 4001 La Crescenta Avenue	B.11
YMCA Winter Holiday Day Camp Grades 1st-8th, 8:00 AM – 6:00 PM Crescenta Canada Family YMCA 930 Foothill Blvd, La Canada	B.12
Falcons Winter Baseball Camp Falcons Winter Baseball Camp Application Wednesday, 12/27 & Thursday, 12/28, 9:00 AM – 12:00 CVHS Stengel Field Boys & Girls, ages 7-12 (2 nd -8 th grade)	B.13 B.14 Noon
YMCA Model United Nations Tuesdays beginning 01/10/18 Rosemont Middle School 6th-8th Graders	B.15
Crescenta Valley United Softball Association Girls Spring 2018 Season Early Bird Registration through January 1, 2018 Skill evaluations: Saturdays, 01/13 & 01/20/18	n В.16

Opening Day: Saturday, 01/13/18



GLENDALE UNIFIED SCHOOL DISTRICT

6th Grade – Integrated III MATH TEXTBOOK ADOPTION PARENT and TEACHER BOOK FAIR



- EnVISION Math 2.0 (Pearson)
- California Integrated Mathematics 1-2-3 (Houghton Mifflin Harcourt)
- CPM (College Preparatory Mathematics)

Come and share your feedback!

WHEN & WHERE

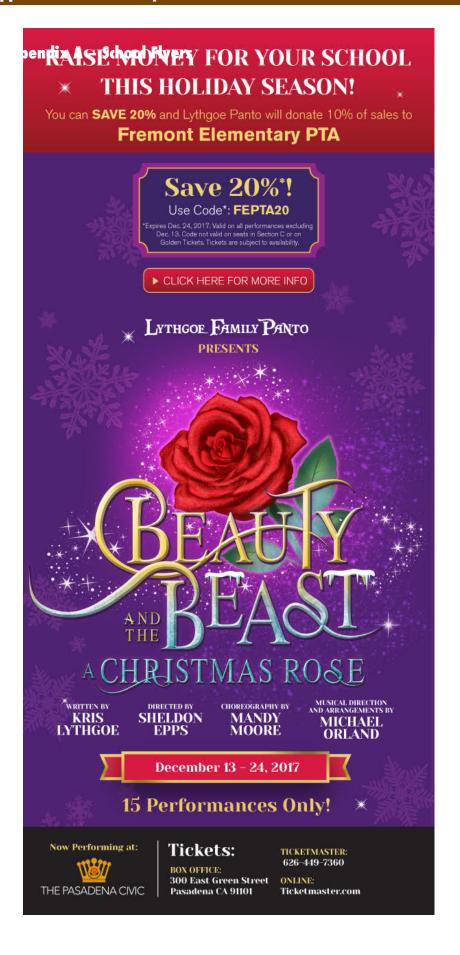
November 27, 2017 - March 15, 2018

GUSD Administration Building 223 North Jackson Glendale, CA 91206 8:00 am - 5:00 pm daily in lobby Crescenta Valley High School 2900 Community Avenue La Crescenta, CA 91214 8:00 am - 4:00 pm daily in lobby

Tuesday, February 27th, 2018 Thursday, March 8th, 2018 from 3:00 pm - 8:00 pm GUSD Administrative Building Board Room



If you have any questions, please contact:
Dr. Mary Mason
Director, Teaching & Learning
mmason@gusd.net



Fremont Forever Bricks



Leave a piece of your heart at Fremont with a Fremont Forever Brick

The Fremont Forever Brick Fundraiser provides an opportunity for Fremont families and local community to purchase commemorative bricks to be placed in the courtyard area of our new school building.

Fremont Forever Bricks are available in two sizes: a small 4"x 8" brick and a large 8"x 8" brick.

- Small bricks(4"x 8"): \$75 each. Can contain up to 3 lines of text. Each line can be up to 18 characters long, including letters, numbers, spaces, and punctuation marks
- Large bricks (8"x 8"): \$150 each. Can contain up to 4 lines of text. Each line can be up to 18 characters long, including letters, numbers, spaces, and punctuation marks

Deadline to purchase Forever Bricks has been extended to December 15...

TO RAVEN
LIVE LAUGH LOVE
LOVE DAD AND MOM

EDEMONIT	EODE//ED	BDICKS	PDER FORM

		#	rder	Order#
--	--	---	------	--------

Your inscription must fit into the white boxes below, 1 character per box. Each brick can have a maximum of 18 characters per line. A character is defined as a letter or a number, a space or punctuation mark. Please do not use special characters.

4x8 Brick	Cost per brick: \$75.00	
		Name:
		Contact Number:Email:
		Amount Poids
8x8 Brick		Amount Paid:
OXO BITCK	Cost per brick: \$150.00	
		Checks made payable to: Fremont Elementary
		FIGHIOHI EIGHIGH

LUNCH PRICE INCREASING!



To comply with the USDA paid lunch equity requirement, the USDA has forced the District to increase our lunch price

Starting January 1, 2018, the lunch price for all schools will increase from \$2.60 to \$2.75

The breakfast price at all elementary schools will remain at \$1.25.







Parent Leadership Program

PARENT INVOLVEMENT SESSIONS FOR INCREASED STUDENT ACHIEVEMENT

Monday, January 8

Friday, January 19 *

Monday, January 29

Friday, February 16 *

Friday, February 23 *

Monday, March 5

Friday, March 16 *

Monday, April 2

Monday, April 16

Monday, April 30

Monday, May 7

Monday, May 14

*Tentative dates due to Monday holidays

All sessions will be held from 9:00 A.M.-11:00 A.M. at:
Glendale Unified School District
223 N. Jackson Street

Glendale, CA 91206

SPACE IS LIMITED

For more information, please contact:

Kelly Altobelli (818) 241-3111, ext 1660

Wartouhi Alepaoughlian (818) 241-3111, ext 1261

The Crescenta Valley High School Instrumental Music Department PRESENTS



THEIR 2017 ANNUAL WINTER CONCERT

Featuring the Wind Ensemble, String Orchestra, Jazz Band, Symphony Orchestra and Marching Band performing holiday favorites and great works that heighten the season

Friday, December 8, 2017 \$ 7:00 PM

MacDonald Auditorium

4400 Ramsdell Avenue, La Crescenta

Tickets

\$8 for Adults - \$5 for Students

PLEASE JOIN US FOR A WONDERFUL EVENING OF MUSIC!



Dine Out Night!



2138 Verdugo Blvd., Montrose 818-249-4393

Tuesday, December 12

LUNCH is served from 11am - 3:30pm DINNER is served from 5pm - 9pm

The Dine Out Fundraiser proceeds apply to both dining in and take-out orders, but not to deliveries.

Present this flyer along with your receipt and Crescenta Valley Instrumental Music will receive a 15% contribution back from New Moon from your entire order.

Please come out and support our hard-working and talented musicians!



TOY GIVEAWAY EALTH FAIR

Saturday, December 16th 2017

10AM - 2PM

CCHC Sunland

8316 Foothill Blvd, Sunland, CA 91040

FREE

- . Toys
- . Dental Screenings
- . Vision Screenings
- . Games & Activities
- . Music & Entertainment
- . Community Resources and more
- * FREE toys will be provided to children ages 0-12, while supplies last.
- * Child must be present to receive toy.





Event Hosted by



Comprehensive Community Health Centers Your Health, Our Mission.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WE ASPIRE TO INSPIRE

Crescenta Cañada Family YMCA

\$25 JOINING FEE WAIVED THROUGH DECEMBER 31ST, BRING THIS FLYER TO JOIN



The Y is the #1 community supporter of family physical, emotional, spiritual, and mental wellbeing.

Give the gift of WELLBEING to your family or a friend in need. As a charity organization, we never turn a family away.

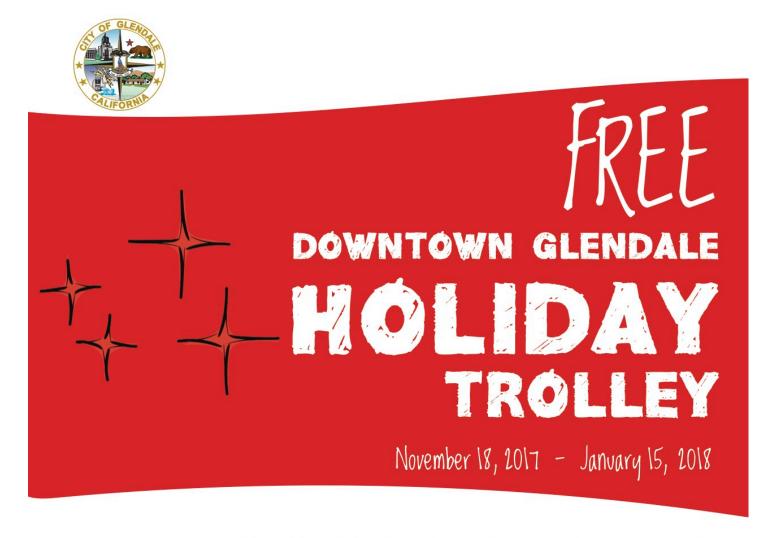
- Over 250 FREE classes a week at 3 local Ys
- FREE Child Watch
- FREE Wellbeing coach consultations
- FREE Visits to Ys across the nation (restrictions apply)
- FREE Kids Yoga, Dodgeball, Running Club, Zumba, Hop Hop
- FREE Kids S.T.E.M. Lab activities
- FREE Doc Talks
- FREE Senior classes
- Fallproof
- BalanceFit
- Tai Chi & more!
- Special pricing and early registration for programs
- Special pricing for Diabetes Prevention Program





Valid through 12/31/17 at the CRESCENTA CANADA FAMILY YMCA 1930 FOOTHILL BLVD., LA CANADA FLINTRIDGE 91011



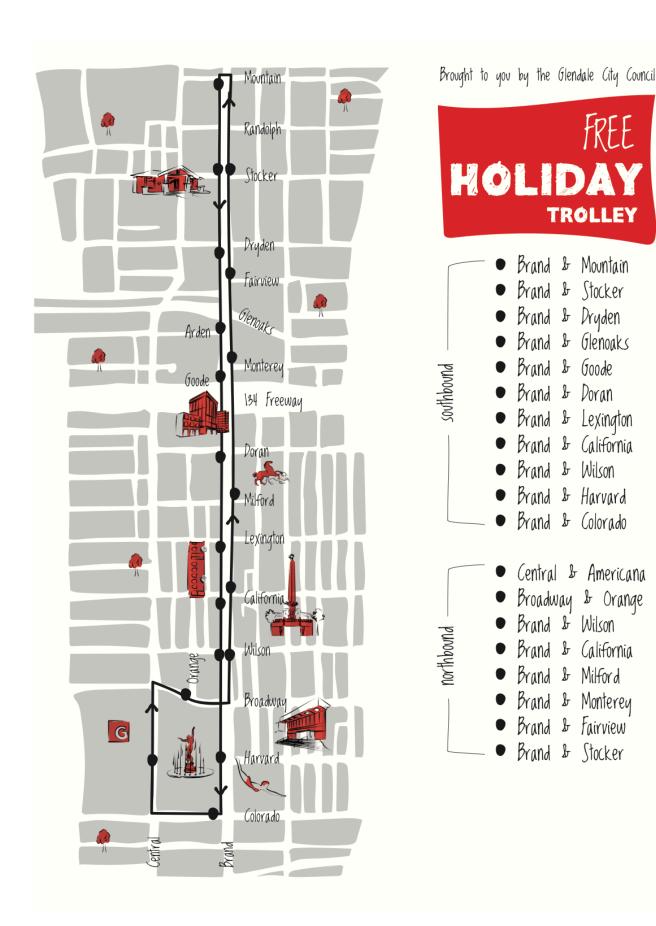


The Glendale City Council is proud to present the Holiday Trolley - a free, easy, and fun way to get around Downtown Glendale this holiday season!

THE SCHEDULE OF OPERATION IS:



FOR ADDITIONAL INFORMATION, VISIT WWW.GLENDALECA.GOV/TROLLEY



Looking for more adventure in your life?

Why not join ALFie Company for 5th - 10th grade students?

Students will prepare for a performance of

Shrek the Musical JR.



Rehearsals January 9 - February 22, 2018 Tuesdays & Thursdays, 3:45 - 5:30 PM

Tech Week, Daily Rehearsals February 26 – March 2, 2017 Monday thru Friday, 3:45 – 5:30 PM

Performance Friday, March 2, 2018 at 7:00 PM

Registration Now Open!
For more information, visit our website at alflintridge.org
or contact the ALF Programs Office at 818–790–2211



La Crescenta Woman's Club, Junior Section
Proudly Presents
26th Annual



Saturday, December 9, 2017 8:00 a.m. - 11:00 a.m. (Breakfast Served until 10:00 a.m.)

Located at our historic Clubhouse 4004 La Crescenta Ave. La Crescenta, CA 91214

Many chances to WIN opportunity baskets!

PORTION OF EVENT PROCEEDS TO BENEFIT LOCAL CHARITIES

LA CRESCENTA WOMAN'S CLUB IS A 501(c)3 ORGANIZATION

INCLUDES:

- A delicious Breakfast (homemade waffles, eggs, sausage, pastries & more)
- · Festive Holiday Music.
- One digital photo with Santa & a special gift for each child.
- Access to our Holiday Craft Station.
- A special appearance by our local **Firemen**. (unless there is an emergency).

TICKETS: \$15.00 per person (children under 1 years-old free)

PREPAID RESERVATIONS REQUIRED! (\$20 per person at the door, ONLY if seats are available).

Pay by mail (use form) or PayPal/Credit Card on our website:

http://www.lacrescentawomansclub.org/juniorsection.htm

BREAKFAST WITH SANTA - TICKET ORDER FORM

NAME:	EMAIL:		
# OF TICKETS:	X \$15.00 EACH = TOTAL: \$	PHONE: #_	

CHECKS PAYABLE TO: L.C.W.C., JR SECTION.

MAIL FORM TO: 4004 LA CRESCENTA AVE, LA CRESCENTA, CA 91214

For questions or reservations, contact Casey: (818)489-8910 or email: lcwcjuniors@gmail.com

FREE WINTER BASEBALL CLINIC! AGES 3-14!



Get a jump on the Spring 2018 CSA season! Work on skills needed to have fun, and play <u>real</u> baseball in your neighborhood PONY league! Open to all!

Sunday, December 10

9 a.m. - 10 a.m. Ages 3-6 (Foal & Shetland divisions)

10:30 a.m. - 12:30 p.m. Ages 7-14 (Pinto & up divisions)

Montrose Community Park

CRESCENTA SPORTS ASSOCIATION

<u>www.playcsaball.com</u>

PRESENTED BY CVCHURCH

Explore Bethlehem FREE CAMEL RIDES!

DECEMBER 10 | 4PM - 6PM
4001 LA CRESCENTA AVE. LA CRESCENTA, CA 91214



Explore Bethlehem
INTERACTIVE LIVE NATIVITY

FREE CAMEL RIDES!

(MINIMUM HEIGHT - 48in. | MAXIMUM WEIGHT - 200lbs.)

SUNDAY, DECEMBER 10 4PM - 6PM

PERFUME MAKING | POTTERY | TANDY LEATHER | STORYTELLING | CANDLE MAKING MAZE | SNACKS | CHRISTMAS CAROLS | CHILDREN'S NATIVITY PRESENTATION

THIS FREE EVENT IS SPONSORED BY CVCHURCH!



4001 LA CRESCENTA AVE. LA CRESCENTA, CA 91214 | 818.249.5805 | CVCHURCH.COM



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HAVE FUN, STAY ACTIVE, MAKE FRIENDS

at our Winter Holiday Day Camp



Holidays are a busy time but finding a safe and fun place for your child to be while school is out shouldn't be stressful. The YMCA offers day camps that provide a place for your child to enjoy new experiences, have fun with their friends, build their skills, and participate in a variety of fun and educational activities alongside our trained leaders. Make your plans now to give your child a healthy, active, and memorable experience over the holiday break.

Registration opens November 18th!

Camp Details:

For Grades: 1st-8th

December Dates: 26, 27, 28, 29

January Dates: 2, 3, 4, 5 Time: 8:00am-4:30pm

Extended care: 4:30pm-6:00pm

Location:

Crescenta-Cañada Family YMCA 1930 Foothill Blvd. La Canada, CA 91011

Members:

\$80 per day, \$240 per week

Program Participants:

\$110 per day, \$270 per week

Activities include:



Sports to stay active (soccer, basketball,

gymnastics)

Being outdoors at nearby Mayor's Park Art projects for building creative minds

Group time to build new friends

Holiday crafts

To register now or for more information, visit our website at: https://www.ymcafoothills.org/camp.html or scan QR code





22nd Annual

2017 Falcons Winter Baseball Camp

Wednesday, December 27th—Thursday, December 28th Stengel Field 9:00am—12:00pm







This is a great opportunity to practice and learn from the Crescenta Valley High School Baseball staff, which includes current coaching staff and current and former Falcons players. Camp players will learn the following skills:

- Defensive Skills
- Base Running
- Pitching
- Hitting Mechanics

Falcons Camp is open to boys and girls ages 7-13 (2nd-8th grade) for the 2017-18 school year.

- Camp Fee is \$75
- All players will receive a Falcons camp t-shirt

Sign up early to save your spot!!!

Player Name		Please complete application and send it to:
Address		Falcon Baseball Camp
City	Zip Code	3824 Cedarbend Drive La Crescenta, CA 91214
Age Grade 2	2017/2018 School Year	Questions Contact:
Home Phone		818-249-5871 #6110
Call Phone		cvbasebail@notmail.com
E-mail		
Shirt Size		
case of illness or accident, Coa	ch Torres has my authority to secure ned s physically fit to participate in the activiti	d assumes no financial obligation, but in cessary medical attention. I further accept es of this program. I further understand
Parents or Guardian's Sign	ature	



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

MODEL UNITED NATIONS

Bridging the Education Gap and Creating Global Citizens

Looking for an opportunity to discuss international issues, discover other cultures, develop life enhancing skills and make new friends for 6th-8th graders?

At Model UN, students step into the shoes of ambassadors of countries that are members of the UN, from Argentina to Zimbabwe. The students, better known as "delegates", debate current issues on the organization's vast agenda. This four-month program culminates when participants from across California meet at the Y's 17th Annual Model United Nations Summit.

Model UN not only involves young people in the study and discussion of global issues, but also encourages the development of skills they'll use in school and the workplace: research techniques, writing, public speaking, problem-solving, conflict resolution, compromise, and cooperation.



Meetings begin January 10th, 2018 every Tuesday At Rosemont Middle School

Training Conference March 23rd-25th, 2018 At California Army National Guard Camp Roberts

Model United Nations Summit April 26th-29th, 2018
At the Sheraton Gateway LAX Hotel and Hyatt Regency LAX









For more information visit the website at https://www.ymcafoothills.org/model-united-nations.html

or scan QR code
Contact Chelsea Lawrence at clawrence@ymcafoothills.org



PLAY REAL BASEBALL! AGES 3-14!

SPRING 2018 REGISTRATION OPEN NOW

Sign up at www.playcsaball.com

Family discounts for registering multiple children!

Player evaluations (age divisions Pinto and up): Sat., Jan. 20 & Sat., Jan. 27 @ Montrose Community Park 3529 Clifton Pl, Glendale, CA 91208

Practices start in February. Season runs March to May.

Spring players may try out for CSA's PONY All-Star Summer Tournament Teams, and, if selected, help our league compete for berths in the PONY World Series!

CRESCENTA SPORTS ASSOCIATION

www.playcsaball.com